

世界针灸学会联合会

WORLD FEDERATION OF ACUPUNCTURE AND MOXIBUSTION SOCIETIES (WFAS)

NGO IN OFFICIAL RELATIONS WITH WHO SPECIAL CONSULTATIVE STATUS WITH UN ECOSOC A-LIASON ORGANIZATION OF ISO/TC249

Joint Statement by World Federation of Acupuncture-Moxibustion Societies and other Non-State Actors

73rd Session of the WHO Regional Committee for Europe

Provisional Agenda item "Health emergency preparedness, response, and resilience in the WHO European Region 2023–2030"

Honorable Chairperson, Distinguished Delegates, I thank you for the opportunity to address you on behalf of the World Federation of Acupuncture-Moxibustion Societies and cosignatories.

Thank you so much for allowing NSA to speak out, this exchange is extremely useful and exciting. Our Statement relates to the "Preparedness 2.0" strategy and action plan.

We welcome this work as it aims to address the imbalances caused by extreme events that have exposed weaknesses in health systems, or sometimes even gaps.

The topic that we wanted to bring up for discussion today is so broad that it also intersects with several other topics of the agenda, including issues of "health and care workforce", the "well-being of the population" and "refugee and migrant health".

We have prepared this statement taking into account the initiative "to leave no one behind", and moving in the spirit of "One Health". Statement carries the nature of informational note, which we believe will be useful to most of those present.

Extreme situations, no matter what their origin (be it the Covid-19 pandemic, earthquakes, or crisis in Ukraine or Gaza), create challenges that not every participant of the events can cope with; this carries out a serious burden in the field of psyche and mental health. This can affect both the patients and the doctor or social worker who helps them every day. Professional burnout is a big problem that creates victims.

Our colleagues from Ukraine and other countries of the European region have carefully followed events in Europe in recent years, studied emerging threats, the responses of health care systems to them, and issues which remained without solutions (whether during a pandemic, or during a war). They took an active part in the 72nd meeting of the regional committee and, in the spirit of "Leaving no one behind," began preparing solutions to problem areas within the competence of the Federation. Mainly engaged in the search for methods and approaches designed to solve one of the most important and probably the most difficult burden in the current situation - psychological stability.

We conducted research within the organization, what allowed us to understand that we can help. Having effective acupuncture methods confirmed by modern research and new



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medicines based on herbal plants (it is important that they do not have side effects like conventional ones), when combined together as a comprehensive treatment, can surprise with their results. For this we started to work on creating an international Protocol "for mental diseases and disorders treated by acupuncture and comprehensive traditional medicine methods".

Mental stress or disorders can harm people in many possible ways, decreasing one's health awareness and bringing in other problems, such as STDs, injuries from conflicts and tendency to suicide, infections etc. And the scales such things happening in recent years is actually tearing up the security of stable countries.

We are truly excited about more involvement of NSAs in work of WHO, as we can convey important information about innovative solutions and best practices, and be helpful in any way possible. The purpose of this is to state that in the context of creating a strategy to respond to emergency problems, we want to share such methods and practices. We are opened to cooperation as with professional teams of WHO, Regional committee for Europe and so to member states governments or specialist teams. We hope, those who are in interest to approach us for creating a series of programs or action plans based on our methods and protocols.

We have studied the actions proposed by WHO regarding strengthening interdisciplinary collaboration and offer our support and willingness to make contact in creating thematic groups and searching for joint measures, since in addition to technology we also rely on a strong personnel base (which is still practically not involved in the existing process and is a "new force" for it, extra personnel reserve for European Medical System). Within the EU there is about 10 thousand people and more than 3.5 thousand in Ukraine. We are currently working on forming a volunteer group, and we expect that they will be able to start working in April-May 2024.

We also have a strong potential in training, and the methods are simple and safe; we can quickly and without unnecessary difficulties teach methods particularly in this area to other first-line doctors who do not have special knowledge in acupuncture, such as therapists, family doctors, and even nurses.

Once again, thanks for your attention!