

A life-course approach to healthy ageing

SAN MARINO

EPW core priorities and flagships
Promoting health and well-being

WHO collaboration
Health advocacy and promotion
Partnership with the Regional Office

With 30.5% of its population aged 60 and above, San Marino is dedicated to creating age-friendly environments and care systems that meet the needs of older adults today while building a foundation for the health of future generations. The country has prioritized healthy ageing by working with the Regional Office and the Healthy Ageing Collaborative to implement a life-course approach, improve access by integrating health and social services, and support older adults to age in place. San Marino is also a pioneer within the Small Countries Initiative.

The impact

Since partnering with the Regional Office, San Marino has implemented an integrated approach to long-term care focusing on linking health and social services. WHO supported the development of community-based care systems that allow older adults to age in their homes and communities. The collaboration has focused on addressing the full range of needs in service provision to support individuals without overburdening families. This project brought together health care professionals to provide in-home support, connect with families and caregivers, and improve service coordination for older people.

Lessons learned

- Community-based care aligns with WHO's guidance on promoting environments that allow older adults to remain in their homes longer.
- Digital tools streamline communication among health-care providers, ensuring more personalized, continuous care for older people.
- Linking health and social services improves outcomes for older adults by addressing both medical and social needs.

Donors and partners

Ministry of Health and Social Security



San Marino has adopted an integrated approach to long-term care, connecting health and social services.
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“Age-friendly environments ensure that older citizens can age with dignity, staying active and connected within their communities.”

Dr Pierluigi Arcangeli, Director of the Department of Social and Health Care, San Marino

What's next?

San Marino will continue working with the Small Countries Initiative and the Regional Office to promote healthy ageing by reorienting health and care systems, developing community-based long-term care, and creating age-friendly environments. These efforts aim to support older adults now while ensuring a sustainable and resilient health system for all in the future.

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