

# DROWNING IN PORTUGAL

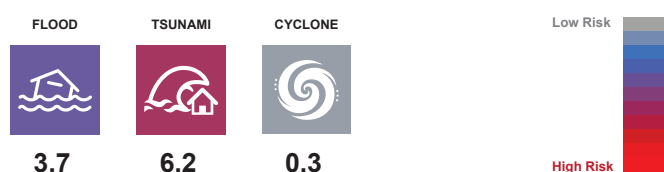
## QUICK FACTS<sup>1-4</sup>

**10.290 millions**  
population (2019)

**0.866**  
Human Development Index (2021)

**GDP 24 275 USD** per capita  
High income (2022)

## NATURAL HAZARD INDEX



The risks of forest fires, heat waves, earthquakes, tsunamis, droughts, windstorms, dam break, radiological emergencies and floods are key risks in Portuguese mainland. Madeira Island is vulnerable to flash floods.

**Area 92 230 sq km**  
**% land below 5 meters 1.7%**  
**Coastline 2 830km**



Adapted from: UNGIS, ESRI  
The boundaries and names shown and the designations used on this map do not imply official endorsement or acceptance by the United Nations.

## DROWNING MORTALITY SNAPSHOT<sup>5,6</sup>

**79 people** fatally drowned  
in Portugal in 2019

### Leading causes of death by age group 1-24 years, 2019

rank	1-4	5-9	10-14	15-19	20-24
1	Congenital anomalies	Leukaemia	Road injury	Road injury	Road injury
2	Lower respiratory infections	Congenital anomalies	Congenital anomalies	Self-harm	Self-harm
3	Leukaemia	Brain and nervous system cancers	Brain and nervous system cancers	Congenital anomalies	Congenital anomalies
4	Neonatal conditions	Road injury	Leukaemia	Leukaemia	Interpersonal violence
5	Road injury	Lower respiratory infections	Lower respiratory infections	Epilepsy	Brain and nervous system cancers
6	Brain and nervous system cancers	Kidney cancer	Drowning	Lower respiratory infections	Ischaemic heart disease
7	Epilepsy	Falls	Fire, heat and hot substances	Drowning	Leukaemia
8	Drowning	Drowning	Self-harm	Brain and nervous system cancers	Lymphomas, multiple myeloma
9	Meningitis	Cardiomyopathy, myocarditis, endocarditis	Stroke	Lymphomas, multiple myeloma	Drowning
10	Fire, heat and hot substances	Stroke	Alzheimer disease and other dementias	Stroke	Drug use disorders

**12% were**  
under 25 years of age



**79%**  
Males



**21%**  
Females



**23% of drowning deaths are**  
causally associated with alcohol

**3% increase** alcohol-related  
deaths from 2000 to 2019

**2 922 Years of Life Lost**

