### 12. CHEMICAL FACT SHEETS

Evidence that mixtures of PAHs are carcinogenic to humans comes primarily from occupational studies of workers following inhalation and dermal exposure. No data are available for humans for the oral route of exposure. There are few data on the oral toxicity of PAHs other than benzo[a]pyrene, particularly in drinkingwater. Relative potencies of carcinogenic PAHs have been determined by comparison of data from dermal and other studies. The order of potencies is consistent, and this scheme therefore provides a useful indicator of PAH potency relative to that of benzo[a]pyrene.

A health-based value of 4  $\mu$ g/l can be calculated for fluoranthene on the basis of a NOAEL of 125 mg/kg body weight per day for increased serum glutamate–pyruvate transaminase levels, kidney and liver pathology, and clinical and haematological changes in a 13-week oral gavage study in mice, using an uncertainty factor of 10 000 (100 for interspecies and intraspecies variation, 10 for the use of a subchronic study and inadequate database and 10 because of clear evidence of co-carcinogenicity with benzo[a]pyrene in mouse skin painting studies). However, this health-based value is significantly above the concentrations normally found in drinking-water. Under usual conditions, therefore, the presence of fluoranthene in drinking-water does not represent a hazard to human health. For this reason, the establishment of a formal guideline value for fluoranthene is not deemed necessary.

### **Potassium**

Potassium is an essential element in humans and is seldom, if ever, found in drinking-water at levels that could be a concern for healthy humans. The recommended daily requirement is greater than 3000 mg. Potassium occurs widely in the environment, including all natural waters. It can also occur in drinking-water as a consequence of the use of potassium permanganate as an oxidant in water treatment. In some countries, potassium chloride is being used in ion exchange for household water softening in place of, or mixed with, sodium chloride, so potassium ions would exchange with calcium and magnesium ions. Possible replacement or partial replacement of sodium salts with potassium salts for conditioning desalinated water has been suggested. The latter seems to be an unlikely development at this stage, in view of the cost difference.

Reason for not establishing a guideline value	Occurs in drinking-water at concentrations well below those of health concern
Assessment date	2009
Principal reference	WHO (2009) Potassium in drinking-water

Currently, there is no evidence that potassium levels in municipally treated drinking-water, even water treated with potassium permanganate, are likely to pose any risk for the health of consumers. It is not considered necessary to establish a health-based guideline value for potassium in drinking-water.

Although potassium may cause some health effects in susceptible individuals, potassium intake from drinking-water is well below the level at which adverse health effects may occur. Health concerns would be related to the consumption of drinking-water treated by potassium-based water treatment (principally potassium

# GUIDELINES FOR DRINKING-WATER QUALITY: FOURTH EDITION INCORPORATING THE FIRST AND SECOND ADDENDA

chloride for regeneration of ion exchange water softeners), affecting only individuals in high-risk groups (i.e. individuals with kidney dysfunction or other diseases, such as heart disease, coronary artery disease, hypertension, diabetes, adrenal insufficiency, pre-existing hyperkalaemia; people taking medications that interfere with normal potassium-dependent functions in the body; and older individuals or infants). It is recommended that susceptible individuals seek medical advice to determine whether they should avoid the consumption of water (for drinking or cooking) treated by water softeners using potassium chloride.

When high-risk individuals have been advised by a physician to avoid elevated potassium intake from water, the recommended strategy is to limit the addition of potassium to water that will be ingested or to avoid ingesting such water. This can be done by having a proportion of the water bypass the softener altogether; this approach is recommended by several countries. Although technologies are available to remove potassium, they are generally more expensive and redundant when combined with the softening treatment.

## Propanil

Propanil (CAS No. 709-98-8) is a contact post-emergence herbicide used to control broad-leaved and grassy weeds, mainly in rice. It is a mobile compound with affinity for the water compartment. Propanil is not, however, persistent, being easily transformed under natural conditions to several metabolites. Two of these metabolites, 3,4-dichloroaniline and 3,3',4,4'-tetrachloroazobenzene, are more toxic and more persistent than the parent compound. Although used in a number of countries, propanil has only occasionally been detected in groundwater.

Reason for not establishing a guideline value	Readily transformed into metabolites that are more toxic; a guideline value for the parent compound is considered inappropriate, and there are inadequate data to enable the derivation of guideline values for the metabolites
Assessment date	2003
Principal reference	WHO (2003) Propanil in drinking-water

Although a health-based value for propanil can be derived, this has not been done, because propanil is readily transformed into metabolites that are more toxic. Therefore, a guideline value for the parent compound is considered inappropriate, and there are inadequate data on the metabolites to allow the derivation of guideline values for them. Authorities should consider the possible presence in water of more toxic environmental metabolites.

## Saxitoxins (cyanobacterial toxins)1

Saxitoxins (STXs) are naturally occurring alkaloids produced by some marine dinoflagellates and by strains of various species of freshwater cyanobacteria. They have

<sup>&</sup>lt;sup>1</sup> As cyanobacteria and their toxins are a concern in many areas and considering the complexities in their management, this chemical fact sheet has been expanded.