

## Terms of Reference (TOR)

**Title** : **Evaluation of the Mental Health and Psychosocial Support (MHPSS) Training Programs (*Manohari*) for the improvement of Wellbeing among the Public**

**Expected Duration** : 6 months

**Starting Date** : 20 March 2023

### **A. Background**

The mental health and psychosocial support (MHPSS) needs have increased significantly over the past years with the COVID-19 pandemic and the current economic situation of the country. Mental health services at the community level need to be delivered in a sensitive manner appropriate to the local context.

The health service in Sri Lanka is committed to providing effective and efficient community-based mental health services to the people as per the National Mental Health Policy of 2005. This direction was strengthened in the recent Mental Health Policy of 2020 as well. Accordingly, there has been a significant shift from a centralized medical model to a more decentralized mental health and well-being promotion model that serves people in the community they live in.

In this regard, the Directorate of Mental Health, Ministry of Health (MOH), together with the World Health Organization (WHO), designed the programme named “Manohari”. The Programme is a scenario-based community well-being promotion intervention that addresses root causes of distress and conflict at the community level using 10 modules. The modules were developed by a multidisciplinary Resource Team of experienced MHPSS professionals.

The objective of developing Manohari training is to deliver the modules by non-mental health professionals to the public. The modules used were based on stories found in Panchatantra stories, Jataka tales or similar scripts using animals as characters. The facilitator presents the story to the participants and then gets the participants to act out the story. Then a discussion is facilitated to understand the emotions without discussing any technical or controversial issues. One example module guide is attached for reference.

The Mental Health Directorate of the MoH conducted training programs based on Manohari modules for 240 healthcare staff members at different levels in 06 districts from July to September 2022. Medical officers, nursing officers, public health midwives, public health inspectors and some other categories of healthcare workers were among the participants.

A Civil Society Organization will conduct the same training using the same module guides in all 25 districts from February 2023. Participants will be community members in most of the training programs, while field healthcare workers will participate in some programs with the community members.

To evaluate the possible contribution of Manohari training to participants' knowledge, attitudes, and practices, and the possible changes in the mental health status of the community they work with; the WHO would like to obtain the services of an evaluator / firm to plan and conduct a program evaluation.

## **B. Objectives**

1. To plan and execute an evaluation to determine the
  - a. Possible contribution of Manohari training to participants' knowledge, attitudes, and practices.
  - b. Possible changes in the knowledge, attitudes and practices in the communities the trained participants work with
2. To recommend ways to improve the module content and the delivery based on the findings under objective 01
3. To identify the best mode of training out of training healthcare workers alone or community groups alone or both in mixed groups based on the findings under objective 01

## **C. Purpose and Scope**

In this regard, WHO is looking forward to working with an evaluator / firm with a proven track record. The program evaluation report must guide the WHO to improve the Manohari program. Before executing the evaluation, the program evaluation plan should be presented to WHO, and approval must be obtained from the appointed technical team.

The selected evaluator / firm will have to conduct three separate evaluations -

1. Already completed training programs by the MoH in 06 districts (July – September 2022)
2. Training programs planned to be delivered by the CSO in all 25 districts (initiated)
  - a. In 23 districts, only the community members will be trained
  - b. In 02 districts community members and healthcare workers will be trained in mixed groups

The evaluator / firm should immediately finish the evaluation for completed training and submit a report with recommendations.

Mixed methods may be used for the evaluation while getting online/mail (postal) responses from all participants who have already completed, and a subset of the group can be subjected to telephone or physical interviews. The evaluator / firm should propose suitable method/s.

## **D. Key Deliverables and Time Schedule**

### **Deliverables:**

1. Program evaluation plans (two) must be presented to WHO within 10 days from the starting date.
2. Evaluation report for the first set of training programs (6 districts by MoH) must be handed over to WHO within four months from the starting date.
3. Evaluation report for the second set of training programs (25 districts by CSO) must be handed over to WHO within five months from the completion of trainings.



**Responsibilities:**

- A. The evaluator / firm should prepare the proposals and study plans to meet the objectives.
- B. Program evaluation needs to be initiated within an agreed timeframe with WHO.
- C. The evaluator / firm should be able to get all the equipment, instruments and programs on their own.
- D. WHO will introduce the selected evaluator / firm to the Mental Health Unit of MoH, Sarvodaya Shramadana Movement and the Manohari training team. Through them, the contact details of the participants will be shared with the evaluator / firm which should be treated as confidential information.
- E. The evaluator / firm should establish the links for the community level through them for necessary interviews / data collection.
- F. The evaluator / firm is responsible for the expenses related to travelling, accommodation, stationary, research assistants, and other expenses. All these should be included in the financial proposal.

**Time Schedule**

The envisaged period of the agreement is 06 months and shall commence on 15<sup>th</sup> of March 2023.

**E. Payment Schedule**

The selected evaluator / firm will deliver the following over a period of 15 months, and payments will be made upon the satisfactory certification by WHO:

	Description	Percentage
1	Signing of contract	20%
2	Submission of the evaluation study proposals	20%
3	Submission of the first evaluation report & acceptance by WHO	30%
4	Submission of the final evaluation report & acceptance by WHO	30%

**F. Required Qualification for the Service Provider**

The selected evaluator / firm should demonstrate the following:

Essential criteria

- Lead expert/evaluator should possess a postgraduate degree related to research and public health (please submit the CVs of the respective persons).
- Experience of conducting at least five community research (please provide the links for the publications).

#### Desirable criteria

- Experience of conducting studies using qualitative and mixed methods.
- Previous work done with WHO and/or other UN agencies.
- Evaluator/one team member should be fluent in English, Sinhala and Tamil languages

#### **G. Evaluation Criteria**

Academic qualifications of the lead expert	20
Experience of carrying out at least five community research studies	20
Experience in qualitative studies and mixed methods	10
Previous experience in working with WHO and/or other UN agencies	10
Evaluator/one team member should be fluent in English, Sinhala and Tamil languages	10
<b>TOTAL</b>	<b>70</b>

Technical Weighting:	70 % of total evaluation
Financial Weighting:	30 % of total evaluation

#### **H. FINANCIAL PROPOSAL**

The financial proposal should be submitted in the provided format.

#### **HOW TO APPLY**

To apply please email to: [sesrprocurement@who.int](mailto:sesrprocurement@who.int) Email subject heading: 'Evaluation of the Mental Health and Psychosocial Support (MHPSS) Training Programs (Manohari) for the improvement of Wellbeing among the Public'. The application should contain:

- A short project proposal outlining the planned approach, an overall budget and the skills of the proposed technical team / individual, relevant organizational / team member experience / CV and workplan.
- Selected applicant will be briefed on further details for completing the proposed activities.

  
**Activity Manager**

**Name –** Thirupathy Suveendran

**Designation –** NPO

02.03.2023