# **GYTS Objectives**

The Global Youth Tobacco Survey (GYTS), a component of the Global Tobacco Surveillance System (GTSS), is a global standard for systematically monitoring youth tobacco use (smoking and smokeless) and tracking key tobacco control indicators.

GYTS is a cross-sectional, nationally representative school-based survey of students in grades associated with ages 13 to 15 years. GYTS uses a standard core questionnaire, sample design, and data collection protocol. It assists countries in fulfilling their obligations under the World Health Organization (WHO) Framework Convention on Tobacco Control (FCTC) to generate comparable data within and across countries. WHO has developed MPOWER, a technical package of selected demand reduction measures contained in the WHO FCTC:



Monitor tobacco use & prevention policies

Protect people from tobacco smoke
Offer help to quit tobacco use
Warn about the dangers of tobacco

Enforce bans on tobacco advertising, promotion, & sponsorship

Raise taxes on tobacco

# **GYTS Methodology**

GYTS uses a global standardized methodology that includes a two-stage sample design with schools selected with a probability proportional to enrollment size. The classes within selected schools are chosen randomly and all students in selected classes are eligible to participate in the survey. The survey uses a standard core questionnaire with a set of optional questions that countries can adapt to measure and track key tobacco control indicators. The questionnaire covers the following topics: tobacco use (smoking and smokeless), cessation, secondhand smoke (SHS), pro- and anti-tobacco media and advertising, access to and availability of tobacco products, and knowledge and attitudes regarding tobacco use. The questionnaire is self-administered; using scannable paper-based bubble sheets, it is anonymous to ensure confidentiality.

In Maldives, GYTS was conducted in 2019 by the Ministry of Education, under the coordination of the Ministry of Health. The overall response rate was 70.0%. A total of 4,799 eligible students in grades 7-12 completed the survey, of which 2,984 were aged 13-15 years. Data are reported for students aged 13-15 years.

# **GYTS Highlights**

# **TOBACCO USE**

- 45.7% of students, 48.0% of boys, and 43.2% of girls currently used any tobacco products.
- 8.3% of students, 12.0% of boys, and 4.4% of girls currently smoked tobacco.
- 4.7% of students, 7.3% of boys, and 1.8% of girls currently smoked cigarettes.
- 46.1% of students, 47.5% of boys, and 44.6% of girls currently used smokeless tobacco.

#### **CESSATION**

- Almost 6 in 10 (58.5%) students who currently smoke tobacco tried to stop smoking in the past 12 months.
- More than 4 in 10 (41.4%) students who currently smoke tobacco wanted to stop smoking now.

# **SECONDHAND SMOKE**

- 24.9% of students were exposed to tobacco smoke at home.
- 47.0% of students were exposed to tobacco smoke inside enclosed public places.

# **ACCESS & AVAILABILITY**

- 36.5% of students who currently smoke cigarettes bought cigarettes from a store, shop, street vendor, or gaadiyaa.
- Among students who currently smoke cigarettes who tried to buy cigarettes, 59.7% were not prevented from buying them because of their age.

# **MEDIA**

- More than 6 in 10 (60.3%) students noticed anti-tobacco messages in the media.
- More than 2 in 10 (23.9%) students noticed tobacco advertisements or promotions when visiting points of sale.
- More than 1 in 10 (11.7%) students had something with a tobacco brand logo on it.

# **KNOWLEDGE & ATTITUDES**

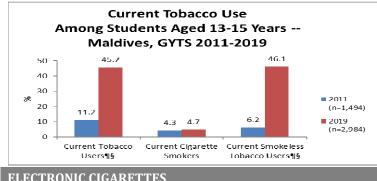
- 66.4% of students definitely thought other people's tobacco smoking is harmful to them.
- 62.9% of students favored prohibiting smoking inside enclosed public places.







TOBACCO USE			
SMOKED TOBACCO	OVERALL (%)	BOYS (%)	GIRLS (%)
Current tobacco smokers <sup>1</sup>	8.3	12.0	4.4*
Current cigarette smokers <sup>2</sup>	4.7	7.3	1.8*
Current smokers of other tobacco <sup>3</sup>	6.1	8.5	3.6*
Current shisha/gudugudaa smokers4	3.1	4.2	1.7*
Ever tobacco smokers <sup>5</sup>	22.1	28.8	15.1*
Ever cigarette smokers <sup>6</sup>	16.3	22.7	9.6*
Ever smokers of other tobacco <sup>7</sup>	14.2	18.3	10.0*
Ever shisha/gudugudaa smokers <sup>8</sup>	12.9	16.9	8.6*
Ever shisha/gudugudaa smokers that first tried shisha/gudugudaa before 14 years of age <sup>8</sup>	64.3	64.8	62.4
SMOKELESS TOBACCO			
Current smokeless tobacco users <sup>9</sup>	46.1	47.5	44.6
Ever smokeless tobacco users <sup>10</sup>	61.3	60.4	62.1
Ever smokeless tobacco users that first tried smokeless tobacco before 14 years of age <sup>10</sup>	94.5	94.9	94.1
ANY TOBACCO USE (smoked and/or smokeless)			
Current tobacco users <sup>11</sup>	45.7	48.0	43.2*
Ever tobacco users <sup>12</sup>	63.4	64.3	62.5
SUSCEPTIBILITY			
Never to bacco users susceptible to to bacco use in the future $^{\! 13}$	18.7	21.9	15.8*
Never to bacco smokers who thought they might enjoy smoking a cigarett e $^{14}$	6.7	5.7	7.5



ELECTRONIC CIGARETTES			
	OVERALL (%)	BOYS (%)	GIRLS (%)
Ever electronic cigarette users <sup>15</sup>	17.1	23.1	10.7*
CESSATION			
	OVERALL (%)	BOYS (%)	GIRLS (%)
Current smokeless tobacco users who tried to stop using smokeless tobacco in the past 12 months	40.1	36.8	43.9
Current tobacco smokers who thought they would be able to stop smoking if they wanted to	75.6	77.2	72.8
Current tobacco smokers who have ever received help/advice from a program or professional to stop smoking	29.3	31.1	19.1
CECONDHAND CMOVE			

SECONDHAND SMOKE			
	OVERALL (%)	BOYS (%)	GIRLS (%)
Exposure to tobacco smoke at home <sup>16</sup>	24.9	23.3	26.5
Exposure to tobacco smoke inside any enclosed public place $^{16}$	47.0	44.9	49.2*
Exposure to tobacco smoke at any outdoor public place <sup>16</sup>	54.2	52.1	56.3
Students who saw anyone smoking inside the school building or outside on school property $^{17}$	36.4	39.0	33.4*

ACCESS & AVAILABILITY			
	OVERALL (%)	BOYS (%)	GIRLS (%)
Current cigarette smokers who bought cigarettes from a store, shop, street vendor, or gaadiyaa $^{18}$	36.5	42.6	
Current cigarette smokers who were not prevented from buying cigarettes because of their $age^{19}$	59.7	59.7	
Current cigarette smokers who bought cigarettes as individual sticks <sup>20</sup>	39.0	41.5	
Current cigarette smokers who usually smoke at $home^{21} \\$	20.1	16.4	
MEDIA			
TOBACCO ADVERTISING	OVERALL (%)	BOYS (%)	GIRLS (%)
Students who noticed to bacco advertisements or promotions at points of sale $^{22}$	23.9	24.0	23.9
Students who saw anyone using tobacco on television, videos, or movies <sup>23</sup>	74.5	76.3	72.8
Students who were ever offered a free tobacco product from a tobacco company representative	7.0	8.9	4.6*
Students who had something with a tobacco brand logo on it	11.7	15.7	7.6*
ANTI-TOBACCO ADVERTISING			
Students who noticed anti-tobacco messages in the media $^{17}$	60.3	60.9	59.9
Students who noticed anti-tobacco messages at sporting or community events <sup>24</sup>	37.4	40.7	33.7*
Current tobacco smokers who thought about quitting because of a warning label <sup>25</sup>	30.5	31.7	25.8
Students who were taught in school about the dangers of tobacco use in the past 12 months	39.5	39.8	39.6
KNOWLEDGE & ATTITUDES			
	OVERALL (%)	BOYS (%)	GIRLS (%)
Students who definitely thought it is difficult to quit once someone starts smoking tobacco	40.7	38.0	43.4*
Students who thought smoking tobacco helps people feel more comfortable at celebrations, parties, and social gatherings	17.4	20.1	14.4*
Students who definitely thought other people's tobacco smoking is harmful to them	66.4	62.3	71.2*

outdoor public places

¹ Smoked cigarettes or other type of tobacco anytime during the past 30 days. ² Smoked cigarettes anytime during the past 30 days. ¹ Smoked sibar/agduuguda anytime during the past 30 days. ¹ Smoked sibar/agduuguda anytime during the past 30 days. ¹ Smoked sibar/agduuguda anytime during the past 30 days. ¹ Smoked sibar/agduuguda anytime during the past 30 days. ¹ Smoked sibar/agduuguda. ¹ Used smokeless tobacco anytime during the past 30 days, includes areca nut use without tobacco. ¹¹ Smoked cigarettes, ewen one or two puffs. ⁴ Ever smoked sibar/agduugudaa. ¹ Used smokeless tobacco anytime during the past 30 days, includes areca nut use without tobacco. ¹¹ Smoked cigarettes, smoked other type of tobacco, and/or used smokeless tobacco, includes areca nut use without tobacco. ¹² Ever smoked tobacco and/or used smokeless tobacco, includes areca nut use without tobacco. ¹² Susceptible to future tobacco use includes those who answered "definitely yes", 'probably yes", or "probably not" to using tobacco if one of their best friends offered it to them, or "definitely yes", "probably yes", or "probably not" to using tobacco during the next 12 months. ¹³ Those who answered "Agree" or "Strongly Agree" to the statement: "I think I might enjoy smoking a cigarette". ¹⁵ Ever used electronic cigarettes in their entire life. ¹6 During the past 7 days. ¹¹ During the past 30 days. ¹¹ and sussed on the last purchase, among those who bought cigarettes during the past 30 days. ²¹ Based on the last purchase, among those who bought cigarettes during the past 30 days. ²² Among those who watched television, videos, or movies in the past 30 days. ²² Among those who watched television, videos, or movies in the past 30 days. ²² Among those who noticed warning labels on cigarette packages in the past 30 days.

62.9

62.0

62.8

61.9

62.8

62.0

**NOTE**: Data are weighted to be nationally representative of all students in grades associated with ages 13-15 years who are enrolled in school. Percentages reflect the prevalence of each indicator in each group, not the distribution across groups.

tobacco smoking is harmful to them
Students who favored prohibiting smoking

Students who favored prohibiting smoking at

inside enclosed public places

<sup>--</sup>Estimates based on unweighted cases less than 35 are not presented.

<sup>\*</sup>Gender comparisons are significant at p < 0.05.

 $<sup>\</sup>Omega$  \$Comparison between years are significant at p < 0.05. The operational definition for the indicator has changed between 2011 and 2019.