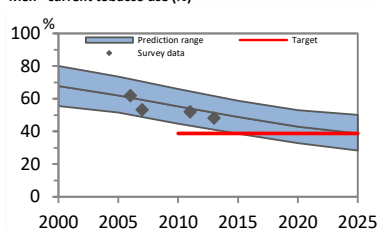


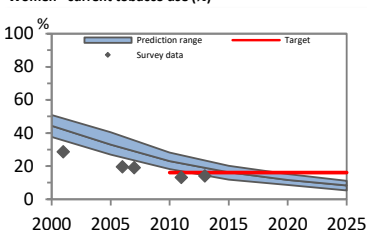
Table 1. Fitted trends in current tobacco use among persons aged 15 years and older

Table 1. Fitted trends in current tobacco use among persons aged 15 years and older										
Year	CURRENT TOBACCO USE (%)									
	Men			Women			Both sexes			
	Lower 95% credible limit	Point estimate	Upper 95% credible limit	Lower 95% credible limit	Point estimate	Upper 95% credible limit	Lower 95% credible limit	Point estimate	Upper 95% credible limit	Estimated no. of current tobacco users
2000	55.5	67.8	80.1	37.6	44.4	50.9	46.3	55.8	65.1	7,815,200
2005	51.6	62.1	73.6	27.0	33.0	40.6	38.9	47.1	56.6	7,231,700
2010	44.8	55.4	66.0	18.3	23.0	28.1	30.8	38.3	46.0	6,474,800
2015	38.5	48.8	58.8	11.8	16.4	20.2	24.4	31.6	38.3	6,076,200
2020	32.9	43.0	53.1	8.7	11.6	15.3	20.2	26.5	33.2	5,685,400
2025	28.3	38.8	50.2	5.3	8.4	11.1	16.3	22.9	29.8	5,356,300
30% relative reduction target		38.8			16.1			26.8		

Men - current tobacco use (%)



Women - current tobacco use (%)



Both sexes - current tobacco use (%)

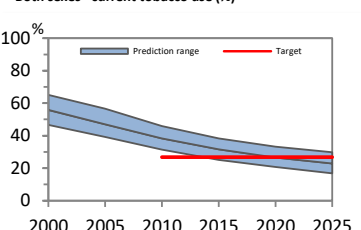
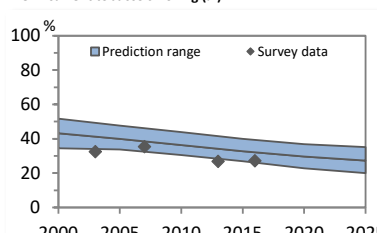


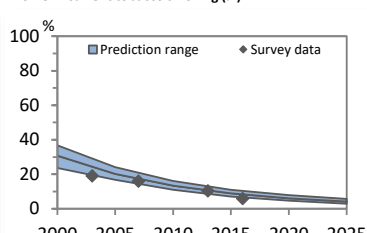
Table 2. Fitted trends in current tobacco smoking among persons aged 15 years and older

Year	CURRENT TOBACCO SMOKING (%)										Estimated no. of current tobacco smokers
	Men			Women			Both sexes				
	Lower 95% credible limit	Point estimate	Upper 95% credible limit	Lower 95% credible limit	Point estimate	Upper 95% credible limit	Lower 95% credible limit	Point estimate	Upper 95% credible limit		
2000	34.5	43.2	51.7	23.6	30.7	36.7	28.9	36.8	44.0	5,151,400	
2005	33.7	40.0	47.6	16.7	20.1	24.1	25.0	29.8	35.5	4,566,400	
2010	30.5	36.3	43.9	11.0	13.3	16.2	20.2	24.2	29.3	4,088,300	
2015	26.9	32.8	39.9	7.0	9.0	11.0	16.4	20.2	24.6	3,880,200	
2020	22.9	29.7	36.9	4.6	6.1	7.9	13.3	17.3	21.7	3,708,000	
2025	20.0	27.3	35.2	2.9	4.2	5.7	11.1	15.2	19.8	3,562,100	

Men - current tobacco smoking (%)



Women - current tobacco smoking (%)



Both sexes - current tobacco smoking (%)

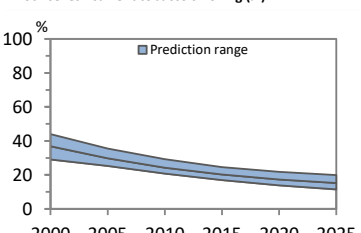
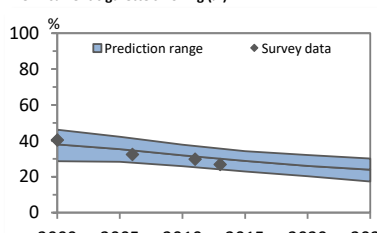


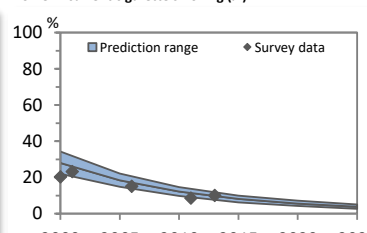
Table 3. Fitted trends in current cigarette smoking among persons aged 15 years and older

Year	CURRENT CIGARETTE SMOKING (%)										Estimated no. of current cigarette smokers
	Men			Women			Both sexes				
	Lower 95% credible limit	Point estimate	Upper 95% credible limit	Lower 95% credible limit	Point estimate	Upper 95% credible limit	Lower 95% credible limit	Point estimate	Upper 95% credible limit		
2000	28.7	38.1	46.2	21.9	28.0	34.3	25.2	32.9	40.1	4,603,500	
2005	28.4	35.3	42.3	14.7	18.4	22.1	21.3	26.6	31.9	4,079,400	
2010	25.9	32.0	37.9	9.8	12.2	14.7	17.4	21.5	25.7	3,632,300	
2015	22.9	28.8	34.3	6.3	8.2	10.0	14.1	17.9	21.4	3,430,000	
2020	20.2	26.1	32.2	4.2	5.5	7.2	11.8	15.3	19.0	3,280,100	
2025	17.3	23.9	30.2	2.6	3.8	5.0	9.6	13.4	17.0	3,138,200	

Men - current cigarette smoking (%)



Women - current cigarette smoking (%)



Both sexes - current cigarette smoking (%)

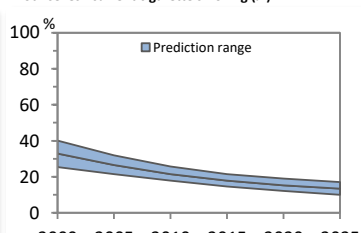
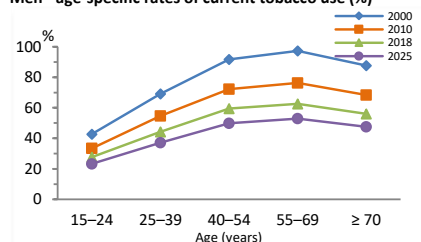


Table 4. Fitted age-specific rates of current tobacco use, 2000, 2010, 2018 and 2025

Age (years)	Men				Women				Both sexes			
	2000	2010	2018	2025	2000	2010	2018	2025	2000	2010	2018	2025
15–24	42.8	33.4	27.7	23.3	9.0	4.2	2.4	1.4	25.7	18.2	14.5	12.3
25–39	69.1	54.6	44.3	37.2	33.3	15.8	8.6	5.1	50.9	33.8	21.9	19.6
40–54	91.8	72.3	59.5	49.9	80.5	38.2	20.9	12.4	86.2	55.2	37.4	28.5
55–69	97.3	76.3	62.6	52.9	100.0	54.0	29.4	17.4	98.8	65.1	44.9	34.3
≥ 70	87.7	68.4	56.1	47.6	99.8	55.9	30.3	18.0	94.8	62.0	41.9	31.4

Men - age-specific rates of current tobacco use (%)



Women - age-specific rates of current tobacco use (%)

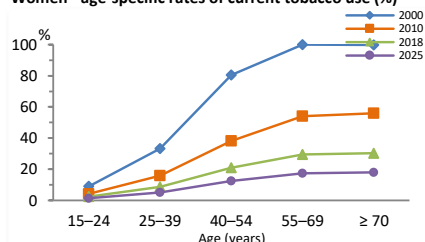


Table 5. Nationally representative population-based surveys used to calculate above estimates of tobacco use (most recent six surveys)

Survey name	Survey year	Age (years)	Tobacco use		Tobacco smoking		Cigarette smoking		Smokeless use	
			Men	Women	Men	Women	Men	Women	Men	Women
Demographic and Health Survey	2016	15-49	...	...	27.2	5.8	...	...	40.1	3.3
NCD Risk Factors STEPS Survey Nepal	2012-13	15-69	48.1	14.1	27.0	10.3	26.9	10.1	31.1	4.8
Demographic and Health Survey	2011	15-49	51.9	13.3	...	...	29.8	8.7	34.8	4.8
Nepal Non Communicable Disease Risk Factors Survey	2007	15-64	53.3	19.2	35.5	15.9	...	...	33.6	4.9
Demographic and Health Survey	2006	15-59 (men), 15-49	61.8	19.6	...	...	32.5	15.2	36.2	5.0
World Health Survey, Nepal	2003	18+	...	...	32.6	19.1	...	...	...	...

Table 6. Nationally representative school-based surveys (most recent six surveys)

Survey name	Survey year	Age (years)	Tobacco use		Tobacco smoking		Cigarette smoking		Smokeless use	
			Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
Global School-Based Student Health Survey	2015	13-15	9.5	4.8	...	...	6.8	3.0	...	...
Global Youth Tobacco Survey	2011	13-15	24.6	16.4	11.4	6.5	5.5	0.8	19.7	12.9
Global Youth Tobacco Survey	2007	13-15	13.0	5.3	8.8	3.4	5.7	1.9	8.8	2.9
Global Youth Tobacco Survey (Kathmandu)	2001	13-15	11.0	4.3	6.4	1.2	4.0	0.6	...	...
...	...	...	...	...	...	...	...	...	...	...
...	...	...	...	...	...	...	...	...	...	...

Table 7. National surveillance planning

An effective monitoring system needs at least one nationally representative population-based survey and one school-based survey among adolescents to be completed every five years. Based on surveys already completed, future surveys should be run in or before the years indicated below.

	2019	2020	2021	2022	2023	2024	2025	2026	2027	2028	2029	2030
Population-based survey			X					X				
School-based adolescent survey		X					X					X

### Key messages

WHO estimates that, in 2010, about 38% of Nepal's population aged 15 years and older were current tobacco users (approximately 6,474,800 people). If tobacco control efforts continue at the same intensity, WHO projects that in 2025 around 23% of the population aged 15 years and older (approximately 5,356,300 people) will be tobacco users.

WHO estimates that, in 2010, about 55% of men and about 23% of women aged 15 years and older in Nepal were using tobacco either daily or occasionally. WHO projects that by 2025 the rate will be approximately 39% for men and 8% for women.

In 2010, the highest rate of smoking among men was seen in the age-group 55–69, and among women in the age-group ≥ 70.

WHO Member States adopted a voluntary global target to reduce use of tobacco (smoking and smokeless combined) by 30% by 2025. If Nepal adopts this global target, the results indicate that, based on current trends, Nepal will achieve the target.