Bhutan Page 1

Table 1. Fitted trends in current tobacco use among persons aged 15 years and older

		CURRENT TOBACCO USE (%)											
		Men			Women								
	Lower 95%	Point	Upper 95%	Lower 95%	Point	Upper 95%	Lower 95%	Point	Upper 95%	Estimated no. of current tobacc			
Year	credible limit	estimate	credible limit	credible limit	estimate	credible limit	credible limit	estimate	credible limit	user			
2000													
2005													
2010													
2015													
2020													
2025													
30% relative reduct	ion target												

Men - current tobacco use (%)	Women - current tobacco use (%)	Both sexes - current tobacco use (%)
No estimate	No estimate	No estimate

Table 2. Fitted trends in current tobacco smoking among persons aged 15 years and older

		CURRENT TOBACCO SMOKING (%)											
		Men			Women		Both sexes						
	Lower 95%	Point	Upper 95%	Lower 95%	Point	Upper 95%	Lower 95%	Point	Upper 95%	Estimated no. of current tobacco			
Year	credible limit	estimate	credible limit	credible limit	estimate	credible limit	credible limit	estimate	credible limit	smokers			
2000													
2005													
2010													
2015													
2020													
2025													

Men - current tobacco smoking (%)	Women - current tobacco smoking (%)	Both sexes - current tobacco smoking (%					
No estimate	No estimate	No estimate					

 ${\bf Table~3.~Fitted~trends~in~current~cigarette~smoking~among~persons~aged~15~years~and~older}$

		CURRENT CIGARETTE SMOKING (%)											
		Men			Women		Both sexes						
Year	Lower 95% credible limit	Point estimate	Upper 95% credible limit			Upper 95% credible limit	Lower 95% credible limit		Upper 95% credible limit				
2000													
2005													
2010													
2015													
2020													
2025													

Men - current cigarette smoking (%)	Women - current cigarette smoking (%)	Both sexes - current cigarette smoking (%)						
: No estimate	No estimate	No estimate						

Bhutan Page 2

Table 4. Fitted age-specific rates of current tobacco use, 2000, 2010, 2018 and 2025

Age (years)		Men				Wor	nen		Both sexes				
	2000	2010	2018	2025	2000	2010	2018	2025	2000	2010	2018	2025	
15-24													
25-39													
40-54													
55-69													
≥ 70													

Men - age-specific rates of current tobacco use (%)

No estimate

No estimate

Women - age-specific rates of current tobacco use (%)

No estimate

Table 5. Nationally representative population-based surveys used to calculate above estimates of tobacco use (most recent six surveys)

	Survey		Tobacco use		Tobacco smoking		Cigarette smoking		Smokeless use	
	year	Age (years)								
rvey name			Men	Women	Men	Women	Men	Women	Men	Women
Bhutan STEPS Survey	2014	18-69	33.6	13.6	10.8	3.1	8.3	1.9	26.5	11.0
National Health Survey	2012-13	10+			6.0	1.4			44.5	41.9

Table 6. Nationally representative school-based surveys (most recent six surveys)

	Survey	Age (years)	Tobacco use		Tobacco smoking		Cigarette smoking		Smokeless use	
Survey name	year		Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
Global Youth Tobacco Survey	2019	13-15	31.2	13.5	25.4	9.5	22.2	7.7	17.0	8.1
Global School-Based Student Health Survey	2016	13-15	36.5	13.9			32.5	9.6		
Global Youth Tobacco Survey	2013	13-15	39.0	23.2	26.3	8.6	23.1	6.6	25.0	18.9
Global Youth Tobacco Survey	2009	13-15	27.6	11.6	19.7	9.0	18.3	7.9	14.1	5.3
Global Youth Tobacco Survey	2006	13-15	28.6	12.4			18.3	6.3	14.5	6.0
Global Youth Tobacco Survey	2004	13-15	21.7	11.9			14.6	4.9	10.0	4.5

Table 7. National surveillance planning

An effective monitoring system needs at least one nationally representative population-based survey and one school-based survey among adolescents to be completed every five years. Based on surveys already completed, future surveys should be run in or before the years indicated below.

	2019	2020	2021	2022	2023	2024	2025	2026	2027	2028	2024	2025
Population-based survey	Х					Х					Х	
School-based adolescent survey												

Key messages

Estimates of rates of tobacco use (smoking and smokeless combined) were not calculable due to insufficient information available in national surveys of Bhutan.

The most recent national adult survey, conducted in 2014, shows that around 34% of men and around 13.6% of women aged 18-69 were current users of tobacco in Bhutan. Projection of these rates to 2025 will be possible when additional data become available.

If Bhutan adopts the global target of a 30% relative reduction in tobacco use by 2025, additional surveys are required to enable monitoring of trends.