Coronavirus Disease 2019 (COVID-19)

Situation Report – 107 Timor-Leste



Data as reported by 7 July 2021

HIGHLIGHTS

• The Ministry of Health (MoH) reported 372 new cases of COVID-19 since the last time of reporting (30.06.2021) – this takes the total tally of COVID-19 cases to 9,594. All patients are admitted to the designated isolation and treatment facilities at Vera Cruz, Tasitolu, Tibar, and other government identified isolation hotels. The MoH has also granted permission in some cases for home isolation. For more details, please see the epidemiological update section.

The surveillance team, as per the national guideline, is working on further investigation and contact tracing. More details about the new cases can be found at the MoH's Facebook page, <u>Palacio das Cinzas</u>.

- WHO handed over 1 million masks to the Ministry of Health a contribution from the Government of Germany at the global level and WHO Timor-Leste facilitated the allocation for Timor-Leste.
- As a part of COVID-19 response in the country, the Ministry of Health, in collaboration with WHO Country Office Timor-Leste, conducted a day-long orientation on the latest WHO's recommendations on basic

preventive measures to the 60 community health inspectors. The Community Health Inspectors are expected to work with community leaders to ensure COVID-19 messages reach communities in each household through IEC materials to assist the public in using masks, handwashing, physical distancing and maintaining personal hygiene.

- Pillar 7 (Case Management) for COVID-19 response, led by the National Directorate for Hospital Support Services (DNASH) and financial support from WHO, conducted a 5-days training on "Infection Prevention and Control" and "Basic Respiratory and Ventilator Management" as well as "Case Management of COVID 19 Response" at 5 Referral Hospitals". DNASH and HNGV lead the training with technical support from WHO and St. John of God. The team has successfully implemented the training in Regional Hospital Eduardo Ximenes (HoREX) Baucau and Referral Hospital Maliana. It will continue to deliver similar activity in the other Referral Hospitals (Suai, Maubisse, and Oe-cusse).
- WHO Country Office Timor-Leste and the Ministry of Health signed the Global Fund to Fight AIDS, Tuberculosis and Malaria (GFATM) Memorandum of Understanding. This renewed collaboration will help strengthen infectious diseases – tuberculosis (TB), malaria and HIV. WHO

SITUATION IN NUMBERS

9594 confirmed (372 new) 8682 recovered (322 new) 887 active cases 25 deaths

(As per data released by the Ministry of Health)

Follow WHO Timor-Leste on Facebook and Twitter.

More information and guidance by WHO regarding the current COVID-19 outbreak can be found here.

GLOBAL SITUATION IN NUMBERS Total (new) cases in last seven days

Globally

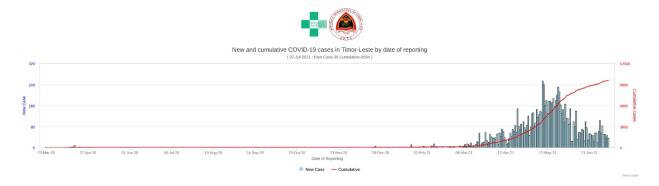
183 198 019 confirmed (2 688 561) 3 971 687 deaths (53 958) will provide all-round comprehensive technical assistance to the MoH to meet the health targets of the Sustainable Development Goal 3.3.

- To maintain essential health services in the country, the (MoH) with technical support from WHO and financial assistance from Korea International Cooperation Agency (KOICA) has begun the Transmission Assessment Survey (TAS) for lymphatic filariasis (LF), soil-transmitted helminthiasis (STH), yaws, and scabies in eight schools in Liquica municipality. The survey results will help the MoH to make a programmatic decision towards NTD elimination and control in Timor-Leste. TAS was completed in Covalima, Bobonaro, and Ainaro in 2020. The findings revealed no LF and yaws cases, a limited number of scabies, and a low STH prevalence in the three municipalities. TAS will continue in schools in Liquica, Aileu and Ermera until the end of July.
- The MoH reported one additional COVID-19 death since the time of last reporting (05.07.2021).
 The COVID-19 death toll now stands at 25.

EPIDEMIOLOGICAL UPDATES

• The number of COVID-19 cases had been surging since early March 2021. However, it is now showing signs of plateuing – with a downward trend nationally since early June 2021.

As of 07 July 2021, the country recorded 25 deaths and 9,594 cases of which 8,682 have recovered. Currently, there are 887 active cases in the isolation/treatment centres of Tasi Tolu, Vera Cruz and other facilities in Dili and the Municipalities or at home for isolation and follow up.



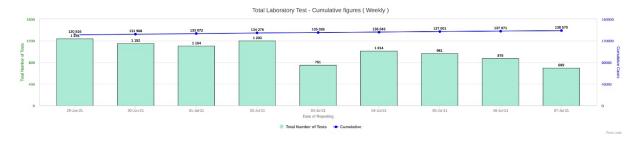
Distribution of newly reported, recovered and active cases by municipalities, as of 7 July 2021.

Municipality	New Case	Cumulative Case	New Recovered	Cumulative Recovered	New Deceased	Cumulative Deceased	Active Case
Aileu	1	39	0	31	0	0	8
Ainaro	1	55	0	47	0	0	8
Baucau	4	597	6	444	0	0	153
Bobonaro	2	249	3	213	0	3	33
Covalima	0	241	8	171	0	0	70
Dili	26	7735	63	7230	0	20	485
Ermera	0	179	0	96	0	0	83
Lautem	0	48	0	48	0	0	0
Liquiça	0	26	0	25	0	1	0
Manatuto	0	78	0	74	0	0	4
Manufahi	0	75	0	74	0	0	1
Oecusse	0	28	0	22	0	0	6
Viqueque	2	244	11	207	0	1	36
Total	36	9594	91	8682	0	25	887

- As shown in the above table, majority of the cases (81%) are reported from Dili, followed by Baucau, Bobonaro, Viqueque, Covalima and Ermera. Of the 25 deaths 20 were from Dili, three from Bobonaro, one from Liquica, and one from Viqueque.
- The test positivity rate over the last 7 days stood at 6%, showing signs of control over the
 current surge, while test positive rate in Baucau showed 11.8% (compared to 6.5 % in previous
 reporting period). Strict adherence to public health and social measures (masking, hand
 washing, physical distancing, and avoidance of mass gatherings) must continue while vaccine
 coverage is ramped up outside Dili.



As of 7 July 2021, 138,570 PCR tests were done by the National Health Laboratory and referral
hospital laboratories since the beginning of the response. The NHL now can return results
within 24 hours of collecting the samples.



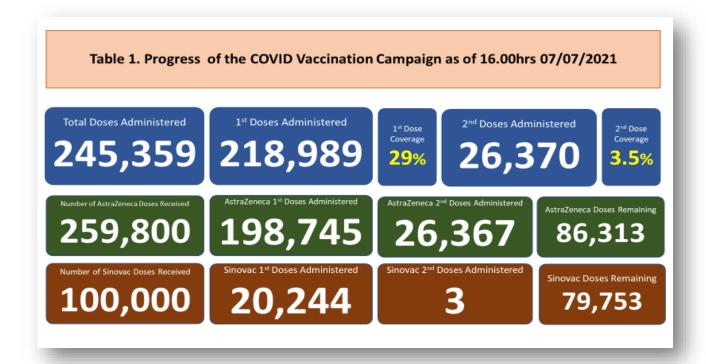
CASE MANAGEMENT

	29/06	30/06	01/07	02/07	03/07	04/07	05/05
Isolation Centers Dili	187	191	186	192	205	213	207
Home-isolation Dili	31	27	30	33	35	34	34
All isolation Municipalities	200	198	196	196	216	216	264
Grand total	418	416	412	421	456	463	505

- Overall, COVID-19 cases in isolation continue to remain low throughout Timor-Leste. There are three isolation centers with COVID-19 patients. The table shows that the number of cases in (1) Dili (2) home-isolation and 3) all isolation across 12 municipalities continue to decrease overtime. This is in line with the testing results from the NHL. Since 1 June 2021, (total in isolation on 1 June: 1, 748 persons), this is approximately at 71% decrease for isolation throughout Timor-Leste.
- With support from HNGV, Pillar 7 is coordinating the management of admitted cases to
 isolation facilities in Dili. Mild to moderate cases are also admitted for treatment to isolation
 facilities in municipalities. Critical care management capacity and capability across the 5
 Referral Hospitals is being strengthened with support from WHO and partners.

VACCINATION UPDATES

At the time of writing this report (7 July 2021 afternoon), in total, 231,849 COVID-19 vaccine doses including 206,006, first doses and 25,843, second doses have been administered in Timor-Leste. The breakdown of the number of doses administered by the first and second doses and by vaccine type is in Table 1.



 Number of COVID-19 vaccine doses administered and coverage by first and second dose in each municipality is given in the Table 2. Number of COVID-19 vaccine doses distributed, administered, remaining, and shortfall by municipality is given in the Table 3.

Table 2. Number of COVID-19 Vaccine Doses Administered and Coverage by 1st and 2nd Dose by Municipality as of 16.00hrs 07/07/2021

	Number vaccinated & Coverage											
Municipality	First Dose						Second Dose					
	High Risk Groups (20% Pop.)	Coverage	18-59y no comorbidity (80% Pop.)	Coverage	Total	Coverage	High Risk Groups (20% Pop.)	Coverage	18-59y no comorbidity (80% Pop.)	Coverage	Total	Coverage
Dili	45,748	152.6%	70,314	38.3%	116,062	54.3%	12,448	41.52%	2,002	1.09%	14,450	6.8%
Aileu	2,558	40.7%	2,592	10.39%	5,150	16.5%	691	10.98%	16	0.06%	707	2.3%
Ainaro	2,060	27.8%	3,197	11.53%	5,257	15.0%	739	9.97%	28	0.10%	767	2.2%
Baucau	7,097	39.1%	8,951	16.22%	16,048	21.9%	1,734	9.56%	77	0.14%	1811	2.5%
Bobonaro	6,257	47.2%	4,416	10.16%	10,673	18.8%	1,135	8.55%	16	0.04%	1151	2.0%
Covalima	5,482	62.8%	3,002	9.53%	8,484	21.1%	1,089	12.48%	6	0.02%	1095	2.7%
Ermera	3,852	26.8%	4,553	7.49%	8,405	11.2%	817	5.69%	91	0.15%	908	1.2%
Lautem	3,529	41.7%	5,065	18.11%	8,594	23.6%	689	8.15%	133	0.48%	822	2.3%
Liquica	2,509	26.2%	6,429	18.06%	8,938	19.8%	619	6.46%	90	0.25%	709	1.6%
Manatuto	2,885	43.1%	3,482	16.03%	6,367	22.4%	631	9.42%	94	0.43%	725	2.6%
Manufahi	3,632	47.8%	3,018	11.71%	6,650	19.9%	569	7.49%	89	0.35%	658	2.0%
Viqueque	4,877	51.8%	5,814	17.87%	10,691	25.5%	1,018	10.82%	46	0.14%	1064	2.5%
ZEEMS (Oecusse)	5,827	52.8%	1,843	5.60%	7,670	17.5%	1,471	13.33%	32	0.10%	1,503	3.4%
Total (without Dili)	50,565	41.8%	52,362	12.46%	102,927	19.0%	11,202	9.26%	718	0.00%	11,920	2.2%
Total (Timor-Leste)	96,313	63.8%	122,676	20.31%	218,989	29.0%	23,650	15.67%	2,720	0.45%	26,370	3.5%

Based on 2021 population projections. Population with Comorbidity 12.5% among 30-59y based on 2016 DHS data High Risk Groups (20% of the popyulation) - Healthcare staff, other front line staff, aged 60y and above, and 18-39y with comorbidity 18-59y with no comorbidity (80% of the population)

Table 3. Number of COVID-19 Vaccine Doses Distributed, Administered, and Shortfall as of 16.00hrs 07/07/2021

Municipality	High Risk Groups (20% Pop.)	18-59y no comorbidity (80% Pop.)	Taerget Population	Doses distributed	Doses administered	Doses remaining	Doses Needed
Dili	29,980	183,822	213,802	216,663	130,512	86,151	210,940
Aileu	6,292	24,943	31,235	10,186	5,857	4,329	52,284
Ainaro	7,410	27,726	35,136	10,484	6,024	4,460	59,787
Baucau	18,141	55,175	73,316	30,482	17,859	12,623	116,151
Bobonaro	13,268	43,476	56,744	21,694	11,824	9,870	91,794
Covalima	8,725	31,503	40,228	17,214	9,579	7,635	63,241
Ermera	14,350	60,793	75,143	16,895	9,313	7,582	133,392
Lautem	8,455	27,963	36,418	14,679	9,416	5,263	58,157
Liquica	9,588	35,597	45,185	13,449	9,647	3,802	76,921
Manatuto	6,701	21,718	28,419	14,414	7,092	7,322	42,423
Manufahi	7,595	25,766	33,361	11,412	7,308	4,104	55,309
Viqueque	9,408	32,534	41,942	14,665	11,755	2,910	69,220
ZEEMS (Oecusse)	11,034	32,905	43,939	19,188	9,173	10,015	68,690
Total (without Dili)	120,967	420,098	541,065	194,762	114,847	79,915	887,368
Total (Timor-Leste)	150,947	603,920	754,867	411,425	245,359	166,066	1,098,308

*Based on 2021 population projections. Population with Comorbidity 12.5% among 30-59y based on 2016 DHS data
High Risk Groups (20% of the population) - Healthcare staff, other front line staff, aged 60y and above, and 18-59y with comorbidity
18-59y with no comorbidity (80% of the population)

- The administration of the second dose of COVID-19 AstraZeneca vaccines in Dili Municipality, for those who received the first dose from Australian government donated vaccines will begin in Dili on 9 July, and administration of second dose of the Sinovac vaccines will begin on Monday (12 July 2021). A total of 90,000 people in Dili are scheduled to receive their second doses of Astra Zeneca vaccines over the next few weeks. It is important that every eligible person gets their second dose of COVID-19 vaccines to ensure completion of their full vaccination schedule.
- Sixty-five thousand doses of Astra Zeneca vaccine donated from Australia distributed across all 12 Municipalities and is open to everyone above 18.

WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events.
- Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases.
- Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC.
- Identify, isolate, and care for patients early, including providing optimized care for infected patients.
- Communicate critical risk and event information to all communities and counter misinformation.
- Minimize social and economic impact through multisectoral partnerships.

PUBLIC HEALTH AND SOCIAL MEASURES

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes, they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Use face mask when physical distancing is not possible

Why? If when you're in a setting where maintaining the physical distance of 1 meter or more is not possible due to the space constraint, then it is imperative that you use a face mask as it can help in stopping the transmission of COVID-19

Avoid touching eyes, nose, and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene, you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority, or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

Protect ourselves and our loved ones against #COVID19:

- Wash your hands frequently
- Cover coughs and sneezes
- Avoid touching your face

- Avoid crowded places and limit time in enclosed spaces
- Keep a distance of at least 1 metre from others
- Use of mask is imperative when physical-distancing is not possible.
- Regularly clean and disinfect frequently touched objects and surfaces
- Isolate yourself from others if feeling unwell and seek care, if needed

More guidance on preventive measures is available <u>here</u>.

COVID-19 Information and media queries:

- The MoH has established a hotline number 119 for COVID-19 on which people can call to get any COVID-19 related information.
- Additionally, <u>MoH Facebook page</u> provides timely updates on COVID-19 developments in the country.
- WHO Timor-Leste through its <u>Facebook page</u> and <u>Twitter handle</u> also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to <u>singhsho@who.int</u> and <u>hasane@who.int</u>