

# Coronavirus Disease 2019 (COVID-19)

## Situation Report – 38

### Timor-Leste

Data as reported by 29 May 2020

#### HIGHLIGHTS

- In order to not only maintain the essential health services for TB, but to also ensure that newer drug regimens and treatment protocols are implemented during the COVID-19 pandemic, the Ministry of Health (MoH) with support from WHO conducted a national e-workshop on clinical management of Drug Resistant TB (DR-TB) for TB focal point from the national and referral hospitals, municipalities, clinical management committee of DR TB, and the national TB programme (NTP). In alignment with WHO global updates, Timor-Leste will start on **all oral shorter DR TB regimen for the first time**.
- Following the country-wide orientation sessions on the importance of continuance of immunization services during the pandemic, the MoH, UNICEF and WHO completed the preliminary review of EPI indicators between January to April 2020. The initial findings indicate a drop in the immunization coverage compared to the same period last year. A more detailed review is being planned by the MoH and partners. Additionally, the MoH, WHO, UNICEF and other partners will support the normalization of immunization services starting from June 2020 and catch up missed immunization at earliest possible.
- As many as 35 health workers comprising doctors, nurses, midwives, and health administrators underwent a hand hygiene training. This is a part of the month-long campaign by the MoH, the Timor-Leste nursing association and WHO to reinforce hand hygiene not only in the context of COVID-19 but also to achieve better health outcomes overall.
- UNICEF has supported the MoH in producing a song with two of Timor-Leste's top singers to raise awareness on all the key messages on COVID-19 prevention, with the aim of reaching even wider sections of communities.
- The MoH has launched a survey to assess the understanding and impact of messaging on COVID-19 prevention.
- IOM supported the MoH to distribute 2,000 posters and 1,420 stickers in 48 villages and 242 sub-villages in Dili Municipality. IOM also developed and printed 400 IEC materials translated in local dialect, which were distributed among border communities in Bobonaro and Covalima.

#### SITUATION IN NUMBERS

**24 confirmed (0 new)**

**0 deaths**

(As per data released by [Centro Integrado Gestao de Crise](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

#### GLOBAL SITUATION IN NUMBERS Total (new) cases in last 24 hours

**Globally**

**5 593 631 confirmed (104 505)  
353 334 deaths (4221)**

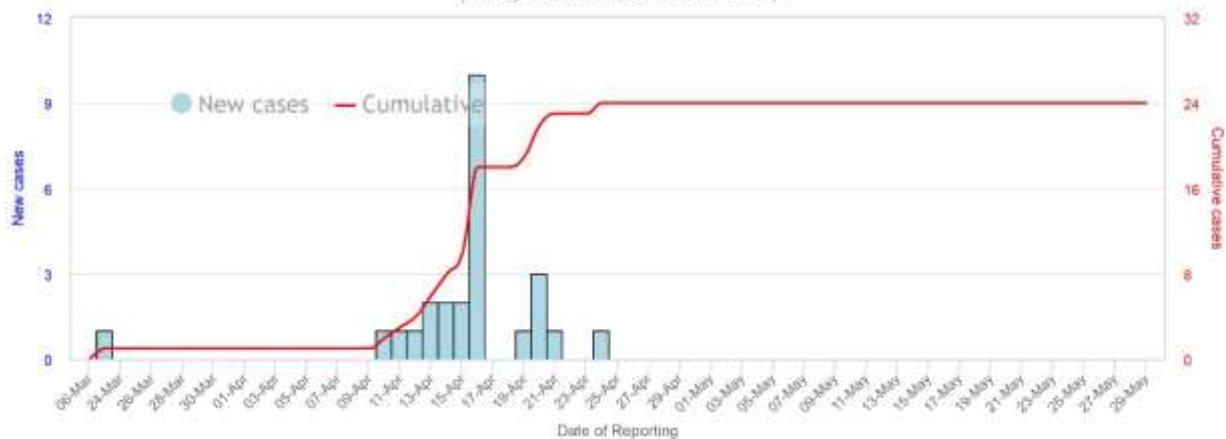
#### WHO RISK ASSESSMENT

**Global Level    Very High**



### New and cumulative COVID-19 cases in Timor-Leste by date of reporting

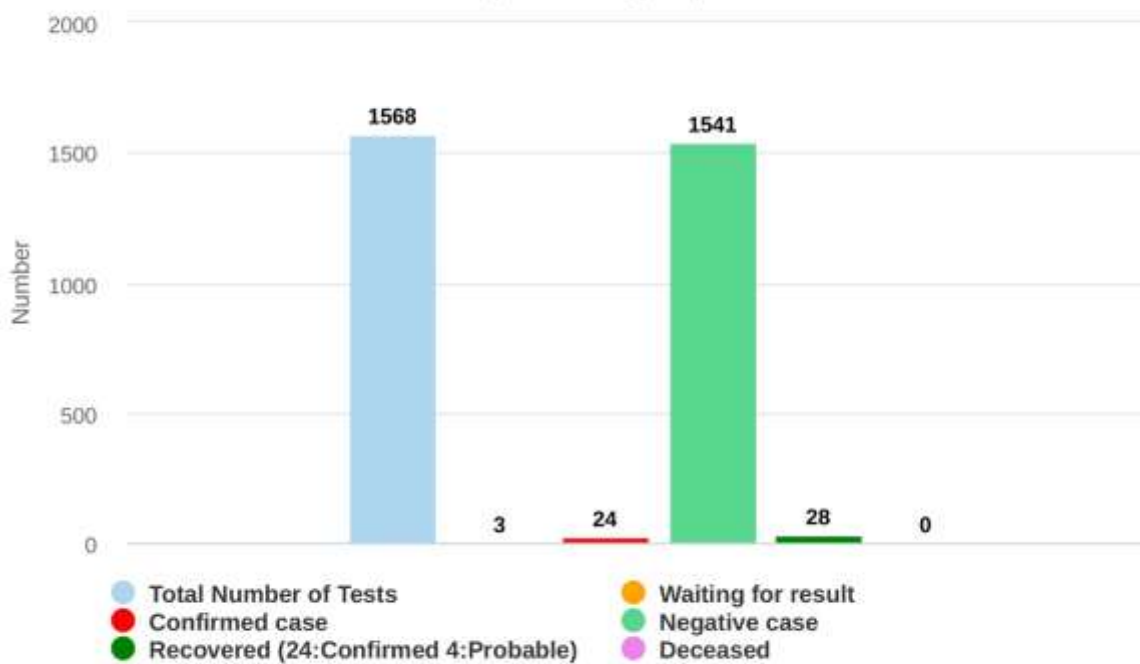
( 29-May-2020 : New cases-0 Cumulative-24 )



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

### Current Situation : COVID-19 Timor-Leste

(Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

## Global Highlights

- The WHO Infodemics management pillar has been monitoring global English- language conversations on COVID-19 to detect early signals of growing interest and public engagement with constantly emerging narratives around COVID-19. Regardless of whether these signals stem from trusted or unreliable sources they can be used to anticipate and intervene: what questions need answering or what myths need busting. In early April, the weekly monitoring detected a 98% rise in the number of global posts that engaged with the conversation on COVID-19 immunity.
- 

## WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
  - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
  - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
  - Identify, isolate and care for patients early, including providing optimized care for infected patients;
  - Communicate critical risk and event information to all communities and counter misinformation;
  - Minimize social and economic impact through multisectoral partnerships.
- 

## RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

### **Wash your hands frequently**

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

**Why?** Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

### **Maintain physical distancing**

Maintain at least 1 metre (3 feet) distance between yourself and others.

**Why?** When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

### **Avoid touching eyes, nose and mouth**

**Why?** Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

**Practice respiratory hygiene**

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

**Why?** Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

**If you have fever, cough and difficulty breathing, seek medical care early**

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

**Why?** Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

**Stay informed and follow advice given by your healthcare provider**

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

**Why?** National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available [here](#).

---

**COVID-19 Information and media queries:**

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
  - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
  - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to [singhsho@who.int](mailto:singhsho@who.int) and [hasane@who.int](mailto:hasane@who.int)
-