

# Coronavirus Disease 2019 (COVID-19)

## Situation Report – 45

### Timor-Leste

Data as reported by 23 June 2020

#### HIGHLIGHTS

- WHO handed over three sets of noncommunicable diseases (NCD) kits to the as part of its ongoing response to the COVID-19 pandemic. The NCD kit is a pre-packaged set of essential medicines and medical devices to meet priority NCD health needs of at least 30,000 people for three months in emergencies when medical facilities and regular supply are disrupted. A recent survey conducted by WHO in 155 countries revealed that there were significant disruptions of essential NCD services in almost every country – further increasing the risk for those with pre-existing NCDs to turning severely ill or dying from Covid-19.
- Marie Stopes International (MSI) in collaboration with WHO and UNFPA has been assisting the Ministry of Health (MoH) in ensuring essential sexual and reproductive health services continue to be available during the COVID-19 crisis. MSI has made its sexual reproductive health services free so that cost is not a barrier for those who need to access these services. MSI is also providing family planning services, HIV and STI services, ante and postnatal check-ups pro bono.
- The monitoring and evaluation project for the COVID-19 response in community health centres (CHCs) by the MoH with technical support from WHO and financial support from the Korea International Cooperation Agency (KOICA) covering all the 13 municipalities and 70 CHCs has concluded. Six teams, comprising WHO medical doctors, MoH officials and district surveillance officers were assessing the preparedness of the facilities and health workers for COVID-19.
- MoH with technical support from WHO conducted an orientation session on NCDs and COVID-19 for 40 health workers from Comoro CHC.
- The MoH participated in the on-line WHO South-East Asia Regional Consultation on the midterm review of the progress of Decade for Health Workforce strengthening across the 11 South-East Asian countries over the next five-years. This is especially important due to the considerable HRH demands due to COVID-19. The HRH Directorate at MoH provided feedback on relevant HRH issues and challenges.
- MoH, with technical assistance from WHO and UNICEF reoriented the health workers in Atauro on EPI guidelines and delayed/interrupted immunization schedule. In addition, they were also oriented on correct in correct injection technique and assessment of Atauro EPI performance in January 2020 compared to the corresponding period last year.

#### SITUATION IN NUMBERS

**24 confirmed (0 new)**

**0 deaths**

(As per data released by [Centro Integrado Gestao de Crise](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

#### GLOBAL SITUATION IN NUMBERS Total (new) cases in last 24 hours

##### Globally

**8 860 331 confirmed (181 232)**  
**445 535 deaths (5 245)**

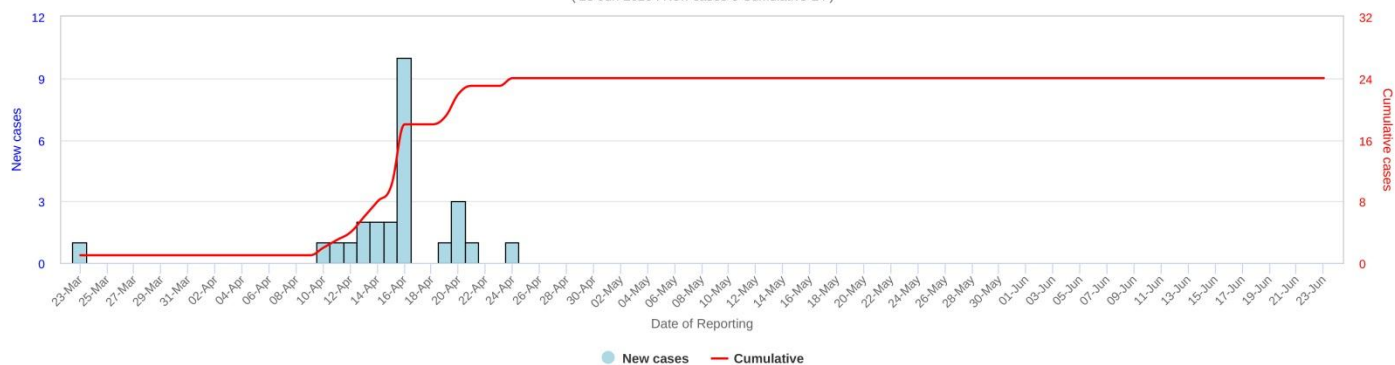
#### WHO RISK ASSESSMENT

Global Level    **Very High**



### New and cumulative COVID-19 cases in Timor-Leste by date of reporting

( 23-Jun-2020 : New cases-0 Cumulative-24 )

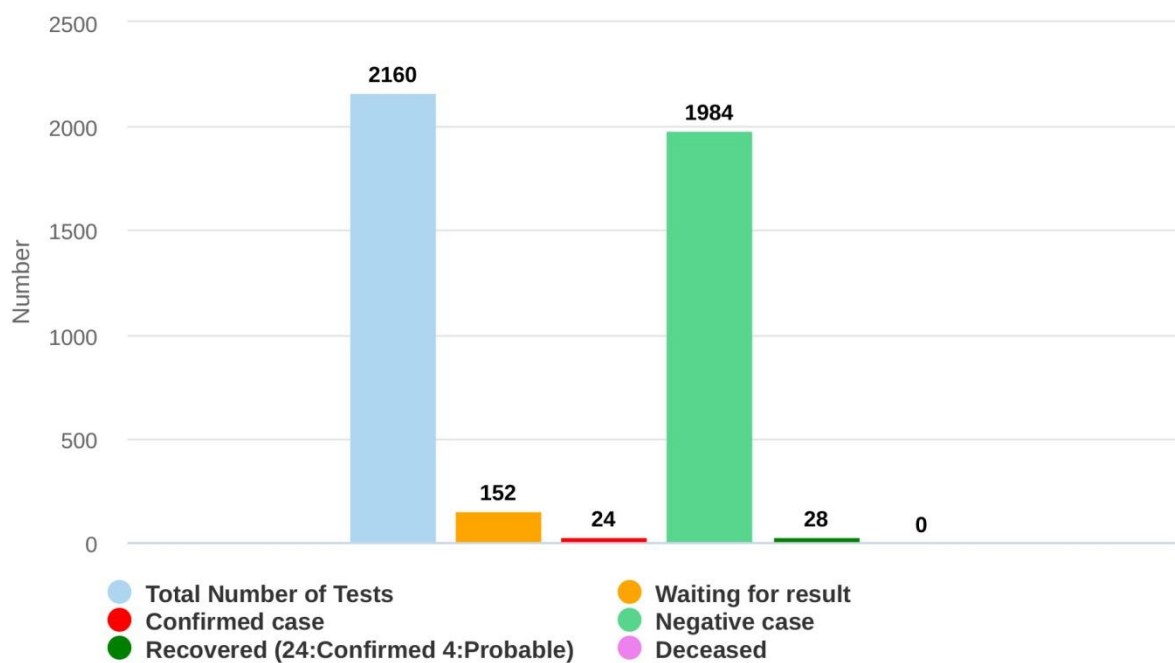


Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Timor-Leste

### Current Situation : COVID-19 Timor-Leste

(Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

## WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
  - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
  - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
  - Identify, isolate and care for patients early, including providing optimized care for infected patients;
  - Communicate critical risk and event information to all communities and counter misinformation;
  - Minimize social and economic impact through multisectoral partnerships.
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## RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

### **Wash your hands frequently**

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

**Why?** Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

### **Maintain physical distancing**

Maintain at least 1 metre (3 feet) distance between yourself and others.

**Why?** When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

### **Avoid touching eyes, nose and mouth**

**Why?** Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

### **Practice respiratory hygiene**

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

**Why?** Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

### **If you have fever, cough and difficulty breathing, seek medical care early**

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

**Why?** Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

**Stay informed and follow advice given by your healthcare provider**

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

**Why?** National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available [here](#).

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**COVID-19 Information and media queries:**

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
  - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
  - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to [singhsho@who.int](mailto:singhsho@who.int) and [hasane@who.int](mailto:hasane@who.int)
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