

Coronavirus Disease 2019 (COVID-19)

Situation Report – 53

Timor-Leste

Data as reported by 21 July 2020

HIGHLIGHTS

- The United Nations Development Programme (UNDP) facilitated the procurement of another batch of medical supplies which arrived earlier this month. It included critical medical equipment like ventilators (5), infusion pumps (50), personal protective equipment (PPE) like surgical masks (200,000), face shields (10,000), safety goggles (10,000). In addition to these, UNDP also procured a number of essential medicines including antibiotics and generic drugs like paracetamol and oral rehydration salts (ORS).
- WHO along with partners like USAID, JSI, St. John of God, Maluk Timor, HAI and others have been supporting the Ministry of Health (MoH), Hospital Nacional Guido Valadares (HNGV), and Instituto Nacional Saude (INS) in training health professionals on COVID-19 response all over the country. More than 1000 health professional from community health centres from 12 municipalities and the special region of Oecusse, and three referral hospital and the national hospital. The technical curriculum for this training has been developed jointly by, the MoH, INS, WHO, Maluk Timor, and St John of God. The training covered 12 main areas of COVID-19 preparedness and response and several other sub-topics. The 12 main areas are; i) introduction to COVID-19, ii) IPC, iii) Triage, iv) PPE, v) Mild and moderate case management, vi) Psychology, vii) Safe transfer of patients, viii) Communicating with patients and families, ix) TB & HIV care in the context of COVID-19, x) Maintaining essential health services xi) Health promotion, and xii) Palliative care.
- WHO, to support the MoH in the area of surveillance, is providing additional human resources by recruiting five doctors. The new recruits will be posted in Covalima, Baucau, Maubisse, Oecusse and Maliana. In addition to providing assistance to the municipal health services' surveillance teams for COVID-19, they will also be concentrating on the expanded programme for immunization and vaccine-preventable diseases surveillance.
- MoH with support from UNICEF and WHO carried out bOPV (bivalent oral polio vaccine) catch up campaign (schools, outreach and undocumented under-5 children) in response to decreasing immunization coverage during the state of emergency.

SITUATION IN NUMBERS

24 confirmed (0 new)
0 deaths

(As per data released by the [Ministry of Health](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

GLOBAL SITUATION IN NUMBERS

Total (new) cases in last 24 hours

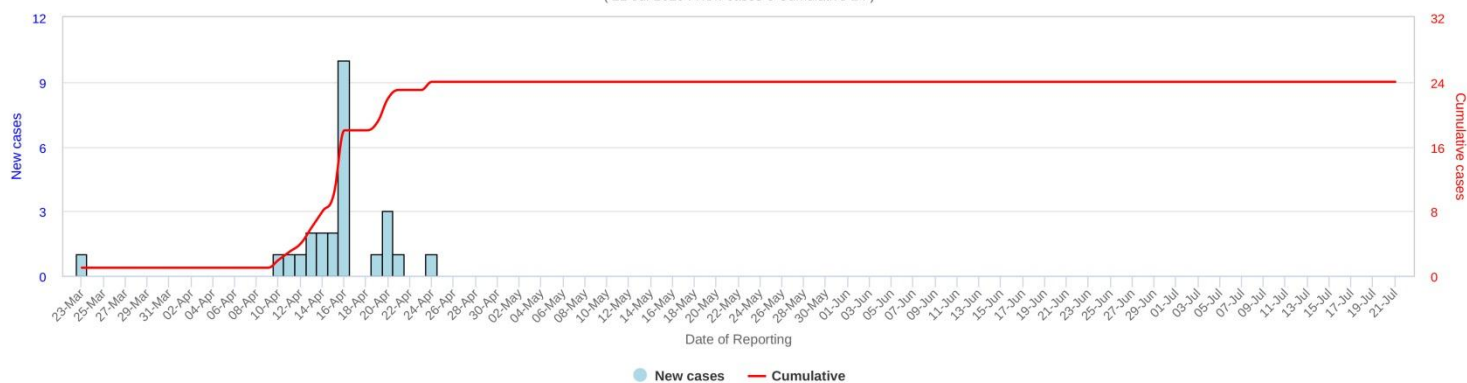
Globally
14 348 858 confirmed (229 780)
603 691 deaths (5 111)

WHO RISK ASSESSMENT
Global Level Very High



New and cumulative COVID-19 cases in Timor-Leste by date of reporting

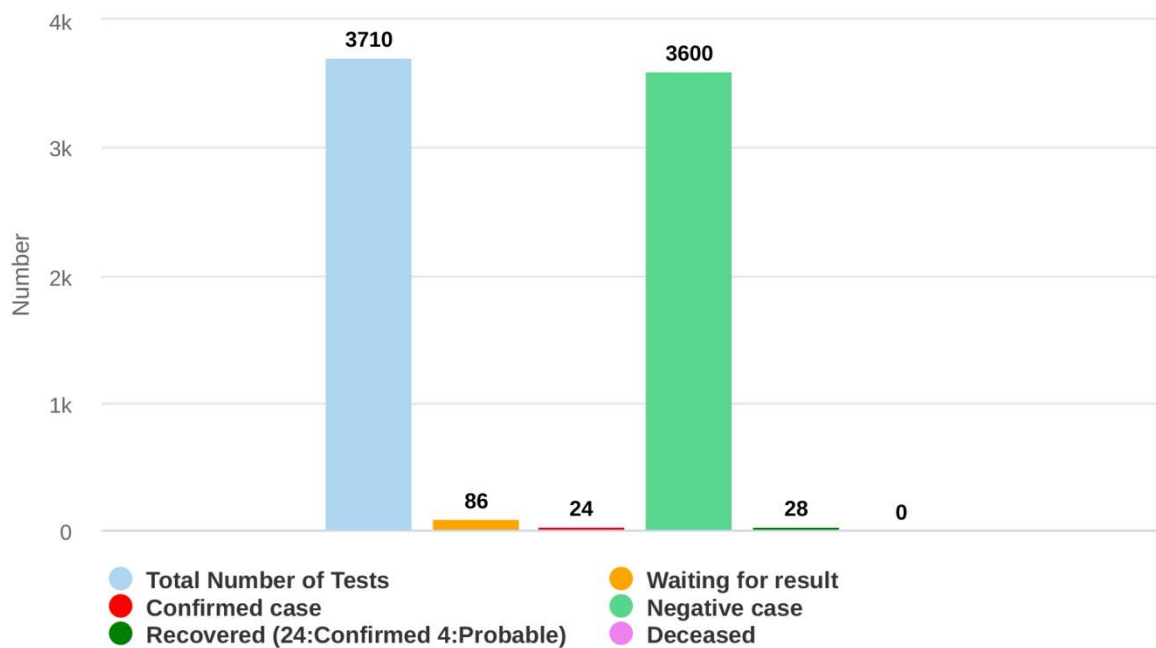
(21-Jul-2020 : New cases=0 Cumulative=24)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Current Situation : COVID-19 Timor-Leste

(Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
 - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
 - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
 - Identify, isolate and care for patients early, including providing optimized care for infected patients;
 - Communicate critical risk and event information to all communities and counter misinformation;
 - Minimize social and economic impact through multisectoral partnerships.
-

RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available [here](#).

COVID-19 Information and media queries:

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
 - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
 - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to singhsho@who.int and hasane@who.int
-