# Coronavirus Disease 2019 (COVID-19)

## Situation Report – 52 Timor-Leste



Data as reported by 17 July 2020

### **HIGHLIGHTS**

- WHO provided another 3250 COVID-19 test kits to the National Health Laboratory (NHL) to ensure that the testing continues uninterrupted.
   Since March to date, WHO has provided 14250 COVID-19 test kits in all.
- WHO and UNICEF warned of an alarming decline in the number of children receiving life-saving vaccines around the world. This is due to disruptions in the delivery and uptake of immunization services caused by the COVID-19 pandemic. According to new data by WHO and UNICEF, these disruptions threaten to reverse hard-won progress to reach more children and adolescents with a wider range of vaccines, which has already been hampered by a decade of stalling coverage.
  To help immunization coverage restore to ideal parameters and reduce vaccine preventable diseases, polio immunization catch-up activities are ongoing in all municipalities by the Ministry of Health, with support from UNICEF and WHO.
- To mitigate potential food insecurity for tens of thousands due to COVID-19 pandemic and the lockdown as well as decreased income for the country's mostly agricultural population, the UNDP and Asia Development Bank supporting the government in its initiative to distribute food baskets. A US\$1 million donation from the ADB and US\$105,000 from the UNDP will allow the government to reach 25,000 people in the most vulnerable areas of Dili, Baucau, Bobonaro, Covalima

and Oecusse, with food baskets that support their health and immune systems with a balanced and locally sourced diet.

• The increased vulnerability of those with noncommunicable diseases (NCDs) to becoming severely ill and dying from COVID-19 calls for ramping up of efforts for prevention, management, and control of NCDs. A total of 38 multidisciplinary health professionals of Hatolia Community Health Center (CHC), Ermera, attended a two-day orientation meeting on the tools and processes of integrating and implementing the updated people-centered Package of Essential Noncommunicable Disease interventions (PEN) for primary care which is a set of interventions to enable early identification and management of NCDs and their risk factors.

#### **SITUATION IN NUMBERS**

24 confirmed (0 new)0 deaths

(As per data released by the Ministry of Health)

Follow WHO Timor-Leste on Facebook and Twitter.

More information and guidance by WHO regarding the current COVID-19 outbreak can be found here.

GLOBAL SITUATION IN NUMBERS Total (new) cases in last 24 hours

#### **Globally**

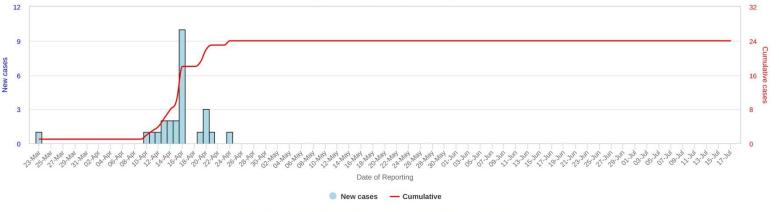
13 378 853 confirmed (226 181) 580 045 deaths (5 579)

WHO RISK ASSESSMENT Global Level Very High

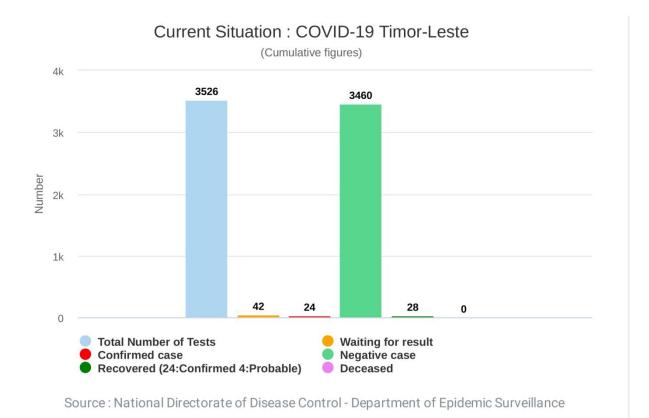


#### New and cumulative COVID-19 cases in Timor-Leste by date of reporting

( 17-Jul-2020 : New cases-0 Cumulative-24 )



Source: National Directorate of Disease Control - Department of Epidemic Surveillance



#### WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
- Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
- Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
- Identify, isolate and care for patients early, including providing optimized care for infected patients;
- Communicate critical risk and event information to all communities and counter misinformation;
- Minimize social and economic impact through multisectoral partnerships.

#### RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

#### Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

**Why?** Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

#### Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

**Why?** When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

#### Avoid touching eyes, nose and mouth

**Why?** Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

#### Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

**Why?** Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

#### If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

**Why?** Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

#### Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

**Why?** National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available <u>here</u>.

#### **COVID-19 Information and media queries:**

- The MoH has established a hotline number 119 for COVID-19 on which people can call to get any COVID-19 related information.
- Additionally, MoH Facebook page provides timely updates on COVID-19 developments in the country.
- WHO Timor-Leste through its <u>Facebook page</u> and <u>Twitter handle</u> also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to <u>singhsho@who.int</u> and <u>hasane@who.int</u>