# **Coronavirus Disease 2019 (COVID-19)**

Situation Report – 87 Timor-Leste



Data as reported by 17 February 2021

#### **HIGHLIGHTS**

- The Ministry of Health (MoH) reported 16 new cases of COVID-19 since the time of last reporting bringing the total number of COVID-19 cases in Timor-Leste to 102. All patients were in quarantine upon their arrival from overseas and are now admitted to the designated isolation and treatment facility at Vera Cruz.
- The surveillance team, as per the national guideline is working on further investigation and contact tracing for close contacts. More details about the new cases can be found at the Ministry of Health's (MoH) Facebook page, <u>Palacio das Cinzas</u>.
- Following discussion between H.E Prime Minister Taur Matan Ruak and WHO Representative on the Oxford-Astrazeneca vaccine, the Council of Ministers (CoM) endorsed it for use in Timor-Leste.
- The Integrated Centre for Crisis Management (ICGI) established three situation room in two border municipalities – Bobonaro and Covalima and in the Special Administrative Region Oecusse to further strengthen coordination on COVID-19 response in the border areas.

#### **SITUATION IN NUMBERS**

102 confirmed (16 new)63 recovered (6 new)39 isolation0 deaths

(As per data released by the Ministry of Health)

Follow WHO Timor-Leste on Facebook and Twitter.

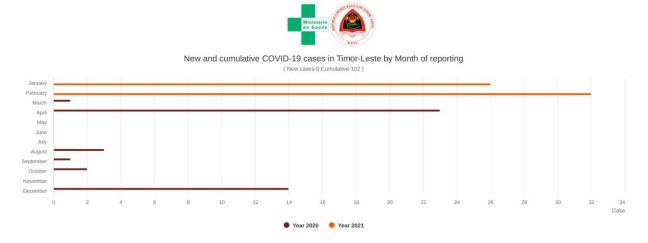
More information and guidance by WHO regarding the current COVID-19 outbreak can be found here.

GLOBAL SITUATION IN NUMBERS Total (new) cases in last seven days

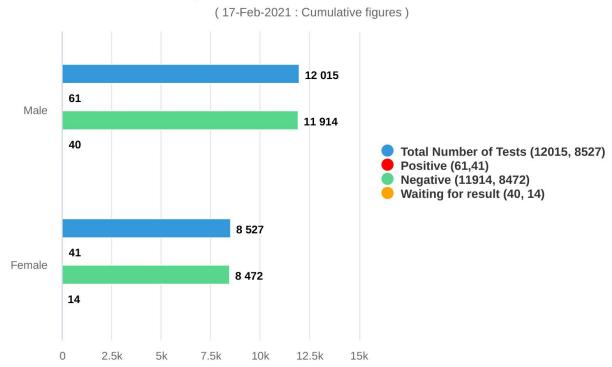
Globally 108 246 992 confirmed (2 726 974) 2 386 717 deaths (81 340)

- The MoH with technical support from WHO and UNICEF conducted one-day orientation for municipality health directors and EPI focal points from 12 municipalities and the Special Administrative Region of Oecusse on COVID-19 vaccine deployment.
- Following the Council of Ministers meeting, the Government decided to impose a health sanitary
  fence in two border municipalities Bobonaro and Covalima. This is done to put a check on the
  high number of illegal crossing in the two municipalities. Travel to and from both municipalities
  and others is prohibited effective from 16 February up to 3 March 2021.
- The MoH is conducting a week-long contact tracing and surveillance in two municipalities' border areas and the Special Administrative Region of Oecusse. In addition, MoH also continues to conduct socialization and advocacy to the community on mass testing, contact tracing and surveillance. The purpose of this activity is to inform the community on the importance of surveillance and understand the extent of COVID-19 transmission if at all. This exercise is also useful in informing the policy makers and programme managers to take decisive calls when

needed. WHO continues to provide financial and technical support to the ongoing contact tracing and surveillance.



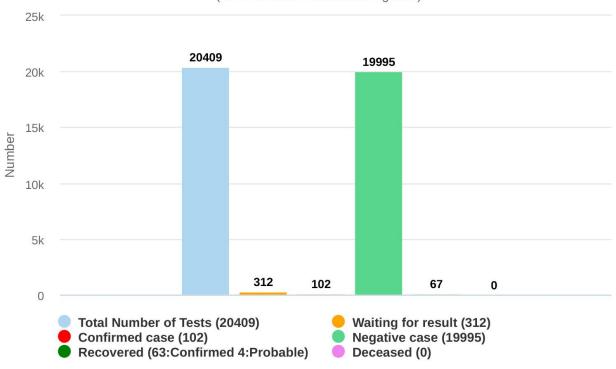
# Laboratory Test Results : COVID-19 Timor-Leste



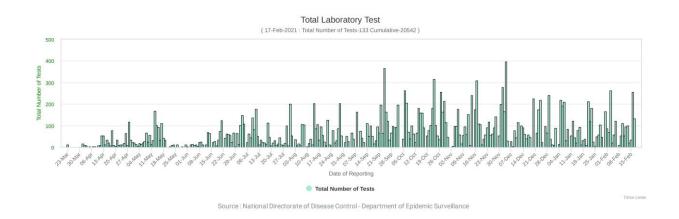
Source: National Directorate of Disease Control - Department of Epidemic Surveillance

# Current Situation: COVID-19 Timor-Leste

(17-Feb-2021: Cumulative figures)



Source: National Directorate of Disease Control - Department of Epidemic Surveillance



## WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
- Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;

- Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
- Identify, isolate and care for patients early, including providing optimized care for infected patients;
- Communicate critical risk and event information to all communities and counter misinformation;
- Minimize social and economic impact through multisectoral partnerships.

#### RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

## Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

**Why?** Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

# Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

**Why?** When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

#### Use face mask when physical distancing is not possible

**Why?** If when you're in a setting where maintaining the physical distance of 1 meter or more is not possible due to the space constraint, then it is imperative that you use a face mask as it can help in stopping the transmission of COVID-19

#### Avoid touching eyes, nose and mouth

**Why?** Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

## Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

**Why?** Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

# If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

**Why?** Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

## Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

**Why?** National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

# Protect ourselves and our loved ones against #COVID19:

- Wash your hands frequently
- Cover coughs and sneezes
- Avoid touching your face
- Avoid crowded places and limit time in enclosed spaces
- Keep a distance of at least 1 metre from others
- Use of mask is imperative when physical-distancing is not possible.
- Regularly clean and disinfect frequently touched objects and surfaces
- Isolate yourself from others if feeling unwell and seek care, if needed

More guidance on preventive measures is available <u>here</u>.

#### **COVID-19 Information and media queries:**

- The MoH has established a hotline number 119 for COVID-19 on which people can call to get any COVID-19 related information.
- Additionally, <u>MoH Facebook page</u> provides timely updates on COVID-19 developments in the country.
- WHO Timor-Leste through its <u>Facebook page</u> and <u>Twitter handle</u> also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to <u>singhsho@who.int</u> and <u>hasane@who.int</u>