

# Coronavirus Disease 2019 (COVID-19)

## Situation Report – 43

### Timor-Leste

Data as reported by 16 June 2020

#### HIGHLIGHTS

- The Ministry of Health (MoH), Instituto Nacional Saude (INS), Hospital Nacional Guido Valadares (HNGV) is currently conducting COVID-19 preparedness and response training for the health staff of community health centers and referral hospitals in Maliana beginning Tuesday, 16 June. This training is being conducted with support from WHO, USAID, John Snow Inc. (JSI) and Health Alliance International (HAI). The technical curriculum for this training has been developed jointly by INS, WHO, Maluk Timor, and St John of God. The training covers 12 main areas of COVID-19 preparedness and response and several other sub-topics. The 12 main areas are; i) introduction to COVID-19, ii) IPC, iii) Triage, iv) PPE, v) Mild and moderate case management, vi) Psychology, vii) Safe transfer of patients, viii) Communicating with patients and families, ix) TB & HIV care in the context of COVID-19, x) Maintaining essential health services xi) Health promotion, and xii) Palliative care.
- As the country nears the end of State of Emergency, WHO, with funding support from USAID is supporting the MoH in further strengthening surveillance and monitoring in the three border districts – Oecusse, Bobonaro, and Covalima – to make the borders safer. Three teams comprising seven persons in each team were trained by WHO and now deployed in the three districts by the MoH. These teams will be responsible for, but not limited to — case detection, contact tracing, support preparation of quarantine and isolation facilities, liaison with Scuol leaders and police officers in locating illegal migrants, their quarantining and follow up, identify and collect samples from patients with respiratory symptoms by working with CHCs and referral hospitals among several other surveillance activities.
- June 14 marked the World Blood Donor Day (WBDD). Blood donations are more necessary than ever during the current COVID-19 pandemic. Donation is an act of solidarity and altruism, which the world needs now more than ever in the context of the COVID-19 pandemic. WHO supported the National Blood Bank and HNGV in commemorating WBDD by organizing a national seminar to raise awareness on the need for safe blood and blood products and to thank voluntary, non-remunerated blood donors for their life saving gifts of blood. There also was a TV talk show on the national television, RTTL.
- Over 35 health workers comprising doctors, nurses, midwives, and health administrators of Lautem municipality underwent hand hygiene training. This is a part of the month-long campaign by the MoH, the Timor-Leste nursing association and WHO to reinforce hand hygiene not only in the context of COVID-19 but also to attain better health outcomes overall.

#### SITUATION IN NUMBERS

**24 confirmed (0 new)**

**0 deaths**

(As per data released by [Centro Integrado Gestao de Crise](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

#### GLOBAL SITUATION IN NUMBERS Total (new) cases in last 24 hours

**Globally**

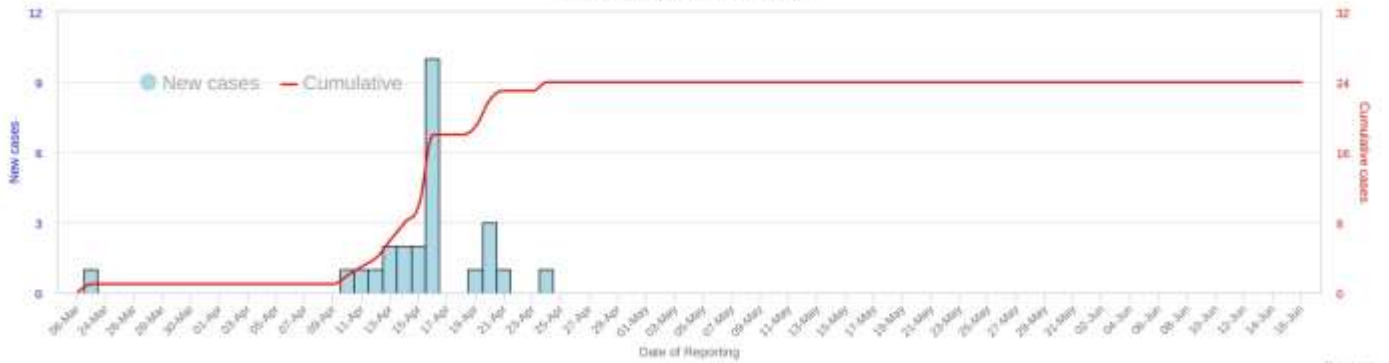
**7 823 289 confirmed (132 581)  
431 541 deaths (3 911)**

**WHO RISK ASSESSMENT**  
Global Level    Very High



New and cumulative COVID-19 cases in Timor-Leste by date of reporting

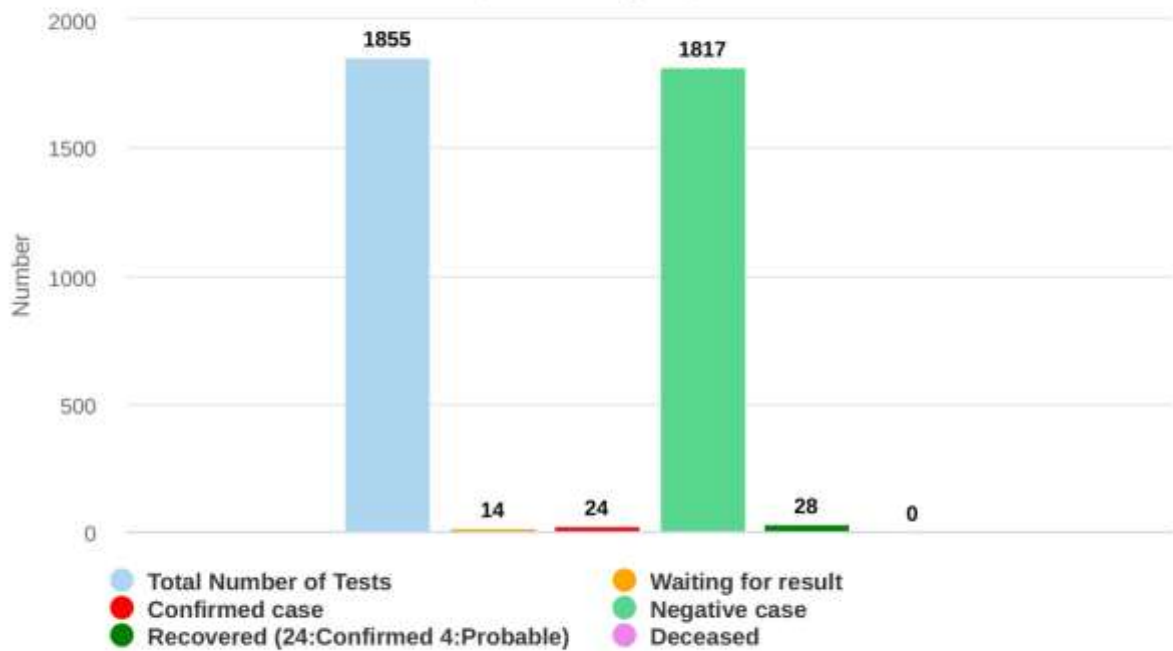
( 16-Jun-2020 : New cases 0 Cumulative 24 )



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

## Current Situation : COVID-19 Timor-Leste

(Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

## WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
  - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
  - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
  - Identify, isolate and care for patients early, including providing optimized care for infected patients;
  - Communicate critical risk and event information to all communities and counter misinformation;
  - Minimize social and economic impact through multisectoral partnerships.
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## RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

### **Wash your hands frequently**

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

**Why?** Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

### **Maintain physical distancing**

Maintain at least 1 metre (3 feet) distance between yourself and others.

**Why?** When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

### **Avoid touching eyes, nose and mouth**

**Why?** Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

### **Practice respiratory hygiene**

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

**Why?** Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

### **If you have fever, cough and difficulty breathing, seek medical care early**

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

**Why?** Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

**Stay informed and follow advice given by your healthcare provider**

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

**Why?** National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available [here](#).

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**COVID-19 Information and media queries:**

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
  - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
  - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to [singhsho@who.int](mailto:singhsho@who.int) and [hasane@who.int](mailto:hasane@who.int)
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