Coronavirus Disease 2019 (COVID-19)

Situation Report – 33 Timor-Leste



HIGHLIGHTS

- The MoH in consultation with partners developed a rapid assessment tool for evaluation of isolation and quarantine facilities in the municipalities. The assessment will begin this week.
- The MoH, the National Health Laboratory (NHL), Centro Integrado Gestao de Crise (CIGC) and WHO are conducting surveillance monitoring in all the 13 districts with the aim of increasing sample collection and subsequent testing.
- The MoH together and Hospital Nacional Guido Valadares (HNGV) with support from WHO, St John of God, Maluk Timor and RACS conducted a daylong "COVID-19 Case Management Training" for clinical staff of the Vera Cruz isolation centre.
- The MoH with support from UNICEF and WHO is conducting orientation and training for healthcare workers in all the 13 districts on the importance of maintaining routine immunization during the COVID-19 pandemic.
- MoH with support from UNICEF, UNFPA, and WHO trained 36 healthcare workers from HNGV and two community health centers (CHC) in Dili on Infection Prevention and Control (IPC) measures to prevent the spread of COVID-19 and other infectious diseases. This activity will benefit 635 mothers and infants, as well as 350 pregnant women attending the national referral hospital and 285

pregnant women attending the two CHCs.

- In view of the poor adherence to physical distancing measure, MoH developed new information and education material with support from UNICEF and WHO.
- An estimated 700 sensitized with messaging on physical distancing at three of Dili's largest markets over the past week with support from UNICEF and WFP in cooperation with the Ministry of Health and Dili Municipality.
- UNICEF, WHO, UNFPA and partners supporting Pillar 9 of the Strategic Preparedness and Response Plan drafted guidelines for the continuation of essential maternal, newborn and child health, nutrition and immunization services during COVID- 19. These guidelines have now been translated in Tetum. Orientation on these national guidelines will be done in 13 municipalities – jointly by the MoH, UNICEF, WHO, UNFPA, USAID, and Australian Aid.

SITUATION IN NUMBERS

24 confirmed (0 new) **0** deaths

(As per data released by Centro Integrado Gestao de Crise)

Follow WHO Timor-Leste on Facebook and Twitter.

More information and guidance by WHO regarding the current COVID-19 outbreak can be found <u>here</u>.

GLOBAL SITUATION IN NUMBERS Total (new) cases in last 24 hours

Globally

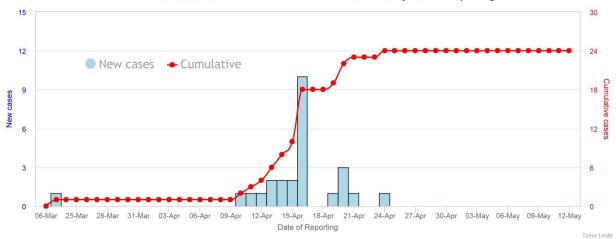
4 006 257 confirmed (88 891) 278 892 deaths (4531)

WHO RISK ASSESSMENT Global Level Very High

- All 13 districts including Região Administrativa Especial Oé-Cusse Ambeno (RAEOA) have been
 reached with vehicle based community outreach campaign with support from UNICEF, WHO, IOM,
 and WFP and a host of other partners. UN agencies provided stickers, posters and banners on COVID19 prevention in addition to broadcast of videos on TV, audio messages on the national and
 community radio channels (including five local dialects).
- UNICEF supported installation of 42 large water tanks and facilities in eight municipalities for hand washing in public spaces during the past two weeks. UNICEF provided 28 of these tanks.
- UNICEF provided 215 units of 50-liter buckets fitted with taps for hand washing facilities and improvement of infection prevention and control to the Ministry of Health. These are for use in health facilities.
- UNICEF and MoH have agreed on the methodology of assessing the status of WASH in health facilities in 5 municipalities. The assessment will inform actions to improve access to WASH in health facilities in the medium to long-term.



New and cumulative COVID-19 cases in Timor-Leste by date of reporting



Source: National Directorate of Disease Control - Department of Epidemic Surveillance

Current Situation: COVID-19 Timor-Leste

(Cumulative figures) 1000 952 781 750 Number 500 250 147 24 22 0 0 **Total Number of Tests** Waiting for result Negative case Confirmed case Recovered (18:Confirmed 4:Probable) Deceased

Source: National Directorate of Disease Control - Department of Epidemic Surveillance

Global Highlights

 One hundred and twenty-seven Emergency Medical Teams (EMTs) are ready or getting ready for deployment. To date, a total of 20 EMTs have been internationally deployed to provide support to 16 countries and another 37 EMTs are supporting national operations in the response to COVID-19.
 More than 3600 beds have been managed by EMTs and have contributed to increasing national capacity, while 340 different training events have been conducted benefitting almost 11 000 front line responders.

WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
- Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
- Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
- Identify, isolate and care for patients early, including providing optimized care for infected patients;
- Communicate critical risk and event information to all communities and counter misinformation;
- Minimize social and economic impact through multisectoral partnerships.

RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available <u>here</u>.

COVID-19 Information and media queries:

- The MoH has established a hotline number 119 for COVID-19 on which people can call to get any COVID-19 related information.
- Additionally, MoH Facebook page provides timely updates on COVID-19 developments in the country.
- WHO Timor-Leste through its <u>Facebook page</u> and <u>Twitter handle</u> also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to <u>singhsho@who.int</u> and hasane@who.int