

Coronavirus Disease 2019 (COVID-19)

Situation Report – 68

Timor-Leste

Data as reported by 07 October 2020

HIGHLIGHTS

- The last active case of COVID-19 was discharged on 7 October 2020. Currently, there are no active cases of COVID-19 in the country.
- Besides maintaining focus on COVID-19 prevention, the Ministry of Health (MoH) with support from the development partners is also committed to maintain the essential health services. The National TB Programme (NTP), with technical support from WHO concluded training of 115 health professionals (TB programme focal points) on the newly revised TB/DR-TB and Latent TB Infection Management guideline. The objective of the training was to further improve and inform the case detection knowledge and treatment acumen. Participants from all 13 municipalities including Special Region of Oecusse comprising district coordinators and assistant for TB programme TB focal points from CHCs in 13 municipalities, and health managers underwent the training over the past two weeks.
- UNICEF handed over 223 GeneXpert test kits (2,230 tests) to the MoH's National Health Laboratory (NHL). The kits will be sent to regional hospitals to strengthen their capacity to test for COVID-19.
- The last of 11-sessions of training the trainer for the Integrated Management of Adult and Adolescent Illness (IMAI) is now concluded. Nine senior doctors and nurse educators participated in the training of trainers provided by two doctors in the United States in the IMAI-IMCI Alliance. The content was focused on the emergency management of severe respiratory illnesses, including COVID-19, in a small hospital setting. The next step is for this group to roll out the training in the coming weeks and months to their juniors.
- The UNICEF health team attended the Joint WHO/UNICEF, regional and country office webinar on using COVID-19 country readiness assessment tool. UNICEF and WHO teams have already conducted briefings to the MOH on the country readiness assessment tool which provides a roadmap for countries to plan for COVID-19 introduction and a structure framework for countries to self-monitor their readiness progress against key milestones.
- The MoH and UNICEF completed the vaccine forecasting exercise for 2021 that will ensure sustained, uninterrupted supply of affordable vaccines of assured quality against available

SITUATION IN NUMBERS

28 confirmed (0 new)
0 deaths

(As per data released by the [Ministry of Health](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

GLOBAL SITUATION IN NUMBERS

Total (new) cases in last seven days

Globally
34 804 348 confirmed (2 026 073)
1 030 738 deaths (39 079)

WHO RISK ASSESSMENT
Global Level Very High

funding through accurate forecasting and appropriate contracting.

- The MoH, WHO and UNICEF teams briefed the INS (National Institute for Health) on the outcomes of the RMNCAH review workshop and developed plans to improve and strengthen collaboration between the training institute and the MoH.
- UNICEF handed over IT supplies to the Ministry of Health's ambulance directorate to strengthen coordination and communication efforts.
- UNICEF undertook scoping and budgeting of WASH improvements for 33 Community Health Centers (CHCs) in five municipalities.
- UNICEF saw the commencement of new permanent WASH facility construction at five critical border locations in Bobonaro, Covalima and Ainaro municipalities.
- UNICEF saw the completion of improvements for existing WASH facilities at 10 critical border locations in Bobonaro, Covalima and Ainaro municipalities.
- At least 3,000 UNICEF-provided portable handwashing buckets (50 liters each) were distributed to schools in support of safe re-opening of schools.



New and cumulative COVID-19 cases in Timor-Leste by date of reporting

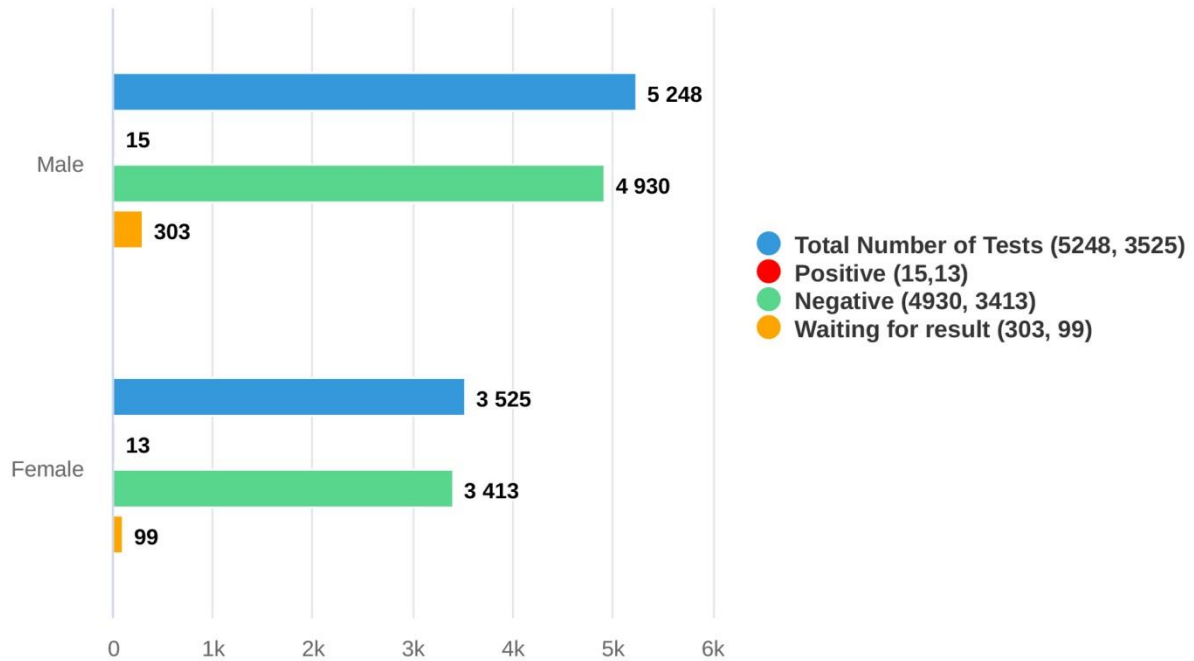
(06-Oct-2020 : New cases-0 Cumulative-28)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Laboratory Test Results : COVID-19 Timor-Leste

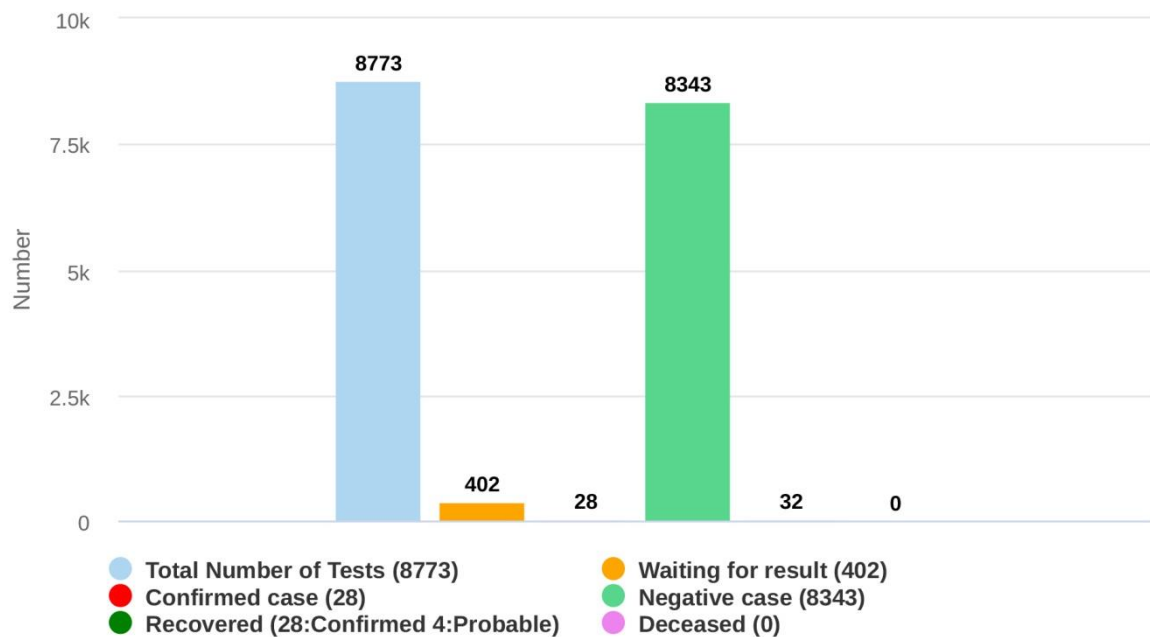
(07-Oct-2020 : Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Current Situation : COVID-19 Timor-Leste

(07-Oct-2020 : Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
 - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
 - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
 - Identify, isolate and care for patients early, including providing optimized care for infected patients;
 - Communicate critical risk and event information to all communities and counter misinformation;
 - Minimize social and economic impact through multisectoral partnerships.
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RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Use face mask when physical distancing is not possible

Why? If when you're in a setting where maintaining the physical distance of 1 meter or more is not possible due to the space constraint, then it is imperative that you use a face mask as it can help in stopping the transmission of COVID-19

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

Protect ourselves and our loved ones against #COVID19:

- ↪ **Wash your hands frequently**
- ↪ **Cover coughs and sneezes**
- ↪ **Avoid touching your face**
- ↪ **Avoid crowded places and limit time in enclosed spaces**
- ↪ **Keep a distance of at least 1 metre from others**
- ↪ **Use of mask is imperative when physical-distancing is not possible.**
- ↪ **Regularly clean and disinfect frequently touched objects and surfaces**
- ↪ **Isolate yourself from others if feeling unwell and seek care, if needed**

More guidance on preventive measures is available [here](#).

COVID-19 Information and media queries:

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
 - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
 - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to singhsho@who.int and hasane@who.int
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