

Coronavirus Disease 2019 (COVID-19)

Situation Report – 49

Timor-Leste

Data as reported by 07 July 2020

HIGHLIGHTS

- WFP's Aviation Global Air Passenger Services with authorization from the Government of Timor-Leste launched WFP's chartered flight linking Dili to Kuala Lumpur on 14 June 2020. These flights have enabled bringing the vital medical supplies and humanitarian workers to respond to COVID-19. During June, three flight flights ferried 48 passengers for 1,689 kgs of medical supplies on behalf of WHO, 165 kgs for WFP and 25 kgs for World Vision. There will be two more flights in July, on 8 July and 22 July.
- Vice Minister of Health, Bonifacio dos Reis Maucoli visited the two border districts, Bobonaro and Covalima to assess the COVID-19 preparedness. The two regions which share land borders with Indonesia witness regular passage of people from across the border. On the sideline of the Vice Ministers visit, WHO also donated several essentials provisions like beds, mattresses, tables, chairs, and survival kits, hygiene kits and sanitary kits to equip the quarantine and isolation facilities in the two districts.
- The MoH, Hospital Nacional Guido Valadares (HNGV), and INS with support from WHO, and USAID are conducting a "Covid-19 Case Management Training" for health professionals from Balibo and Rita-bou community health centres (CHC) in Bobonaro district. About 15 health care workers from each CHC are being trained in different aspects of COVID-19, including safe use of personal protective equipment, introduction to COVID-19, and psychological support among several other topics.
- The increased vulnerability of those with noncommunicable diseases (NCDs) to becoming severely ill and dying from COVID-19 calls for ramping up of efforts for prevention, management, and control of NCDs. About 35 multidisciplinary primary health professionals and administrators of Ermera CHC trained over two days on the updated tools and processes for integrating and implementing the people-centred Package of Essential Noncommunicable Diseases (PEN) Interventions. Ermera CHC caters to a population of 40000 people and has five health posts under its catchment area. The participants were also updated on the rampant spread of COVID-19 globally and the urgent need to stay vigilant even when the country has no active cases.
- The MoH participated in the High-Level Preparatory meeting with Member countries of WHO South-East Asia Region for 73rd Regional Committee Session in September which will focus on COVID-19.
- WHO provided 40,000 posters covering topics like hand-wash, how to use cloth mask, how to use medical mask and risks of spraying on people – to the MoH and the Ministry of Education to be distributed across nearly 2000 schools all over the country to support the safe reopening of schools.

SITUATION IN NUMBERS

24 confirmed (0 new)

0 deaths

(As per data released by the [Ministry of Health](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

GLOBAL SITUATION IN NUMBERS

Total (new) cases in last 24 hours

Globally

11 327 790 confirmed (202 545)

532 340 deaths (4 134)

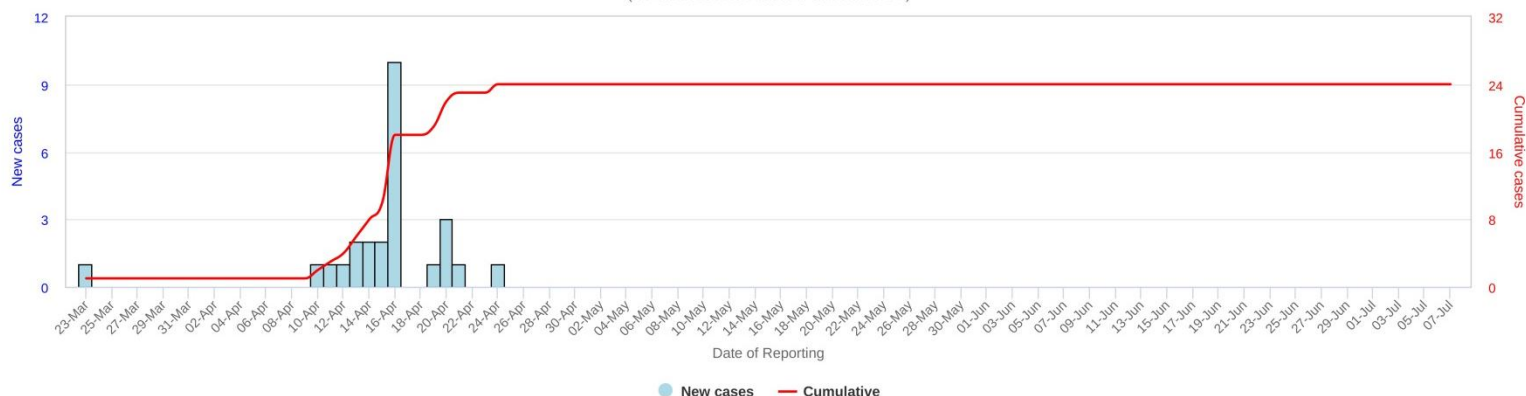
WHO RISK ASSESSMENT

Global Level Very High



New and cumulative COVID-19 cases in Timor-Leste by date of reporting

(07-Jul-2020 : New cases-0 Cumulative-24)

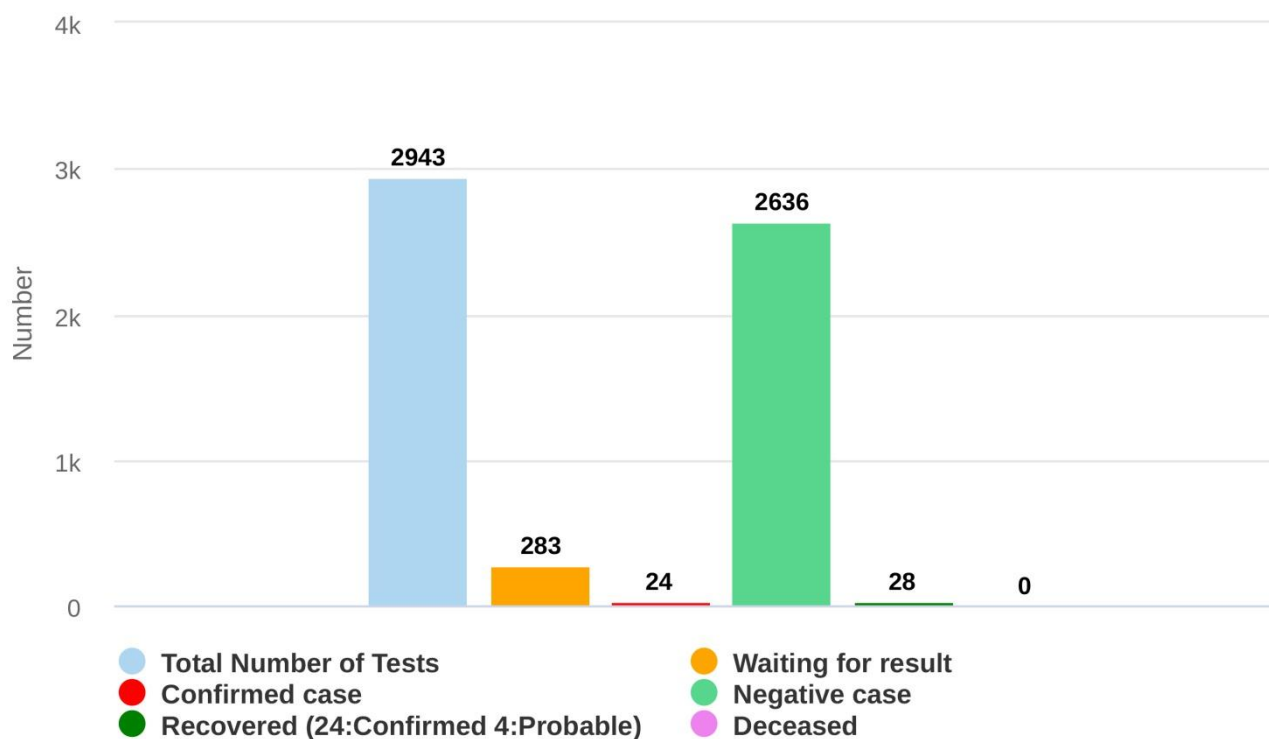


Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Timor-Leste

Current Situation : COVID-19 Timor-Leste

(Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
 - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
 - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
 - Identify, isolate and care for patients early, including providing optimized care for infected patients;
 - Communicate critical risk and event information to all communities and counter misinformation;
 - Minimize social and economic impact through multisectoral partnerships.
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RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available [here](#).

COVID-19 Information and media queries:

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
 - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
 - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to singhsho@who.int and hasane@who.int
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