Coronavirus Disease 2019 (COVID-19)

Situation Report – 94 Timor-Leste



Data as reported by 07 April 2021

HIGHLIGHTS

- Timor-Leste received the first batch of COVID-19 vaccine on 5 April 2021. A specially chartered flight delivered 24,000 doses of the Oxford-AstraZeneca vaccine. This is the first instalment of the 20% that the country is eligible to receive through the COVAX facility.
- The Ministry of Health (MoH) launched the COVID-19 vaccination campaign on 7 April 2021, coinciding with World Health Day 2021 with the theme 'building a fairer and healthier world'. The vaccination campaign was launched at the Dili District Health Services directorate in Formosa, Dili. H.E Prime Minister Taur Matan Ruak took the first jab of the COVID-19 vaccine kicking off the campaign. In the first phase of the COVID-19 vaccination campaign, the MoH will vaccinate the priority group as identified in the National Vaccine Deployment Plan (NVDP) developed with extensive support from WHO and UNICEF. The priority group comprises health workers, frontline workers, and essential support start for the COVID-19 response, people above 60, and people with comorbid conditions like diabetes, cardiac diseases, hypertension, and others.

SITUATION IN NUMBERS

835 confirmed (231 new)388 recovered (199 new)447 active cases1 deaths

(As per data released by the Ministry of Health)

Follow WHO Timor-Leste on Facebook and Twitter.

More information and guidance by WHO regarding the current COVID-19 outbreak can be found here.

GLOBAL SITUATION IN NUMBERS
Total (new) cases in last seven
days

Globally

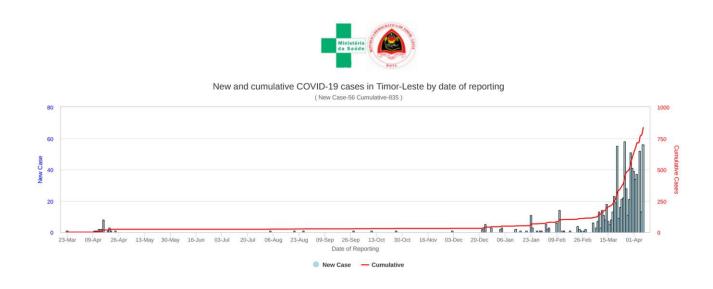
130 459 184 confirmed (4 038 292) 2 842 325 deaths (71 355)

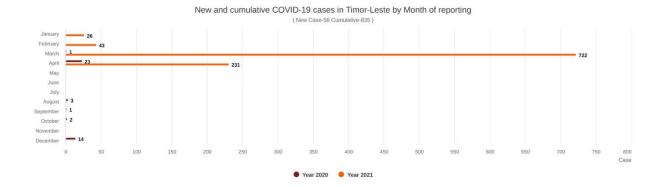
 The Ministry of Health (MoH) reported 231 new cases of COVID-19 since the last time of reporting (31.03.2021) – bringing the total number of COVID-19 cases to 835. The cases are restricted to clusters still. All patients are admitted to the designated isolation and treatment facilities at Vera Cruz, Tasitolu and Lahane.

As on 07.04.2021 – the National Health Laboratory (NHL) performed **46,495** COVID-19 tests including samples collected through targetted mass screenings in the affected municipalities.

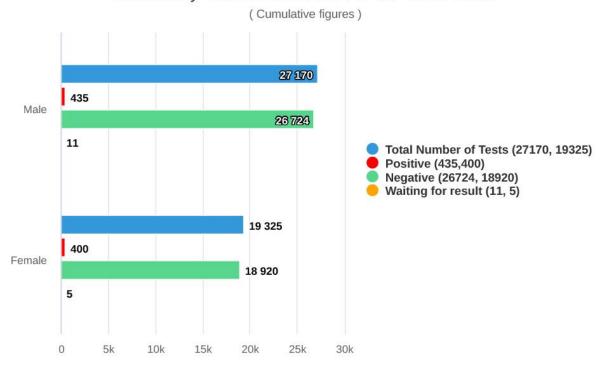
- The surveillance team, as per the national guideline is working on further investigation and contact tracing. More details about the new cases can be found at the Ministry of Health's (MoH) Facebook page, Palacio das Cinzas.
- Timor-Leste recorded the first COVID-19 death on 6 April. A 44-year-old female who suffered
 from hypertension and renal failure was detected positive during targeted mass screening and
 died at Lahane Hospital in Dili, as reported by the MoH.

- The MoH launched the Timor-Leste Health Information System COVID Immunization Tracker
 (TLHIS-CIT) on Wednesday as it launched the COVID-19 vaccination campaign. The COVID-19
 Immunization Tracker or CIT was designed and integrated into the existing Timor-Leste Health
 Information System or TLHIS. With all-round technical support in developing and integrating the
 CIT into the current TLHIS system by WHO Country Office
- The Minister of Health, H.E Dr Sra Odete Maria Freitas Belo along with WHO Representative and WCO team, joined the World Health Organization South-East Asia Region countries meeting, virtually from the WHO Country Office, Timor-Leste for World Health Day 2021 (WHD) commemoration. The Ministers of Health from countries in the Region and WHO together committed to 'building a fairer and healthier world', the theme of the World Health Day this year, at a high-level virtual event.
- Besides, COVID-19 Timor-Leste also witnessed flash flood on 4 April. The heavy rains claimed an
 estimated 34 lives according to a still provisional balance. The floods in various parts of the
 country caused thousands of displaced people, with many houses destroyed, major damage to
 infrastructure with bridges and roads destroyed. In Dili alone there are approximately 9908
 people taking shelter in 30 different locations, where public aid is being provided by
 humanitarian organizations including WHO and many private initiatives as well.

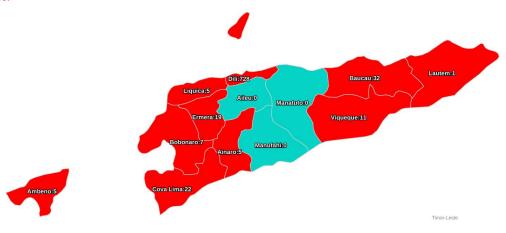




Laboratory Test Results: COVID-19 Timor-Leste



District wise: Positive case
Dili: 728 | Other Districts: 107



WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
- Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
- Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
- Identify, isolate and care for patients early, including providing optimized care for infected patients;
- Communicate critical risk and event information to all communities and counter misinformation;
- Minimize social and economic impact through multisectoral partnerships.

RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Use face mask when physical distancing is not possible

Why? If when you're in a setting where maintaining the physical distance of 1 meter or more is not possible due to the space constraint, then it is imperative that you use a face mask as it can help in stopping the transmission of COVID-19

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

Protect ourselves and our loved ones against #COVID19:

- Wash your hands frequently
- Cover coughs and sneezes
- Avoid touching your face
- Avoid crowded places and limit time in enclosed spaces
- Keep a distance of at least 1 metre from others
- Use of mask is imperative when physical-distancing is not possible.
- Regularly clean and disinfect frequently touched objects and surfaces
- Isolate yourself from others if feeling unwell and seek care, if needed

More guidance on preventive measures is available here.

COVID-19 Information and media queries:

- The MoH has established a hotline number 119 for COVID-19 on which people can call to get any COVID-19 related information.
- Additionally, <u>MoH Facebook page</u> provides timely updates on COVID-19 developments in the country.
- WHO Timor-Leste through its <u>Facebook page</u> and <u>Twitter handle</u> also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to <u>singhsho@who.int</u> and <u>hasane@who.int</u>