

Coronavirus Disease 2019 (COVID-19)

Situation Report – 31

Timor-Leste

Data as reported by 05 May 2020

HIGHLIGHTS

- May 5 is observed as the World Hand Hygiene Day. Celebrated every year on 5 May, Hand Hygiene Day mobilizes people around the world to increase adherence to hand hygiene in health care facilities, thus protecting health care workers and patients from infections. This year, the campaign theme “SAVE LIVES: Clean your hands”, is aligned with the Year of the Nurse and the Midwife, and aims to recognize nurses and midwives as front-line heroes who deserve acknowledgement and appreciation, and highlight their critical roles in infection prevention.
- MoH and HNGV in collaboration with WHO along with partners – UNICEF, St John of God, JSI, Marie Stopes, Nurses Association Timor-Leste (APTL) and CVTL – kicked off a month long hand hygiene campaign on World Hand Hygiene Day, May 5. The partners agreed on the advocacy goals and also the materials that will be used throughout the campaign. The main goal of the Global Hand Hygiene Day campaign is to recognize that hand washing is one of the most effective actions you can take to reduce the spread of pathogens and prevent infections, including the COVID-19 virus.
- MOH, with support from WHO and Menzies School of Health Research, has updated the National guideline for surveillance and contact management. To roll out this guidance document and implement the expanding sentinel surveillance for COVID-19 in all municipalities, five teams led by the National Health Laboratory (NHL) have conducted refresher training for officers and staff in the municipalities and referral hospitals from 1 – 4 May.
- As a part of the preparedness and response, the government, in consultation with partners (Australian Government, World Health Organization Timor-Leste, Partnership for Human Development Timor-Leste, Maluk Timor and St John of God), has identified several new sites as isolation and treatment facilities; these include the Dili Convention Centre (CCD), Tibar, and Lahane. The facilities will be refurbished to meet isolation facility requirements.
- Since January, WHO has been providing and or supporting training and sensitization sessions on different aspects of COVID-19 ranging from infection prevention and control to case management and surveillance, among others. Over 130 such sessions and briefings have been taken place from January until now in which well over 1500 people have undergone either various technical training and or sensitization on COVID-19. Participants have included health professionals, government staff, religious and faith groups and institutions, students, embassy staff, and members of the public. The latest briefings were for Policia Nacional Timor-Leste (PNTL), and Forca Defeza Timor-Leste (FDTL).

SITUATION IN NUMBERS

24 confirmed (0 new)

0 deaths

(As per data released by [Centro Integrado Gestao de Crise](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

GLOBAL SITUATION IN NUMBERS

Total (new) cases in last 24 hours

Globally

3 435 894 confirmed (86 108)

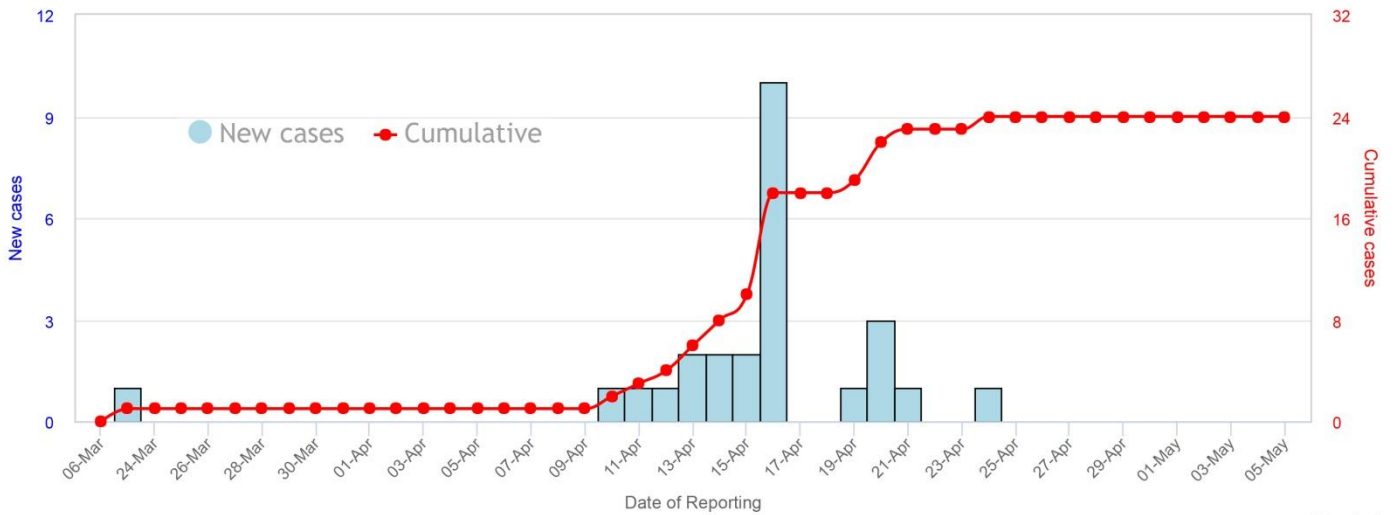
239 604 deaths (976)

WHO RISK ASSESSMENT

Global Level Very High



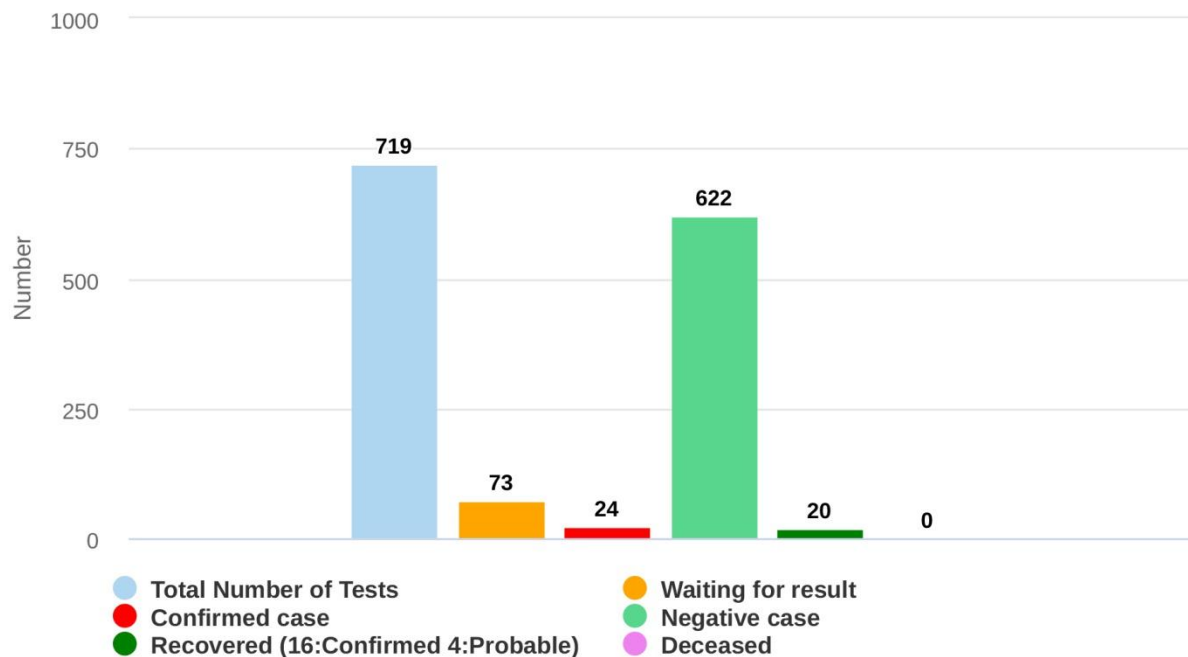
New and cumulative COVID-19 cases in Timor-Leste by date of reporting



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Current Situation : COVID-19 Timor-Leste

(Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Global Highlights

WHO and the European Investment Bank (EIB) will boost cooperation to strengthen public health, supply of essential equipment, training, and investment in countries most vulnerable to the COVID-19 pandemic. The first phase will address urgent needs and strengthen primary health care in ten African countries. The agreement establishes a close collaboration to overcome market failure and stimulate investments in global health, accelerating progress towards Universal Health Coverage.

WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
 - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
 - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
 - Identify, isolate and care for patients early, including providing optimized care for infected patients;
 - Communicate critical risk and event information to all communities and counter misinformation;
 - Minimize social and economic impact through multisectoral partnerships.
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RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available [here](#).

COVID-19 Information and media queries:

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
 - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
 - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to singhsho@who.int and hasane@who.int
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