

Coronavirus Disease 2019 (COVID-19)

Situation Report – 39

Timor-Leste

Data as reported by 02 June 2020

HIGHLIGHTS

- The Ministry of Health (MoH), Instituto Nacional Saude (INS), Hospital Nacional Guido Valadares (HNGV) is conducting COVID-19 preparedness and response training for the health staff of community health centers and referral hospitals in Suai, Ermera and Bobonaro municipalities with support from WHO, USAID, John Snow Inc. and Health Alliance International (HAI).

The technical curriculum for this training has been developed jointly by INS, WHO, Maluk Timor, and St John of God. The training covers 12 main areas of COVID-19 preparedness and response and several other sub-topics. The 12 main areas are; i) introduction to COVID-19, ii) IPC, iii) Triage, iv) PPE, v) Mild and moderate case management, vi) Psychology, vii) Safe transfer of patients, viii) Communicating with patients and families, ix) TB & HIV care in the context of COVID-19, x) Maintaining essential health services xi) Health promotion, and xii) Palliative care.

- Pillar 9 of the Strategic Preparedness and Response Plan for COVID-19 details the urgent need and importance to maintain essential health services, the MoH with technical support from WHO conducted two-day national e-orientation on Clinical Management of DR TB. The orientation focused on hands on demonstration how to read and operate a fully automated ECG reading machine. Additionally, WHO also provided 13 fully automated ECG machines, which will be placed in all 13 municipalities and Referral hospitals for subsequent decentralization of clinical management of DR TB patients.
- Given the association between smoking and COVID-19, the MoH, MoE and the Press Council with technical support from WHO organized a national media workshop on tobacco and COVID-19 to sensitize the media on its role in debunking myths and expose manipulation tactics employed by the tobacco and related industries particularly marketing tactics targeted at youth. The MoH also used the opportunity to launch the Global Youth Tobacco Survey 2019 (GYTS). GYTS conducted among school children aged 13 – 15 years old, and the results show an overall alarming high tobacco use prevalence of 30.9% among schoolchildren.
- Over 35 health workers comprising doctors, nurses, midwives, and health administrators of Liquica municipality underwent hand hygiene training. This is a part of the month-long campaign by the MoH, the Timor-Leste nursing association and WHO to reinforce hand hygiene not only in the context of COVID-19 but also to achieve better health outcomes overall.

SITUATION IN NUMBERS

24 confirmed (0 new)

0 deaths

(As per data released by [Centro Integrado Gestao de Crise](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

GLOBAL SITUATION IN NUMBERS Total (new) cases in last 24 hours

Globally

6 057 853 confirmed (122 917)

371 166 deaths (4000)

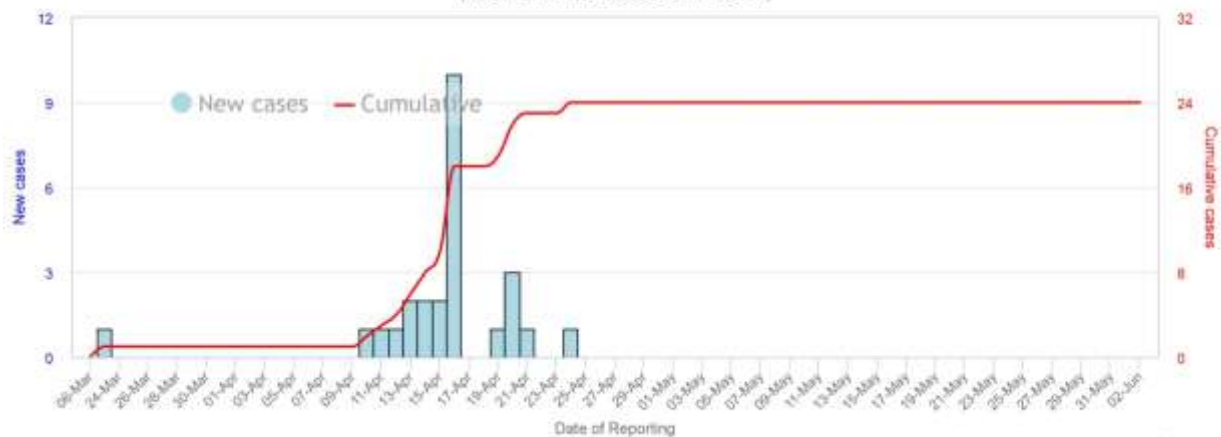
WHO RISK ASSESSMENT

Global Level Very High



New and cumulative COVID-19 cases in Timor-Leste by date of reporting

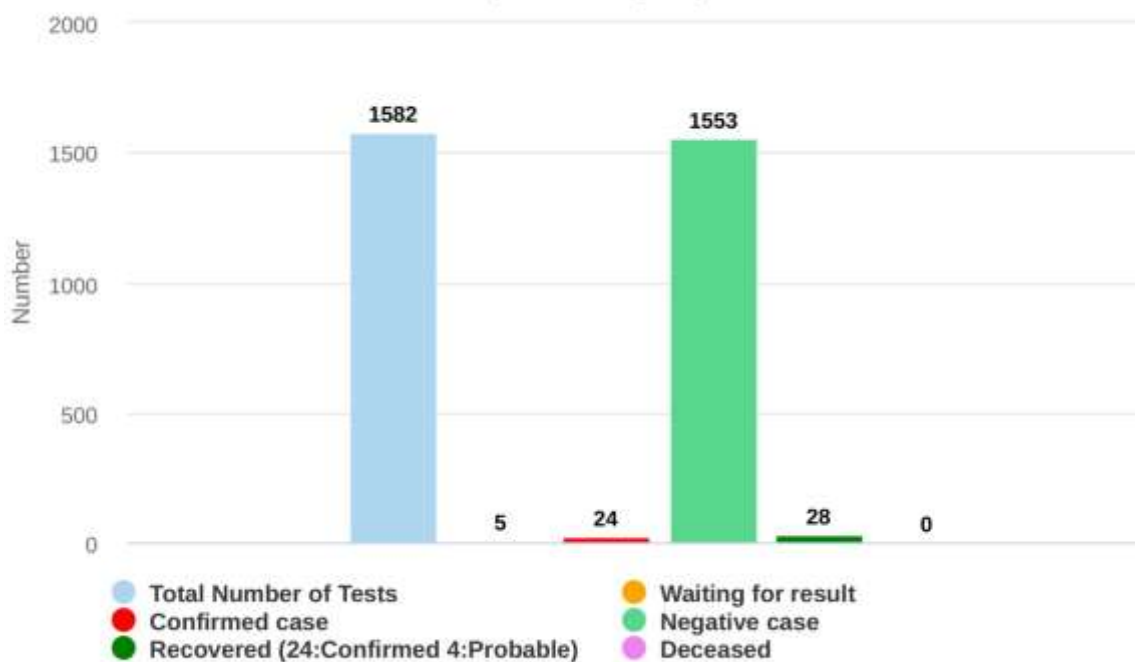
(02-Jun-2020 : New cases=0 Cumulative=24)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Current Situation : COVID-19 Timor-Leste

(Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Global Highlights

- Since the start of the pandemic, there has been an urgent need to accelerate the research and development of COVID-19 candidate vaccines. WHO has been supporting this effort. Currently over 120 candidate vaccines have been mapped and sites in 40 countries have expressed an interest to join the Vaccine Solidarity Trial.
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WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
 - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
 - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
 - Identify, isolate and care for patients early, including providing optimized care for infected patients;
 - Communicate critical risk and event information to all communities and counter misinformation;
 - Minimize social and economic impact through multisectoral partnerships.
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RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available [here](#).

COVID-19 Information and media queries:

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
 - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
 - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to singhsho@who.int and hasane@who.int
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