



UPDATES & ACHIEVEMENTS

ZIMBABWE

2022 KEY ACHIEVEMENTS

- Validation of the mental health investment case (validated by Ministry of Health and Child Care (MOHCC) and a number of stakeholders)
- Trained national level ToTs in all 10 provinces and now piloting the roll out of EQUIP supported mhGAP and Friendship Bench Problem Solving Therapy in selected province, Mashonaland West
- Ongoing QualityRights eTraining rollout. More than 1,000 individuals have completed the online training to certificate stages. A QualityRights 3-year workplan was finalised and costed, which is now being implemented through MOHCC and organisations of People With Lived Experience
- Supported integration of mental health (Polio, COVID-19) in partnership with unconventional stakeholders Zimbabwe Traditional healers' association & Council of Churches. Capacity building of 200 religious leaders in all provinces on MHPSS and community engagement activities
- Development of the WHO-inter-ministerial taskforce engagement on national level drug abuse interventions report
- Introduced mental health in the workplace through the Friendship Bench Problem Solving Therapy intervention, including WHO 10 000 steps a day initiative
- Completed the Special Initiative M&E framework and mental health baseline survey, worked with academic partner, the University of Zimbabwe
- Integration of mental health into HIV/TB protocols

2023 IMPLEMENTATION PLANS

- Development of policy briefs for dissemination of mental health investment case recommendations to inform policy and engagement of stakeholders to inform strategic investment
- Revision of Grand Challenge Canada proposal and commencement of scale up of EQUIP supported mhGAP, Problem Solving Therapy intervention into 4 provinces
- Roll out of national level QualityRights in partnership with key stakeholders including organisations of PWLE, CSOs, NGOs and human rights organisations
- Review of Zimbabwe's Mental Health Act
- Finalise Mental Health services packages
- Integrate Mental Health services into national level protocols of other health conditions
- Review of the District Health Information System and development of a mental health module for the national electronic records
- Support the Inter-ministerial Taskforce to develop and implement drug and substance abuse interventions
- Support the development of the Older Persons Policy