

# WHO SPECIAL INITIATIVE FOR MENTAL HEALTH



## UPDATES & ACHIEVEMENTS

### UKRAINE

#### 2022 KEY ACHIEVEMENTS

- The Government of Ukraine has prioritised the Mental Health and Psychosocial Support (MHPSS) emergency response and recovery, and with support from WHO, established an coordination council under the prime minister of Ukraine, followed by launch of the National MHPSS Programme
- Supporting development of the Operational Roadmap “Ukrainian Prioritized Multisectoral Mental Health and Psychosocial Support Actions During and After the War” – a consensus of stakeholders about priority actions
- Informed by mhGAP launched a service package on provision of mental health services in primary PHC as a part of the State Programme of Medical Guarantees, meaning mental health services may now be reimbursed from the healthcare budget
- Ukraine’s MOH, NHSU, WHO and partners developed an online self-paced course on management of mental health conditions in primary health care settings in Ukraine. Based on mhGAP, the course is now available for all primary healthcare staff in Ukraine (app. 50,000 workers)
- WHO’s work with NHSU has seen the inclusion of Community Mental Health Teams (CMHTs) into the State Programme of Medical Guarantees. WHO has now supported a total of 87 CMHTs in 24 oblasts in 2022. Throughout the war in Ukraine, CMHTs are supporting people living with mental disorders
- Supporting Ukrainian’s affected by the war, WHO in partnership with the project office of the First Lady of Ukraine, launched a self-help initiative. WHO’s “Doing what matters in times of stress” and Self-Help Plus (SH+) as well as the IASC tool “Basic Skills of Self-Care and Support to Others”

#### 2023 IMPLEMENTATION PLANS

- Continued support to national authorities, partners and the project office implementing the National Mental Health and Psychosocial Support Programme (First Lady’s Office)
- Ongoing scale up of mhGAP trainings through joint partners’ initiative and to further develop the NHSU online self-paced course on management of mental health conditions in primary health care settings in Ukraine (including remote supervision)
- Continued development, support and promotion of the CMHTs service model
- Scale up of psychological interventions, especially “Doing what matters in times of stress” and Self-Help Plus
- Planned launch of the QualityRights initiative