

UKRAINE



KEY ACHIEVEMENTS

01

Launched the National Mental Health and Psychosocial Support (MHPSS) programme under the leadership of Ukraine's First Lady.

02

Rollout of the Operational Roadmap to prioritise MHPSS actions across different sectors, focusing on especially vulnerable groups.

03

Established a thematic Intersectoral Coordination Council, under the Office of the Prime Minister, to prioritise MHPSS emergency response and recovery.

04

Introduced a new service package on provision of mental health services in primary health care as a part of the State Programme of Medical Guarantees.

ACTIVITIES



Capacity building

240

trainers received the 4-day Self-Help Plus Training of Trainers and 4-months of supervision in 23 of Ukraine's 24 oblasts.

700

primary healthcare workers were trained in mhGAP and supervised over 6 months.

66

healthcare workers from the penitentiary service of Ukraine trained in mhGAP.

50k

primary healthcare workers received access to a mhGAP-based online, self-paced course on the identification and management of mental, neurological and substance use conditions.

88

new trainers trained in mhGAP.

mhGAP programme introduced in four universities, in graduate and post-graduate programmes.

Signed a Memorandum of Cooperation with partners to use mhGAP to build the capacity of (and provide supervision for) primary healthcare workers.

Stress management interventions and management for stress-related mental health conditions (e.g. PTSD) were introduced in mhGAP training programmes.



Scaling mental health services

Introduced a new service package on provision of mental health services in primary health care as a part of the State Programme of Medical Guarantees.

Community Mental Health Teams (CMHTs) introduced as a national service model and included in the State Programme of Medical Guarantees. Hospitals hosting CMHTs were better prepared to support their clients during the war due to their mobility, innovation and multidisciplinary nature.

87

CMHTs established in all Ukrainian oblasts (24) supported people living with mental health conditions, including internally displaced persons (IDPs); all the while facing fuel and electricity shortages, access limitations and active hostilities.

30

CMHTs received technical support and supervision.

5

CMHTs received financial support to cover their operations in areas affected by the war, such as Dnipropetrovska and Sumska, and areas hosting many IDPs, such as Vinnytska and Zakarpatska oblasts.

23k

consultations provided to more than 1,400 people with severe mental disorders since the beginning of Russia's war with Ukraine.

STRENGTHENING MENTAL HEALTH SYSTEMS

- Implementing the National Mental Health and Psychosocial Support Programme.
- Developing additional online self-paced courses on management of mental health conditions in primary healthcare settings in Ukraine (new modules and remote supervision).
- Promoting community mental health services.
- Scaling up psychological interventions across the country.
- Launching the QualityRights training programme.

Ukrainian volunteer psychiatrist speaks with patients at a medical point that has been set up above Lviv Central Station.

99% of those who reach out to us have been directly affected by the ongoing military conflict.

Member, Community Mental Health Team