

# PHILIPPINES



## KEY ACHIEVEMENTS

01

Increased access to mental health services by establishing the Medicine Access Programme for Mental Health (MAP-MH).

02

Centered the voices of persons with lived experience in mental health policies and programmes.

03

Implementing the Mental Health Act through various technical products and training programmes.

04

Evaluated implementation of the Philippine Council for Mental Health Strategic Plan.

## ACTIVITIES



### Capacity building

61

people completed a Mental Health Internal Review Board with complementary QualityRights e-training to promote and protect human rights in health facilities providing mental health services.

126

participants trained in MHPSS in Emergencies and Psychological First Aid.

Developed a mental health course for local Chief Executives to increase understanding about the goals of the Special Initiative for Mental Health.

Released an eLearning course on Mental Health Advocacy and Leadership for Persons with lived experience.

Developed and piloted an eLearning course on mhGAP-IG for Nurse Educators (in Nursing Schools).

Developed a Community-Based Mental Health capacity building initiative for Community (Barangay) Health workers.

Conducted a series of capacity building activities on mhGAP-IG and the mhGAP Operations Manual.



### Scaling mental health services

142,234

people with mental, neurological and substance use conditions received support from primary health care facilities with mhGAP trained service providers; following continued rollout of mhGAP in face-to-face and online training formats in primary health care facilities across all of the Philippines' Local Government Units.

The Government of the Philippines invested 10.4 million USD for free access to mental health medications.

Pilot tested a new health benefit package for mental health outpatient primary care (164 USD) and outpatient specialist care (293 USD) as support to access mental health services.



### Monitoring & Evaluation

Developed the Mental Health Transitional Information System in collaboration with the Department of Health and the National Center for Mental Health.

Completed a detailed country-specific M&E plan, including a baseline assessment and development of outcome measures and indicators.

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**As someone who lives with a mental health condition, it was such a privilege to contribute to the development of a training module on mental health advocacy and leadership – that is intended for other persons with lived experience.**

Service User

## STRENGTHENING MENTAL HEALTH SYSTEMS

- Supporting governing bodies to implement the Mental Health Act and Philippine Council for Mental Health Strategic Plan.
- Increasing access to integrated, quality mental health care through mhGAP training to both health and non-health professionals (task-sharing).
- Strengthening patient navigation and referral pathways.
- Training and piloting of brief psychological interventions to accompany mhGAP treatment protocols.
- Building the capacity of providers in secondary care facilities (including QualityRights eTraining).
- Developing a mental health information system.
- Refining and improving monitoring and evaluation for both the Special Initiative for Mental Health and the Philippine Council for Mental Health Strategic Plan.



Persons with lived experience participate in pilot testing a training package, led by the Department of Health and WHO Philippines.



World Health Organization