

JORDAN



KEY ACHIEVEMENTS

01

Development of a National Mental Health and Substance Use Action Plan (2022-2026) based on evaluating existing needs and gaps.

02

Integration of mhGAP in the pre-service training curriculum for family physicians at the national level.

03

By 2022, 31% of primary health centres across the kingdom were providing mhGAP services (compared to 17% in 2021).

04

Inclusion of Mental Health and Psychosocial Support in several national emergency preparedness and response plans.

ACTIVITIES



Capacity building

- 15** health care providers trained as mhGAP trainers of trainers (ToTs).
- 110** health care workers trained on different modules, including mhGAP, in partnership with the Jordanian Nursing Council.
- 20** specialists trained as trainers for Caregiver Skills Training (CST), forming a cohort of Master Trainers to expand CST to support families with children with developmental delays and disabilities.
- 50** mental healthcare professionals trained in Cognitive Behavioural Therapy to build capacity for psychotherapeutic treatments, for people with common mental health conditions receiving support via primary and secondary health care services.
- 292** Ministry of Health primary health care providers, from 85 health centres and health directorates, trained on mhGAP.



Scaling mental health services

- Procurement of supplies and equipment for four community mental health centres and one inpatient unit.
- Developed two Standard Operating Procedures manuals with the Jordanian Nursing Council to strengthen inpatient and outpatient units in general hospitals and the National Centre for Mental Health.
- Provided supervision for 8 multi-disciplinary teams from several government hospitals, in collaboration with the Jordanian Nursing Council.
- Assessed availability of the WHO List of Essential Medicines with the Ministry of Health, and drafted recommendations for increasing supply of psychotropic medicines; improving awareness among physicians and clinic managers of prescription rights and medicine request processes.
- Technical and logistics support to service users' associations to increase income-generating opportunities.



Advocacy

350,000

people reached through a community mobilisation and awareness campaign conducted in partnership with the Royal Health Awareness Society.

I enjoy sharing my experience with people when they ask about what I have been through because this saves their time and effort.

Service User

STRENGTHENING MENTAL HEALTH SYSTEMS

- Integrating postpartum depression assessments and reports at maternity and child health clinics.
- Strengthening uptake of the newly endorsed Law on the Rights of Persons with Disabilities (No.20, 2017), in collaboration with the Ministry of Health and the Higher Council for Rights of Persons with Disabilities.
- Scaling-up training using the WHO Regional School Mental Health Programme throughout Jordan, in collaboration with the Royal Health Awareness Society.
- Strengthening mental health governance by developing terms of reference and workplans for the Ministry of Health Directorate for Mental Health and Disabilities.

High-level meeting on integration of mhGAP in the family physicians training program