SPECIAL INITIATIVE FOR MENTAL HEALTH

# GHANA

## KEY ACHIEVEMENTS

**01**
Ministry of Health approval of a comprehensive essential health services package, which includes mental health services.

**02**
Mental Health Board inaugurated to provide strategic guidance for mental health services.

**03**
Inclusion of selected mental health conditions in the National Health Insurance Benefit Package.

## ACTIVITIES

### Capacity building

**45** health staff trained to screen for mental health conditions for people and their caregivers living with TB.

**6** regions consulted and engaged to develop regional work plans to guide implementation of activities under the initiative.

Collaboration with Ghana Somubi Dwumadie to establish and build capacity of members of the Mental Health Review Tribunal and Visiting Committees.

Adaptation of abridged mhGAP modules to form part of country office plans to rollout training of WHOs package of essential non-communicable disease interventions for primary health care.

### Monitoring & Evaluation

Baseline data for implementation collected across regions.

Enlisted support from the Mental Health Society and other civil society organisations to monitor the quality of mental health services.

Completion of a rapid Ghana mental health assessment in collaboration with the University of Washington.

Improved surveillance systems for mental health.

### Advocacy

Disseminated the World Mental Health report to a wide stakeholder group.

Celebrated World Mental Health Day in collaboration with the Mental Health Authority to create public awareness about mental health.

Regional stakeholder engagement meeting at an inception meeting for the Special Initiative for Mental Health

> **We would be very happy if the government could invest more into mental health care.**
>
> — Esenam Drah, Service User

## STRENGTHENING MENTAL HEALTH SYSTEMS

Advocating for financial risk protection for persons living with mental health conditions under the benefit package of the national health insurance scheme.

Ongoing capacity strengthening in primary health facilities for early detection of mental disorders, treatment, management and psychosocial support.

Strengthening collaboration with civil society organisations, persons living with mental health conditions and relevant partners to improve the quality of mental health services through the work of the Mental Health Tribunal and Visiting Committees.

Building a research culture and facilitating an enabling ecosystem for research on mental health.

**World Health Organization**