GHANA

KEY ACHIEVEMENTS

52 emergency responders trained in Mental Health and Psychosocial Support, 120 stakeholders trained in the QualityRights human rights approach, and 186 primary healthcare staff trained in mhGAP.

Identification of psychosis increased by 25%, indicating improved services coverage; and 11,500 more people were newly registered to receive care for other mental, neurological and substance use conditions

Development of new reporting forms and mental health indicators, and orientation for 120 data managers and stakeholders to improve mental health reporting.



- Ghana committed to covering Depression, Psychosis, Anxiety, and Bipolar Disorder in the National Health Insurance Scheme package from November 2024.
- Ghana commemorated World Suicide Prevention Day and World Mental Health Day 2024 with national campaigns and social media outreach.
- WHO worked with Ghana Health Service, Mental Health Authority and BasicNeeds Ghana with funding from FCDO, to provide mental health & psychosocial support services (MHPSS) for 6000 flood survivors.
- Ghana completed the ATLAS-2024, IGAP (The Intersectoral Global Action Plan), and GDO (Global Dementia Observatory) surveys to collect national mental health data.



CAPACITY BUILDING

- 30 community volunteers trained in Mental Health and Psychosocial Support Services and self-help group formation to aid communities affected by the Akosombo Dam spillage floods.
- 3,000 people completed the self-paced QualityRights e-training to improve person centred -rights based care for persons living with mental, neurological psychosocial and other vulnerable groups.
- 43 health professionals trained in sentinel surveillance for mental health data collection and research ethics.
- 30 community volunteers trained in MHPSS services to assist flood-affected communities in recovery and resilience-building.
- 21 mhGAP trainers received refresher training, integrating the Enhancing Quality in Psychological Support (EQUIP) assessments to ensure the competencies of trainers and their future trainees to deliver quality mental health care.
- 870 primary healthcare staff (midwives, nurses and doctors) oriented on maternal mental health.



SCALING UP MENTAL HEALTH SERVICES

- The newly introduced mental health indicators and reporting formats is being scaled up to district and facility levels in selected regions (Western North, Savannah, Bono-East, Northern, Ahafo and Oti).
- Ongoing engagement with **National Health Insurance** Authority to define operationalization of the scheme for the newly covered mental health conditions.
- Regular engagements with government agencies, CSOs (civil society organizations), and development partners to enhance mental health governance & integration.



- Sub-national dissemination and publication of data on depression and suicide.
- Assessing the impact of including four mental health conditions into the National Health Insurance Scheme
- Data collection across nine implementing facilities in Northern, Bono-East, and Ahafo regions for the mhGAP sentinel site survey to assess service user outcomes.
- Train additional district and facility data managers on the newly developed reporting forms and mental health indicators



