

GHANA



KEY ACHIEVEMENTS

01

During the 2023, the number of new cases of psychosis identified **increased by 38%**, demonstrating the link between increasing access to mental health services and treatment coverage for mental health conditions

02

More than **3 million** more people in Ghana have access to mental health services

03

Inclusion of selected mental health conditions in National Health Insurance Benefit Package, reducing out-of-pocket costs for people receiving treatment for mental health conditions



Capacity building and scaling up mental health services

ACTIVITIES

- QualityRights has supported improvements in rights-based mental health services across the implementing regions.
- mhGAP training for **60 Primary Health Care providers** in Ahafo Region.
- Two additional regions (Oti and Ahafo) were enrolled into the Initiative, with **124 stakeholders** in health and non-health sectors (education, judiciary, social welfare, Traditional and Faith-Based practitioners etc.) trained in QualityRights.
- A situational analysis for maternal mental health services, with support from the United Kingdom-Foreign Commonwealth and Development Office (UK-FCDO), was completed. The report will be launched in 2024 to guide policies and strategies for integrating mental health into routine maternal health service delivery across Ghana.
- 948 new people** trained in mental health and psychosocial support.
- WHO engaged **31 new organisations** to strengthen and increase mental health capacity and services.
- 15,638 trained** in WHO's QualityRights.



Advocacy

- Ministry of Health approved a **new Comprehensive Essential Health Services Package (2022-2030)**, which includes mental health services. The package defines the type and provision of essential services for each level of health care.
- In the Oti region, **8,000 people** received mental health education through community engagements, radio discussion and service user fora as part of 2023 World Mental Health Day Celebrations: "Mental Health is a Universal Human Right".
- Ghana conducted its **first nationwide STEP survey for NCDs and risk factors**, including depression and suicide.

PRIORITIES FOR 2024

- Improving data quality by focusing more on monitoring and evaluation and national-level mental health surveillance
- Scaling-up to include two more regions, Bono-East and Northern, to further increase availability of mental health services
- Continuing advocacy for four additional mental health conditions to be covered under the National Health Insurance Benefits Package
- mhGAP service user outcomes assessments in 9 facilities from 3 regions (Northern, Bono-East and Ahafo), to monitor follow-up visits and impacts of treatment



A team educating the community through radio discussion



World Health Organization

75 HEALTH FOR ALL