

WHO SPECIAL INITIATIVE FOR MENTAL HEALTH



THE REPUBLIC OF THE PHILIPPINES

- Mental health represents an estimated 2.65% of the health budget in the Philippines, but most of the funds are used to sustain long-stay psychiatric hospitals
- 60% of primary care clinic patients have at least one mental, neurological and/or substance use condition
- For every 200,000 people in the Philippines there is only 1 psychiatrist and one psychiatric nurse to provide professional mental health care. There is only 1 psychologist per every 1 million people.
- The Philippines supports 4 large psychiatric hospitals, 46 psychiatric inpatient units, and 29 outpatient mental health facilities
- 69% of Local Government Units (LGUs) have trained health providers in WHO mhGAP
- 14% of the LGUs have trained staff on mental health and psychosocial support (MHPSS) disaster preparedness

STRENGTHS

- National mental health legislation supports a universal right to mental health care
- Strong political commitment for mental health to be integrated to Primary Health Care
- A significant primary care workforce is already trained in WHO mhGAP
- The public health information system already includes mental, neurological and substance use conditions for data collection and analyses

CHALLENGES

- Low help-seeking behavior by people experiencing mental health conditions given high stigma and misunderstanding
- Lack of insurance coverage for mental health outpatient services
- Lack of mental health specialists in provinces to supervise mental health being managed through in primary health care services
- 20,000+ primary health care facilities managed through 2,590 district health bureaus in the Philippines makes the assurance of quality of services and equitable resources particularly challenging

THE PHILIPPINES' DESIGN PROCESS

1

Participants were segmented into one of four groups (Governance, Services, Prevention and Promotion, or Information and Research) and collaborated during remote workshops

2

Collaboration between Local Government Units and civil society representatives created the log frame and narrative document

3

Review of the log frame and design document by technical working groups and stakeholders

4

Narratives and log frames sent to the Department of Health for finalisation

THE PHILIPPINES' LOGICAL FRAMEWORK FOR PLANNED WORK UNDER THE WHO SPECIAL INITIATIVE FOR MENTAL HEALTH

GOAL:

Mental health is valued, promoted and protected; conditions are treated and prevented; increased quality of life of persons affected by mental health conditions, and they can exercise their full range of human rights, supported by a strengthened leadership, sustainable accountability and inclusive governance through a whole-of-society, whole-of-government, and health systems approach.

OUTCOMES AND OUTPUTS

1

Develop sustainable mental health governance and accountability structure

- Operationalize the Mental Health Act
- Promote and finance the scale up of services
- Protect human rights

2

Increase access to integrated, quality care

- Expand community-based services
- Integrate mental health services in humanitarian emergencies

3

Increase mental health research

- Strengthen mental health information system
- Improve evidence generation and utilisation

INDICATORS

- % of government health expenditure allocated to mental health
- Number of national government agencies implementing their mandate in accordance to the Mental Health Act
- Increase in the number of persons with mental health conditions who are able to exercise their rights
- Reduced human rights violations committed to persons with mental health conditions

- % Treatment coverage for selected mental, neurological and substance use disorders in areas where affordable, quality mental health services are offered
- Number of people from the emergency affected population who received psychosocial interventions
- Reduced suicide rates
- Increase in the number of persons with mental health conditions reintegrated in the community

- # of facilities using standard information system
- Routine data are collected and reported
- Number of researches translated to policy, guidelines or guidance documents