WHO
SPECIAL
INITIATIVE
FOR
MENTAL

HEALTH





## **UPDATES & ACHIEVEMENTS**

## THE PHILIPPINES

## 2022 KEY ACHIEVEMENTS

- A mental health course for Local Chief Executives was developed to increase understanding about the goals of the Special Initiative for Mental Health
- An eLearning Course on Mental Health Advocacy and Leadership for Persons with Lived-Experience was released
- Training of Trainers to establish the QualityRights
   eTraining as a pre-requisite for the Internal Review Board;
   61 people completed the training
- Implementation of The Philippine Council for Mental Health (PCMH) Strategic Plan was reviewed and evaluated
- A series of mhGAP-IG version 2 (covering Depression, Psychoses, Epilepsy, and Self-Harm/Suicide modules) and mhGAP Operations Manual capacity building activities conducted
- An eLearning course on mhGAP-IG for Nurse Educators (in Nursing Schools) was developed and piloted
- Early development of a Community Based Mental Health capacity building initiative for Community (Barangay)
   Health Workers
- Completion of a detailed country-specific M&E plan, including a baseline assessment and development of outcome measures and indicators
- WHO Philippines continued work with the Department of Health and the National Center for Mental Health on updating the mental health information systems development

## 2023 IMPLEMENTATION PLANS

- Strategic and targeted support for governing bodies to implement the Mental Health Act and Philippine Council for Mental Health Strategic Framework
- Update the Philippine Council for Mental Health Strategic Framework 2023-2030
- Continue efforts to refine and improve monitoring and evaluation for both the Special Initiative for Mental Health and the Philippine Council for Mental Health Strategic Plan
- Focus on the "deinstitutionalization" strategy by establishing of community based mental health programs in various local government units with mhGAP as a core capacity building method to both health and non-health professionals (task-sharing), in addtion to QualityRights eTraining
- Establishment of heath care provider networks in a province/city-wide health systems to strengthen service user or client navigation and referral
- Commence integration of services for substance abuse with mental health program
- Streamline development of the mental health information system