



UPDATES & ACHIEVEMENTS

NEPAL

2022 KEY ACHIEVEMENTS

- An Economic Investment Case for Mental Health has been prepared and submitted to government for endorsement
- Collaboration with universities established. Strengthening pre-service education on mental health of MBBS program, common competencies for MBBS program defined and development of MPhil Clinical Psychology at B.P. Koirala Institute of Health Sciences
- 4 training packages updated with Nepal's National Health Training Centre
- 1 new training package for school nurses developed. 116 nurses and 269 teachers trained in 120 schools in Bagmati
- A total of 35 districts received support (19 districts are getting focused support while > 16 districts getting support with partial coverage)
- 2171 (49 medical recorders, 215 program managers and 584 primary care providers, 116 nurses, 269 teachers, 938 Female Community Health Volunteers) trained on mental health
- 15 mental health and well-being episodes broadcasted on national radio
- >20 specialist clinics run at district hospitals
- 3 hospitals started acute care services: 25 mental health beds added
- 1166 suicide helpline is under operation

2023 IMPLEMENTATION PLANS

- Development of mental health toolkit for municipalities
- Roll out mhGAP training
- Manage clinical mentoring and supervision of the clinical care providers
- Engagement of persons with lived experience in mhGAP training
- Development of community engagement and demand generation activities in collaboration with municipalities
- Dementia care plan development
- Expansion of suicide prevention and registries
- Identifying care gaps for epilepsy and improving care