

Zimbabwe



The case for investment in mental health

CURRENT BURDEN OF MENTAL HEALTH CONDITIONS



163.6
million US\$
per year

0.6% of GDP



8.8
million
US\$ direct
costs

due to healthcare
expenditures



154.8
million
US\$ indirect
costs

due to loss of workforce
and reduced productivity

INVESTMENT REQUIRED OVER 20 YEARS



518.4
million US\$

(33.4 US\$ per capita)

Investment required for selected
clinical packages and population-
based preventive interventions over
a 20-year period

ANXIETY
DISORDERS

72.6

million US\$

DEPRESSION

85.2

million US\$

PSYCHOSIS

40.9

million US\$

BIPOLAR
DISORDER

109.5

million US\$

EPILEPSY

20.8

million US\$

ALCOHOL
USE
DISORDER

124.5

million US\$

PESTICIDE
BAN

9.5

million US\$

UNIVERSAL
SCHOOL-BASED
INTERVENTIONS

55.4

million US\$

RETURN ON INVESTMENT OVER 20 YEARS



1.7 billion
US\$

includes productivity
gains and social value
of health

ROI Healthy life-
years gained Total productivity
gained

Anxiety disorders	2.7	89 051	268.3 million US\$
Depression	3.3	192 398	531.2 million US\$
Psychosis	1.8	39 700	115.3 million US\$
Bipolar disorder	0.7*	26 428	75.2 million US\$
Epilepsy	11.6	91 517	261.5 million US\$
Alcohol use disorder	1.4*	41 356	176.9 million US\$
Pesticide ban	14.4	37 734	145.4 million US\$
Universal school-based interventions	0.6	47 987	88.6 million US\$

*Benefit-cost ratio