

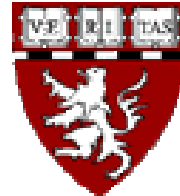


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GENERAL HOSPITAL

MEDICAL PRACTICE  
EVALUATION CENTER



NORTHWESTERN  
UNIVERSITY



# Revisiting Optimal Breast Feeding Durations: *Modelling the impact of maternal ARV use and infant mortality*

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Geneva, Switzerland

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# Outline

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- Roles for model-based analyses in pediatric HIV
- Overview of prior work
- Revised analyses to inform 2015 guidelines

# Why Model-based Analyses?

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- Decisions must be made before “perfect” information can be obtained
  - Data are incomplete or controversial
  - Trials are infeasible
  - Outcomes are difficult to ascertain for entire cohort
- Integrate existing, varied data to understand a cascade or chain of care/delivery services
- Balance of risks and benefits required
  - Competing events over time (mortality vs. infection)

# Goals

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- To examine the breastfeeding duration that maximizes HIV-free survival (HFS) for infants of HIV-infected mothers, incorporating:
  - Relative risks of child mortality due to replacement feeding
  - ARV duration during breastfeeding (retention in care)
  - Neonatal/infant/under-5 mortality rates
- To acquire feedback for an online tool that may inform BF recommendations

# CEPAC-Pediatric Model

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- Monte Carlo simulation model
  - Published data: MTCT risks, HIV disease progression, impact of ART
  - Previously validated against published survival and HFS data
- For this analysis, “simplified” CEPAC-Pediatric model: focus on MTCT and mortality among HIV-exposed infants
  - Infants enter the model at birth as HIV-exposed/uninfected
  - Monthly risks of: HIV infection, all-cause mortality, maternal mortality
    - MTCT risk: Modified by maternal ARV use
    - Infant mortality risk: Modified by feeding modality
      - Replacement feeding → increased all-cause mortality risk
      - Relative risk from replacement feeding: “RR-RF”
  - Maternal mortality → weaning (RR-RF applies, MTCT risk ends)
- Outcome of interest: HIV-free survival (HFS) at 24 months

# Optimal BF durations: Existing Models

Ciaranello *et al.*, *AIDS* 2014

Maternal CD4/ $\mu$ L, ARV availability	24-month HIV-free survival (%) <sup>a</sup>						
	Breastfeeding duration (months)						
	0 <sup>b</sup>	3	6	9	12	18	24 <sup>c</sup>
<b>RR-RF 1.0</b>							
CD4 $\leq$ 350, no ARVs	93.0	90.9	89.0	85.8	82.8	77.4	72.7
CD4>350, no ARVs	93.0	92.3	91.7	90.6	89.6	87.5	85.6
CD4 $\leq$ 350, maternal ART	93.0	92.1	91.2	90.3	89.4	87.7	86.0
CD4>350, infant NVP	93.0	92.4	91.8	91.2	90.6	89.5	88.3
CD4>350, maternal ART	93.0	92.5	92.0	91.5	91.0	90.0	89.0
<b>RR-RF 2.0</b>							
CD4 $\leq$ 350, no ARVs	86.5	87.1	86.3	83.9	81.6	76.8	72.3
CD4>350, no ARVs	86.5	88.5	89.0	88.7	88.4	87.1	85.4
CD4 $\leq$ 350, maternal ART	86.5	88.3	88.5	88.4	88.2	87.2	85.9
CD4>350, infant NVP	86.5	88.5	89.1	89.2	89.4	89.0	88.2
CD4>350, maternal ART	86.5	88.7	89.3	89.5	89.8	89.6	88.9
<b>RR-RF 3.0</b>							
CD4 $\leq$ 350, no ARVs	80.4	83.5	83.7	82.0	80.4	76.2	72.0
CD4>350, no ARVs	80.4	84.9	86.4	86.8	87.2	86.6	85.3
CD4 $\leq$ 350, maternal ART	80.4	84.6	85.9	86.4	87.1	86.8	85.8
CD4>350, infant NVP	80.4	84.9	86.4	87.3	88.2	88.5	88.1
CD4>350, maternal ART	80.4	85.0	86.7	87.6	88.6	89.1	88.9

Limitations:

1. Unable to capture adherence or variations in durations of ARV use  
-- E.g. continued BF after discontinuing ART
2. RR-RF values are difficult to know for any given setting or individual
3. Relationship between RR-RF and underlying infant mortality rates is not clear
4. Other published models: 0, 6, 24 months, pre-ARV data

# Optimal BF durations: New Assumptions

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- Maternal ART use
  - Categories of ART duration: 0, 3, 6, 9, 12, 15, 18, 24 months
    - MTCT risk after ART discontinuation assumed equal to MTCT risk with no ART use

# Inputs: Postnatal Infection Risks

Maternal status	Exclusive BF risk/month	Mixed BF risk/month	Sources
<b>No ART</b>			
CD4 >350/ $\mu$ L	0.0024	0.0040 <i>Spectrum: 0.0051</i>	ZEBS; ZVITAMBO, Coutsoudis 01, Leroy 98
CD4 $\leq$ 350/ $\mu$ L	0.0076	0.0128 <i>Spectrum: 0.0157</i>	ZEBS; ZVITAMBO, Coutsoudis 01, Leroy 98
<b>Maternal ART</b>			
Any CD4	0.0019	0.0019 <i>Spectrum: 0.02</i>	KiBS, AMATA, Mitra Plus, DREAM, BAN, MASHI, Kesho Bora, Mma Bana

## Assumptions:

1. CD4 distribution among women not on ART from MTCT-Plus cohort (new)
2. MTCT on ART does not depend on maternal CD4 (new)
3. Risk is constant over time for infants who continue to breastfeed (unchanged)



# Inputs: Mortality Risks (HEU at birth, BF)

- Mortality rates for HIV- exposed/infants derived from 21 Global Plan countries<sup>1</sup>
  - Assumed that HIV-exposed/uninfected infants experience the same mortality risks as infants in the general population

	Neonatal Mortality (per 1000)	Infant Mortality (per 1000)	Under - 5 Mortality (per 1000)
<b>Moderate Mortality (Base Case)</b>	<b>30</b>	<b>55</b>	<b>85</b>
Low Mortality	20	45	65
High Mortality	45	80	120

# Comparing Prior and New Inputs

Age (months)	Mortality risk (%/month) Prior analysis: Becquet and Marston	Monthly risk (%/month) Current analysis: U5 mortality rates
0-2	1.01 (0.91-1.15)	1.16 (0.76-1.72)
3-5	0.41 (0.38-0.45)	0.24 (0.14-0.34)
6-11	0.28 (0.28-0.30)	0.24 (0.14-0.34)
12-17	0.14 (0.12-0.14)	0.07 (0.02-0.09)
18-23	0.07 (0.05-0.09)	0.07 (0.02-0.09)

# Relative Risk of Mortality due to Replacement Feeding (RR-RF)

Reported values	Setting and sources
1.0	Kenya, Côte d'Ivoire, South Africa Nduati 2000; Peltier 2009; Rollins 2008
2.0	Botswana, Malawi MASHI, 2006
1.8-3.3	Malawi Taha, 2006
2.6-4.2	Zambia Kuhn, 2008
6.0	Uganda Kagaayi, 2008; Homsy 2010

- Derived from studies of HIV-exposed breastfed and replacement fed infants
- Base case: RR-RF assumed constant from cessation of breastfeeding until the age of the outcome of interest (24 months)

# Results: HIV-free Survival

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- Impact of RR-RF
- Impact of ARV duration (retention in care)
- Impact of neonatal/infant/U5 mortality rates

# Impact of RR-RF

	24-month HIV-free survival (%)		
Perfect retention in care, moderate mortality	RR-RF=1	RR-RF=3	RR-RF=6
BF 0 mo	93.759	83.098	69.325
BF 3 mo	93.257	88.260	81.283
BF 6 mo	92.724	88.674	82.922
BF 9 mo	92.186	89.428	85.426
BF 12 mo	91.724	90.205	88.003
BF 15 mo	91.212	90.073	88.376
BF 18 mo	90.706	89.928	88.791
BF 21 mo	90.220	89.780	89.185
BF 24 mo	89.708	89.671	89.589

**Optimal BF duration (duration at which HFS is maximized): here, 0, 12, or 24m**



# Optimal BF Duration: Impact of RR-RF

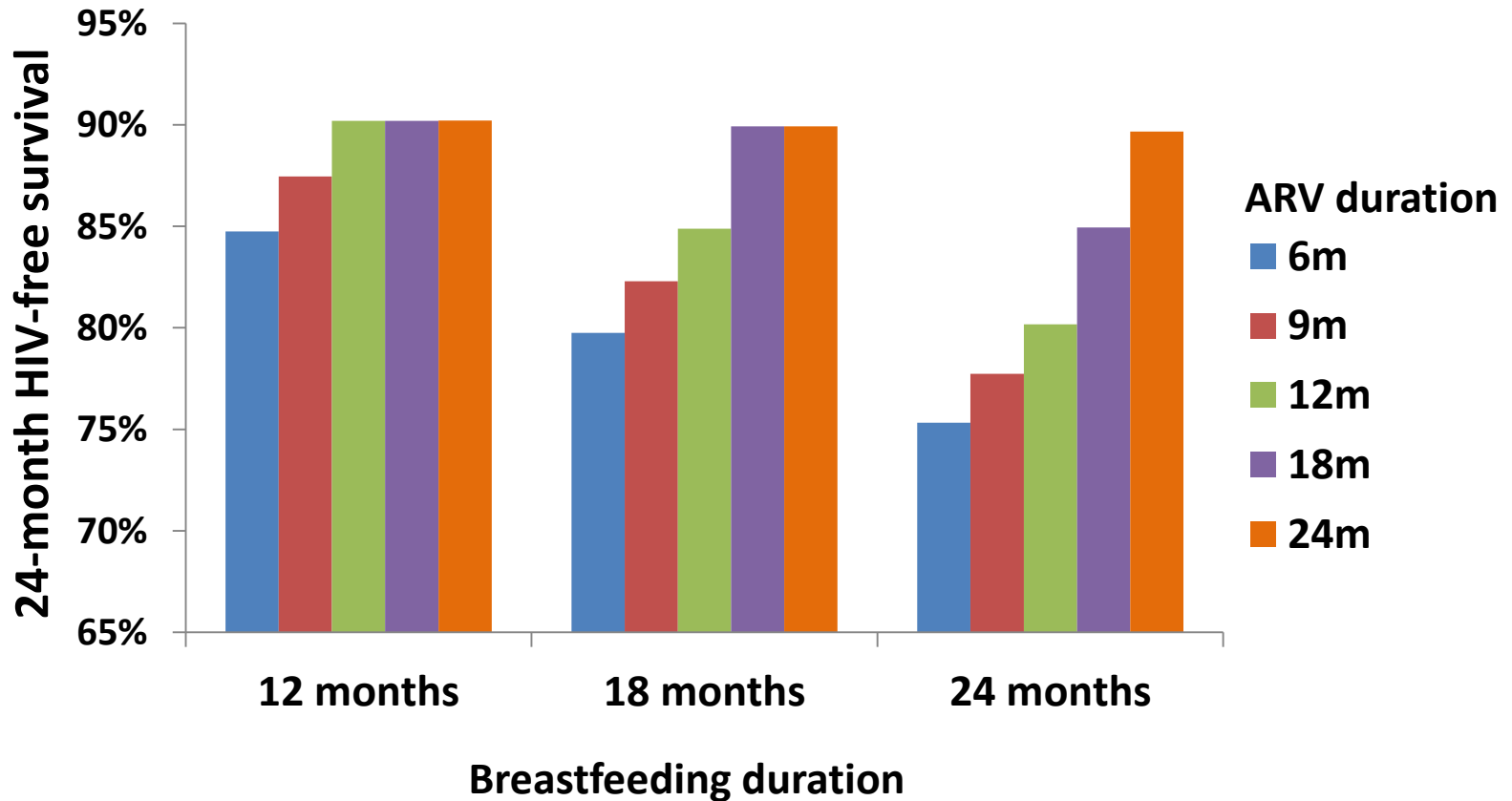
**Optimal BF duration: Duration at which HFS is maximized**

Perfect retention in care, moderate mortality	RR-RF Value					
	1	2	3	4	5	6

Key	Optimal BF duration
	0 months
	3 months
	6 months
	9 months
	12 months
	15 months
	18 months
	21 months
	24 months

# HFS: Impact of ARV Duration (Retention in Care)

**Moderate mortality, RRRF=3**





# Optimal BF Duration: Impact of ARV

## Duration and RR-RF

ARV Duration	RR-RF Value					
	1	2	3	4	5	6
0 mo						
3 mo						
6 mo						
9 mo						
12 mo						
15 mo						
18 mo						
21 mo						
24 mo						

Key	Optimal BF duration
	0 months
	3 months
	6 months
	9 months
	12 months
	15 months
	18 months
	21 months
	24 months



# Impact of Mortality: RR-RF=3

Perfect retention in care, RR-RF=3	24-month HIV-free survival (%)		
	Low mortality	Moderate mortality	High mortality
BF 0 mo	86.224	83.098	76.292
BF 3 mo	89.830	88.260	83.754
BF 6 mo	90.379	88.674	84.492
BF 9 mo	91.132	89.428	85.786
BF 12 mo	91.911	90.205	87.054
BF 15 mo	91.641	90.073	87.040
BF 18 mo	91.378	89.928	87.032
BF 21 mo	91.114	89.780	87.023
BF 24 mo	90.861	89.671	87.041

**At RR-RF of 3 or less, infant/child mortality rates have minimal impact**

# Impact of Mortality: RR-RF=6

ARVs throughout BF, RR-RF=6	24-month HIV-free survival (%)		
	Low mortality	Moderate mortality	High mortality
BF 0 mo	74.525	69.325	58.566
BF 3 mo	83.303	81.283	74.497
BF 6 mo	85.241	82.922	76.891
BF 9 mo	87.812	85.426	80.441
BF 12 mo	90.414	88.003	84.116
BF 15 mo	90.515	88.376	84.828
BF 18 mo	90.605	88.791	85.505
BF 21 mo	90.693	89.185	86.205
BF 24 mo	90.797	89.589	86.922

**At RR-RF of 6 or greater, infant/child mortality rates have minimal impact**

# Impact of Mortality: RR-RF = 4

ARVs throughout BF, RR-RF=6	24-month HIV-free survival (%)		
	Low mortality	Moderate mortality	High mortality
BF 0 mo	82.135	78.248	69.854
BF 3 mo	87.621	85.872	80.551
BF 6 mo	88.626	86.717	81.885
BF 9 mo	90.007	88.066	83.945
BF 12 mo	91.410	89.463	86.063
BF 15 mo	91.254	89.528	86.275
BF 18 mo	91.114	89.548	86.525
BF 21 mo	90.974	89.615	86.720
BF 24 mo	90.845	89.642	86.993

At RR-RF of 4 or 5, higher mortality → longer BF duration



# Optimal BF Duration: Impact of RR-RF, ARV Duration, and Mortality Rates

## Moderate Mortality

ARV Duration	RR-RF Value					
	1	2	3	4	5	6
0 mo	Dark Red	Red	Red	Orange	Orange	Orange
3 mo	Dark Red	Red	Red	Orange	Orange	Orange
6 mo	Dark Red	Red	Orange	Orange	Orange	Orange
9 mo	Dark Red	Yellow	Yellow	Yellow	Yellow	Yellow
12 mo	Dark Red	Yellow	Yellow	Yellow	Yellow	Yellow
15 mo	Dark Red	Yellow	Yellow	Grey	Grey	Grey
18 mo	Dark Red	Yellow	Yellow	Light Green	Light Green	Light Green
21 mo	Dark Red	Yellow	Yellow	Teal	Teal	Teal
24 mo	Dark Red	Yellow	Yellow	Dark Green	Dark Green	Dark Green

## Low Mortality

ARV Duration	RR-RF Value					
	1	2	3	4	5	6
0 mo	Dark Red	Red	Red	Orange	Orange	Orange
3 mo	Dark Red	Red	Red	Orange	Orange	Orange
6 mo	Dark Red	Orange	Orange	Orange	Orange	Orange
9 mo	Dark Red	Yellow	Yellow	Yellow	Yellow	Yellow
12 mo	Dark Red	Yellow	Yellow	Yellow	Yellow	Yellow
15 mo	Dark Red	Yellow	Yellow	Yellow	Yellow	Yellow
18 mo	Dark Red	Yellow	Yellow	Yellow	Yellow	Light Green
21 mo	Dark Red	Yellow	Yellow	Yellow	Yellow	Green
24 mo	Dark Red	Yellow	Yellow	Yellow	Yellow	Dark Green

## High Mortality

ARV Duration	RR-RF Value					
	1	2	3	4	5	6
0 mo	Dark Red	Red	Orange	Orange	Yellow	Yellow
3 mo	Dark Red	Red	Orange	Orange	Yellow	Yellow
6 mo	Dark Red	Orange	Orange	Orange	Yellow	Yellow
9 mo	Dark Red	Yellow	Yellow	Yellow	Yellow	Yellow
12 mo	Dark Red	Yellow	Yellow	Yellow	Yellow	Yellow
15 mo	Dark Red	Yellow	Yellow	Grey	Grey	Grey
18 mo	Dark Red	Yellow	Yellow	Light Green	Light Green	Light Green
21 mo	Dark Red	Yellow	Yellow	Teal	Teal	Teal
24 mo	Dark Red	Yellow	Yellow	Dark Green	Dark Green	Dark Green

Key	Ideal BF duration
Dark Red	0 months
Red	3 months
Orange	6 months
Yellow	9 months
Light Yellow	12 months
Grey	15 months
Light Green	18 months
Teal	21 months
Dark Green	24 months

# Comparing the Model to Studies

Study	RR-RF/Mortality Comparison	Outcome	Study HFS	Model HFS
Thakwalakwa 2014 (Malawi)	3/Low BF: 6 mo + ART	HFS at 12 mo	BF: 90%	BF: 91.8%
Rollins 2008 (KZN, SA)	1/Low BF: 6 mo + sdNVP FF: sdNVP	HFS at 18 mo among 6m survivors	BF: 75% FF: 80% *includes IU/IP	BF: 92.9% FF: 95.3%
Peltier 2009 (Rwanda)	1/Low BF: 6mo +ART 7 mo	HFS at 9 mo	BF: 95.1% FF: 94%	BF: 95.1% FF: 96.2 %

WHO GRADE tables: 24m HFS 86%-92% (95% CI range 82-93%)

# Limitations

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- Simplifies many complex biologic processes
- Excludes benefits of breastfeeding not related to mortality among HEU infants:
  - Nonfatal morbidity, growth and development
  - Benefits of BF for HIV-infected infants
  - Maternal health
- Relies on outcome of HIV-free survival, which gives equal weight to infant HIV infection and death
- Excludes costs related to replacement feeding or morbidity/mortality averted

# Key Conclusions

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- In settings with low mortality risks or low to moderate RR-RF, the maximum BF duration rarely exceeds the 2010 recommendation of 12 months
- When both mortality and RR-RF are high, HFS is maximized by longer BF durations (often 24 months)
- ART use throughout the entire breastfeeding period is critical both for the mother and for the infant; loss to follow-up during BF leads to large reductions in HFS



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# Thank You

2014 study coauthors: Valeriane Leroy, Asinath Rusibamayila, Kenneth Freedberg, Roger Shapiro, Barbara Engelsmann, Shahin Lockman, Kathleen Kelly, Francois Dabis, and Rochelle Walensky

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# Additional Slides

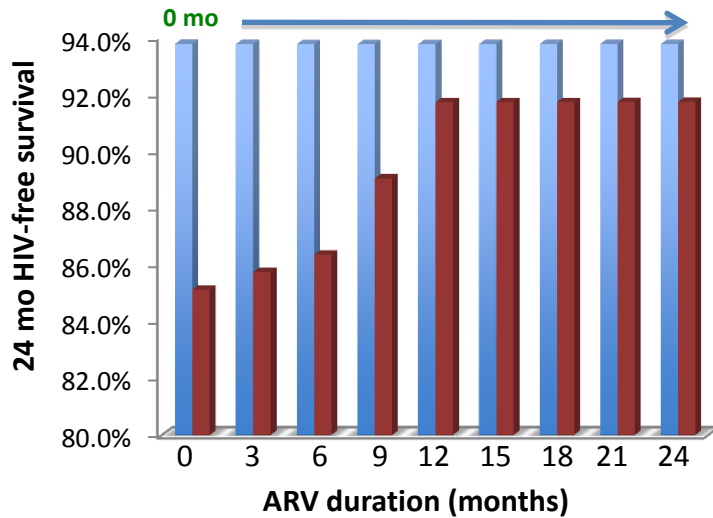
# Setting-specific vs. Public Health Approach

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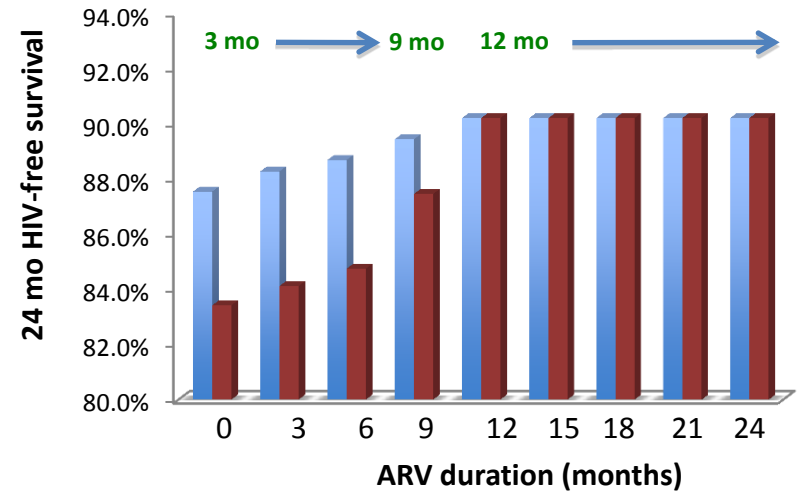
- Setting-specific approach: HFS at “optimal duration,” based on combinations of availability and duration of ARVs and safety of replacement feeding
- Public health approach: HFS with 12 months of breastfeeding for all HIV-infected women

# Setting-specific vs. Public Health Approach

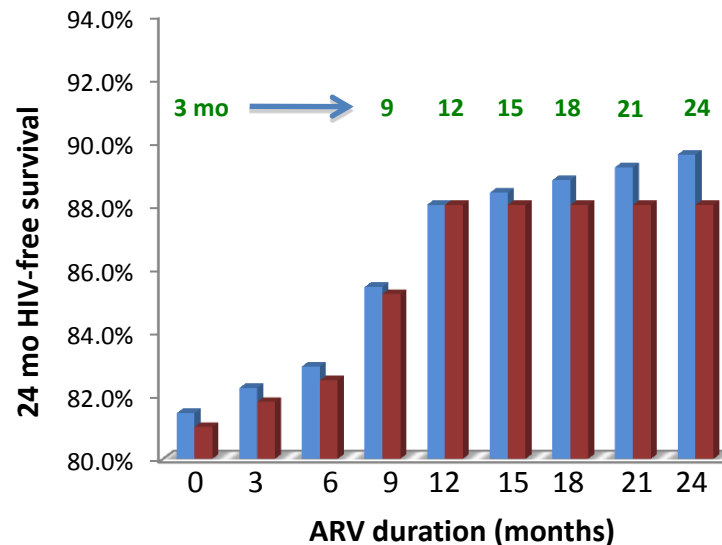
**RR-RF = 1, moderate mortality**



**RR-RF = 3, moderate mortality**



**RR-RF = 6, moderate mortality**



- HFS with optimal BF duration (setting-specific approach)
- Green: optimal BF duration in months**
- HFS with recommended duration of 12 months (public health approach)

# Impact of ARV Duration: RR-RF=1

RR-RF = 1	24-month HIV-free survival (%)								
ARV Duration →	0	3	6	9	12	15	18	21	24
BF 0 mo	93.771	93.758	93.754	93.755	93.755	93.758	93.759	93.759	93.759
BF 3 mo	92.562	93.252	93.254	93.248	93.252	93.254	93.255	93.256	93.257
BF 6 mo	91.405	92.068	92.712	92.720	92.720	92.722	92.722	92.723	92.724
BF 9 mo	88.163	88.793	89.409	92.190	92.187	92.187	92.186	92.184	92.186
BF 12 mo	85.118	85.734	86.343	89.029	91.716	91.717	91.720	91.723	91.724
BF 15 mo	82.261	82.859	83.448	86.038	88.630	91.206	91.206	91.209	91.212
BF 18 mo	79.564	80.133	80.700	83.220	85.723	88.225	90.702	90.703	90.706
BF 21 mo	77.017	77.581	78.129	80.572	83.005	85.433	87.830	90.221	90.220
BF 24 mo	74.652	75.196	75.724	78.067	80.417	82.764	85.098	87.408	89.708

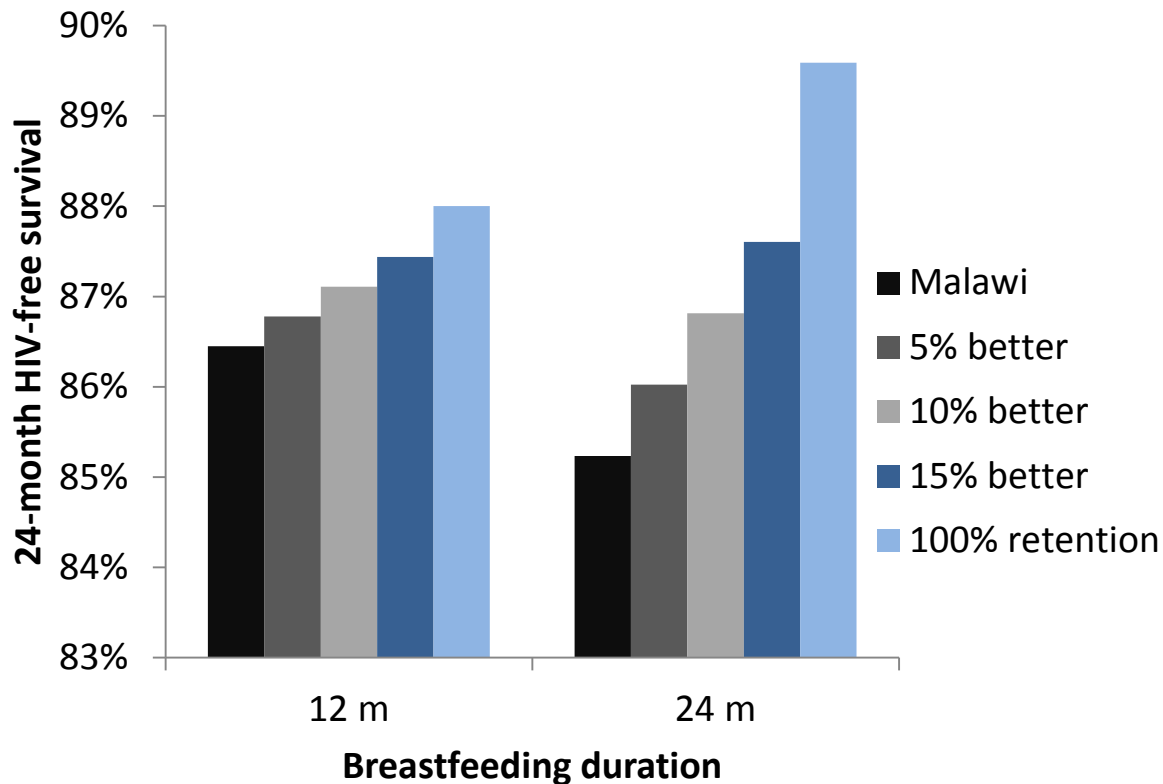
# Impact of ARV Duration: RR-RF=3

<b>RR-RF=3</b>	<b>24-month HIV-free survival (%)</b>								
<b>ARV Duration --&gt;</b>	<b>0</b>	<b>3</b>	<b>6</b>	<b>9</b>	<b>12</b>	<b>15</b>	<b>18</b>	<b>21</b>	<b>24</b>
<b>BF 0m</b>	83.112	83.089	83.097	83.100	83.092	83.093	83.098	83.100	83.098
<b>BF 3m</b>	87.532	88.263	88.265	88.277	88.261	88.268	88.261	88.260	88.260
<b>BF 6m</b>	87.277	88.018	88.678	88.681	88.681	88.681	88.682	88.678	88.674
<b>BF 9m</b>	85.295	85.994	86.650	89.426	89.428	89.429	89.427	89.427	89.428
<b>BF 12m</b>	83.411	84.111	84.745	87.449	90.196	90.194	90.195	90.201	90.205
<b>BF 15m</b>	80.892	81.573	82.187	84.810	87.467	90.068	90.068	90.073	90.073
<b>BF 18m</b>	78.521	79.155	79.751	82.292	84.873	87.401	89.927	89.925	89.928
<b>BF 21m</b>	76.242	76.875	77.443	79.913	82.420	84.871	87.335	89.776	89.780
<b>BF 24m</b>	74.136	74.763	75.321	77.729	80.168	82.551	84.935	87.303	89.671

# Impact of ARV Duration: RR-RF=6

<b>RR-RF = 6</b>	<b>24-month HIV-free survival (%)</b>								
<b>ARV Duration →</b>	<b>0</b>	<b>3</b>	<b>6</b>	<b>9</b>	<b>12</b>	<b>15</b>	<b>18</b>	<b>21</b>	<b>24</b>
<b>BF 0 mo</b>	69.359	69.338	69.340	69.344	69.340	69.334	69.327	69.326	69.325
<b>BF 3 mo</b>	80.487	81.264	81.276	81.281	81.278	81.277	81.290	81.286	81.283
<b>BF 6 mo</b>	81.438	82.229	82.910	82.922	82.918	82.920	82.923	82.923	82.922
<b>BF 9 mo</b>	81.195	81.993	82.673	85.413	85.432	85.430	85.430	85.426	85.426
<b>BF 12 mo</b>	81.005	81.794	82.469	85.193	88.007	87.998	87.994	87.998	88.003
<b>BF 15 mo</b>	78.954	79.722	80.374	83.038	85.772	88.384	88.383	88.376	88.376
<b>BF 18 mo</b>	76.999	77.743	78.388	80.986	83.660	86.201	88.780	88.790	88.791
<b>BF 21 mo</b>	75.146	75.873	76.495	79.036	81.656	84.149	86.657	89.189	89.185
<b>BF 24 mo</b>	73.431	74.139	74.752	77.233	79.795	82.221	84.666	87.123	89.589

# ARV Duration/Retention: Realistic Scenario vs. 100% Retention



• Malawi data are from retrospective cohort study of women in Malawi's Option B+ PMTCT program

**% Retained in care at each time point for each scenario**

Month	Malawi	5% better	10% better	15% better	100% retention
6	0.79	0.84	0.89	0.94	1
12	0.75	0.8	0.85	0.9	1
24	0.67	0.72	0.77	0.82	1

*Sources: Tenthani et al. 2014, AIDS; Tweya et al. 2014, Trop Med and Intl Health; Haas et al. 2015, IAS Conference abstract*

# Developing a Practical Tool: Interface

Step 1:

Click cell B7 (directly below) to **select infant mortality stratum or country**

Moderate

Step 2:

Click cell B10 (directly below) to **select RRRF value**

3

Step 2:

Click cell B13 (directly below) to **select breastfeeding duration:**

24 months

Step 3:

Click cell B11 (directly below) to **select mean retention in care duration**

9 months



# Developing a Practical Tool: Interface

Step 1:

Click cell B7 (directly below) to **select infant mortality stratum or country**

Moderate

High  
Low  
Moderate  
South Africa  
Malawi  
Burkina Faso

# Developing a Practical Tool: Interface

Step 2:

Click cell B10 (directly below) to **select risk of replacement feeding**

Moderate risk

No added risk  
Low risk  
Moderate risk  
Moderate-high risk  
High risk  
Very high risk

# Developing a Practical Tool: Interface

Step 3:

Click cell B13 (directly below) to **select breastfeeding duration:**

24 months

0 months  
6 months  
12 months  
18 months  
24 months

# Developing a Practical Tool: Interface

Step 4:

Click cell B11 (directly below) to **select mean ARV/retention in care duration**

9 months

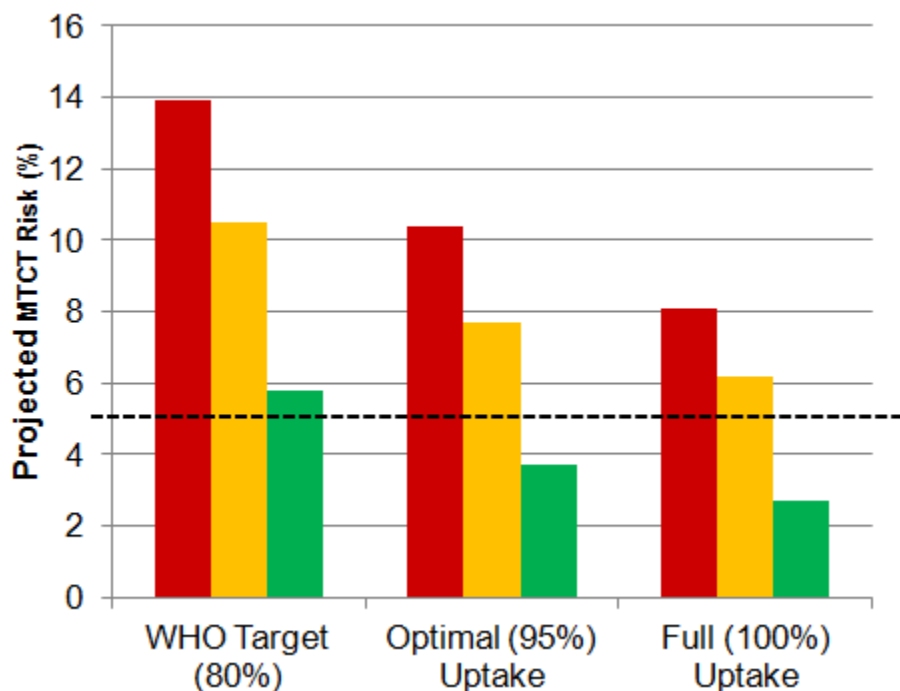
3 months  
6 months  
9 months  
12 months  
15 months  
18 months  
21 months  
24 months

# Developing a Practical Tool: Interface

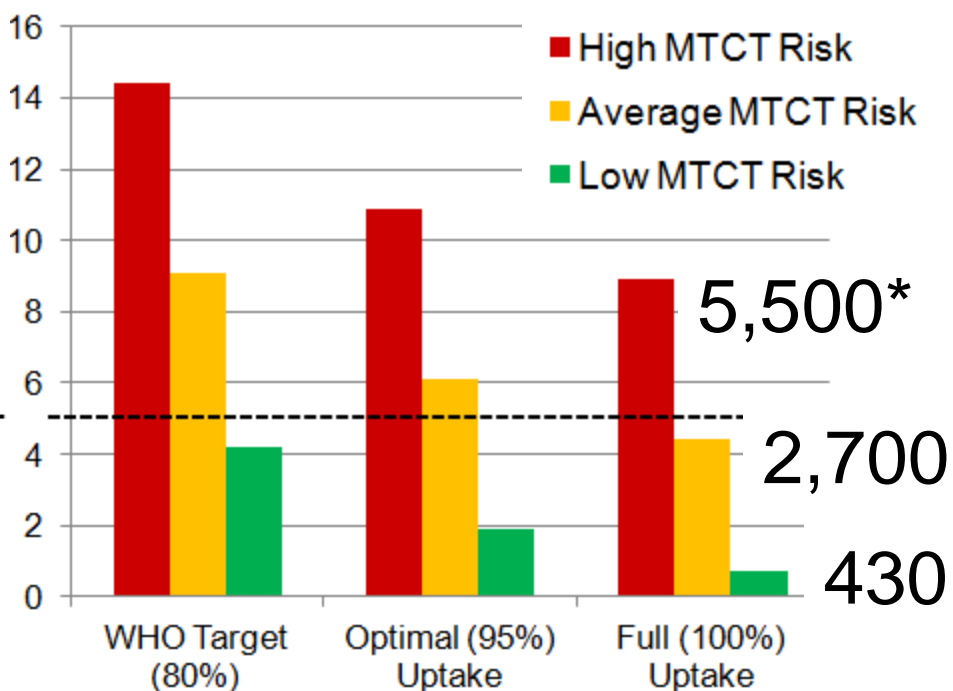
<p><b>OUTPUT: 24-month HIV-free survival description</b> (estimated percentage of infants alive and HIV-negative)</p>	<p>You have defined your settings as having <b>moderate infant mortality</b> with a moderate risk contaminated water sources. You have indicated that women in your specific setting are typically retained in care and on ART for <b>9 months</b> and they are expected to BF for <b>24 months</b>.</p> <p>Given the characteristics of your specific setting, <b>78%</b> of infants born to HIV-positive mothers are expected to be alive and HIV-free by 24 months of age.</p>
	<p><b><u>Increased ARV retention:</u></b> If mothers stayed in care and on ARVs for <b>3 months longer</b>, <b>80%</b> of infants are expected to reach 24 months of age and be HIV-free. If mothers stayed in care and on ARVs for <b>6 months longer</b>, <b>83%</b> of infants are expected to reach 24 months of age and be HIV-free.</p>
	<p><b><u>Modified BF duration:</u></b> If mothers breastfed for <b>18 months</b>, <b>82%</b> of infants are expected to reach 24 months of age and be HIV-free. If mothers breastfed for <b>12 months</b>, <b>87%</b> of infants are expected to reach 24 months of age and be HIV-free.</p>

# PMTCT Programs (Zimbabwe): Uptake, Timing, and Adherence

## Option A



## Option B



2012 analysis: PROMISE trial comparing Options A and B is ongoing  
Current data ranges are overlapping

\*Approximate number of children predicted to be born HIV-infected

# What Will It Take to Reach <5%? Multivariate Sensitivity Analyses

## Option A

BF Duration	2009 Uptake (56%)			WHO Target (80%)			Optimal (95%) Uptake			Full (100%) Uptake		
18 months	9.4	16.0	23.2	6.4	12.2	16.4	4.2	9.2	12.7	3.1	7.5	9.9
12 months	8.8	14.4	18.5	5.8	10.5	13.9	3.7	7.7	10.4	2.7	6.2	8.1
No BF	7.5	10.8	12.7	4.5	6.8	8.0	2.5	4.3	5.0	1.9	3.4	4.1
Reported MTCT Risk	Low	Avg	High	Low	Avg	High	Low	Avg	High	Low	Avg	High

## Option B

BF Duration	2009 Uptake (56%)			WHO Target (80%)			Optimal (95%) Uptake			Full (100%) Uptake		
18 months	8.0	15.0	21.8	4.6	10.8	17.3	2.1	7.5	13.8	0.7	5.7	11.4
12 months	7.6	13.4	19.0	4.2	9.1	14.4	1.9	6.1	10.9	0.7	4.4	8.9
No BF	6.8	9.9	12.3	3.5	5.5	7.3	1.4	2.8	4.3	0.7	1.8	3.3
Reported MTCT Risk	Low	Avg	High	Low	Avg	High	Low	Avg	High	Low	Avg	High

MTCT risk (%):

<5	5-10	>10
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# Objective of Prior Work

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- To determine the duration of breastfeeding that maximizes HIV-free survival (HFS) among HIV-exposed, uninfected African infants
- Balance risks of postnatal HIV infection from breastfeeding with risks of infant mortality associated with replacement feeding



# CEPAC Infant Model

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- Cost-effectiveness of Preventing AIDS Complications
- Simplified model of HEU infants (distinct model)
- Monthly risks of:
  - HIV infection (stratified by maternal CD4 and ARV use)
  - Infant mortality:
    - Baseline rates observed in HEU infants
    - In months when replacement fed: multiplied by a relative risk of mortality associated with replacement feeding (“RR-RF”)
  - Maternal mortality (leading to replacement feeding)

# Previous Inputs (2014): Postnatal Infection Risks

Maternal status	Exclusive BF Rate/100PY	Mixed BF Rate/100PY	Sources
<b>CD4 &gt;350/<math>\mu</math>L</b>			
No ARVs	2.9 (1.8-8.8)	4.8 (1.8-8.8)	ZEBS; ZVITAMBO, Coutsoudis 01, Leroy 98
Infant NVP	2.7 (1.4-3.7)	2.7 (1.4-3.7)	SIMBA; BAN
Maternal ART	2.2 (0.0-6.4)	2.2 (0.0-6.4)	KiBS, AMATA, Mitra Plus, DREAM; BAN, MASHI
<b>CD4 <math>\leq</math>350/<math>\mu</math>L</b>			
No ARVs	9.1 (5.7-28.4)	15.4 (5.7-28.4)	ZEBS; ZVITAMBO, Coutsoudis 01, Leroy 98
Maternal ART	4.0 (0.0-6.4)	4.0 (0.0-6.4)	Kesho Bora, Mma Bana; MASHI

# Summary of Findings

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- HFS is maximized by:
  - Shorter breastfeeding when MTCT risks are greater (low CD4, ART unavailable)
  - Longer breastfeeding if replacement feeding is associated with high mortality
- Compared to 12 months of breastfeeding, an individualized approach improves HFS if MTCT risk is very low or very high, or if access to ARVs is limited
  - Limited implementation may reduce population HFS
  - Public health approach beneficial in most settings
- Model can identify settings in which a more individualized approach may be valuable

# Data Needs

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- Data on RR-RF are limited
  - Information on water safety is difficult to obtain, may not predict RR-RF for all infants
  - Unknown if RR-RF varies by age or by duration since weaning
- Data on MTCT risks after 12 months are limited (B/B+)
  - Lower observed risks over time (cessation of breastfeeding?)
  - Pre-delivery ART duration
  - Adherence, retention, suppression over time

# Validating a New Approach

## Comparison to 2014 analysis:

2014 mortality and 2015 transmission

2014 analysis: <350 no ARVs

2014 analysis: >350 no ARVs

ARV Duration	RR-RF Value					
	1	2	3	4	5	6
0 mo						
0 mo						
0 mo						

2014 mortality and 2015 transmission

2014 analysis <350 no ARVs

24 mo						
24 mo						

Key	Optimal BF duration
	0 months
	3 months
	6 months
	9 months
	12 months
	15 months
	18 months
	21 months
	24 months

# Why Model-based Analyses?

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- Decisions must be made before “perfect” information can be obtained
  - Data are incomplete or controversial
  - Trials are infeasible
  - Outcomes are difficult to ascertain for entire cohort
- Integrate existing, varied data to understand a cascade or chain of care/delivery services
- Balance of risks and benefits required
  - Competing events over time (mortality vs. infection)

IU/IP transmission		PP transmission	
<u>Spectrum estimates</u>	<u>CEPAC estimates</u>	<u>Spectrum estimates</u>	<u>CEPAC estimates</u>
<b>No ARVs</b>			
CD4<200: 37% Range: 22-54% CD4 200-350: 27% Range: 13.1-32.6%	CD4<350: 27.3% Range: 19.9-32.2%	CD4 <350: 1.57%/m Range: 0.8-2.5%/m	CD4 <350: MBF: 1.28%/m; EBF: 0.76%/m Range:0.5-2.3%/m
CD4>350: 15% Range: 9.7-20.2%	CD4 >350: 17.4% Range: 12.7-20.1%	CD4 >350: 0.51%/m Range: 0.1-0.96%/m	CD4 >350 MBF: 0.40%/m; EBF: 0.24%/m Range:0.15-0.73%/m
<b>sdNVP</b>			
CD4 not specified: 12% Range: 9.4-12.1%	CD4<350: 17.6% Range: 8.1-26.4% CD4>350: 7.2% Range: 3.3-10.9%	Assume = no ARVs	Assume = no ARVs
<b>AZT in pregnancy (Option A)</b>		<b>Infant NVP in breastfeeding (Option A)</b>	
CD4 200-350: 4% Range: 2.3-5.3% CD4>350: 2% Range: 1.6-3.3%	CD4 <350: 13.6% Range: 9.1-15.7% CD4 >350: 3.6% Range: 2.4-4.2%	CD4>350: 0.2%/m Range: 0.12-0.31%/m	CD4>350: 0.22%/m Range: 0.12-0.31%/m
<b>ART in pregnancy (Option A/B)</b>			
CD4 <350: 2% Range: 0.6-3.7%	CD4 <350: 3.3% Range: 1.1-4.1%	CD4 <350: 0.2%/m Range: 0-0.42%	CD4 <350: 0.19%/m (was 0.33%) Range: 0-0.53%/m
CD4>350: 2% Range: 0.9-2.9%	CD4 >350: 1.0% Range: 0.4-2.8%	CD4>350: 0.2%/m Range: 0.063-0.53%	CD4 >350: 0.19%/m Range: 0-0.53%/m

# Setting-specific vs. Public Health Approach

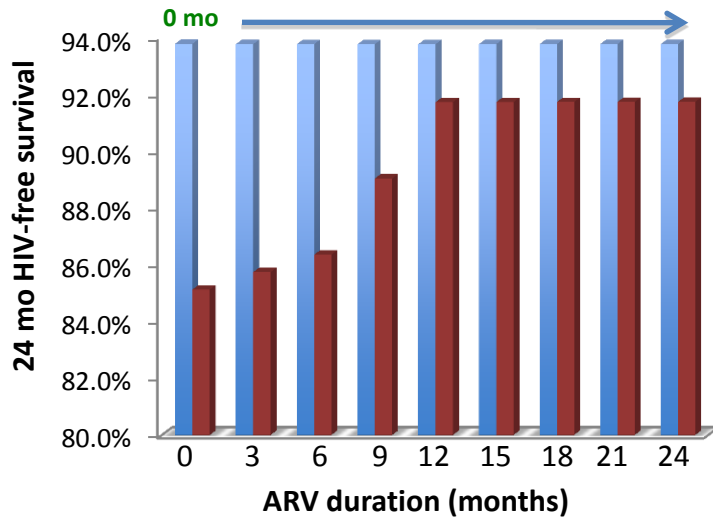
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- Setting-specific approach: HFS at “optimal duration,” based on combinations of availability and duration of ARVs and safety of replacement feeding
- Public health approach: HFS with 12 months of breastfeeding for all HIV-infected women

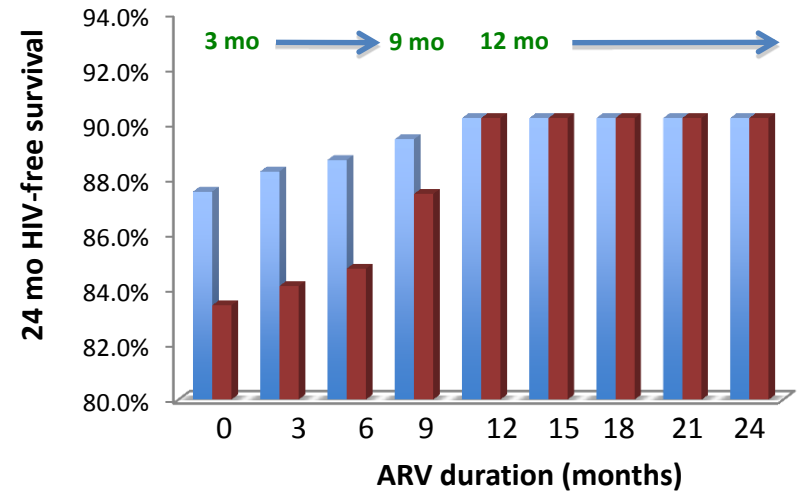


# Setting-specific vs. Public Health Approach

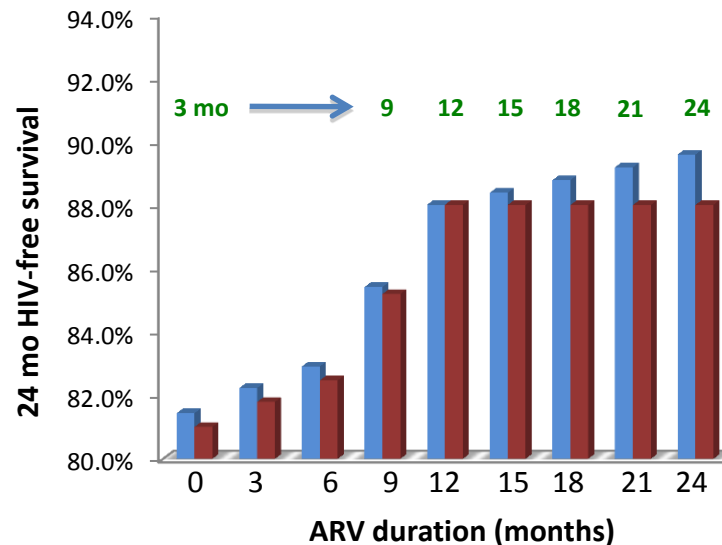
**RR-RF = 1, moderate mortality**



**RR-RF = 3, moderate mortality**



**RR-RF = 6, moderate mortality**



- HFS with optimal BF duration (setting-specific approach)
- Green: optimal BF duration in months**
- HFS with recommended duration of 12 months (public health approach)