How to prevent **sepsis**

The role you can play in health care and communities

Sepsis can be prevented by

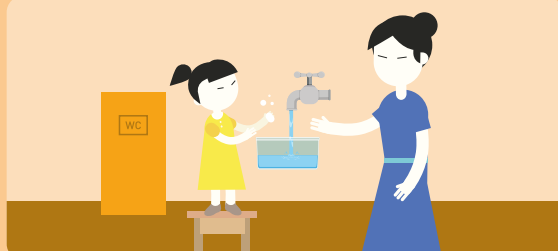**preventing infection** | **preventing the evolution of infection to sepsis**

COMMUNITY

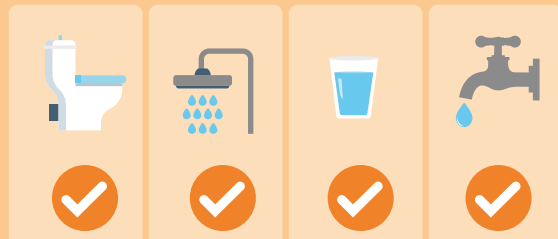## The main ways to prevent infection are:

HEALTH CARE

Good hygiene
↓ **40% DIARRHOEA**

Safe water and sanitation
↓ **10% GLOBAL DISEASE BURDEN**

Safe food preparation and good nutrition

Danger zone!

↓ **50% DIARRHOEA**
↓ **30% RESPIRATORY INFECTIONS IN CHILDREN**

Vaccinations
Prevent **2-3 million deaths every year**

Practicing the 5 Moments for hand hygiene
↓ **50% INFECTION**

1 BEFORE TOUCHING A PATIENT
2 BEFORE CLEAN/ASEPTIC PROCEDURE
3 AFTER BODY FLUID EXPOSURE RISK
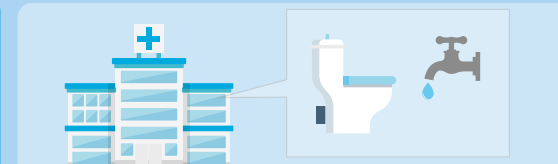4 AFTER TOUCHING A PATIENT
5 AFTER TOUCHING PATIENT SURROUNDINGS
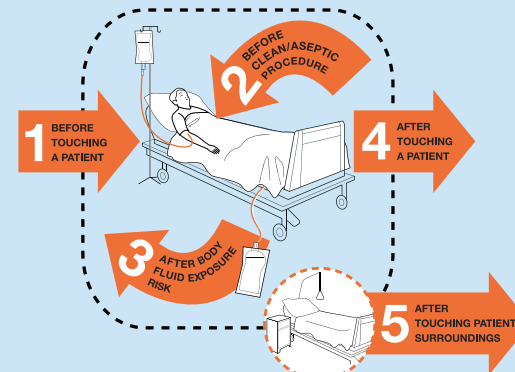
A clean, well-functioning environment and equipment
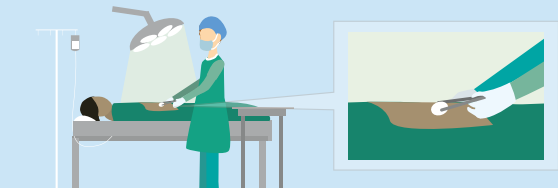ABHR
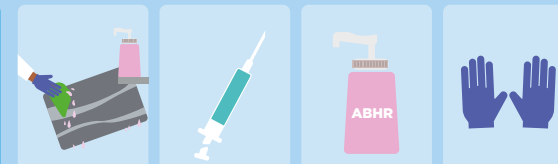
Safe water and sanitation

Infection prevention and control programmes and teams
↓ **30% INFECTION**

Infection prevention measures

Evolution of an infection to **sepsis** can be prevented by:

Early detection of sepsis signs and symptoms | **Prompt seeking of medical care** | **Prompt antimicrobial treatment and its reassessment**