Practical tips for carers of people with dementia

Ensuring that the person with dementia continues to receive care



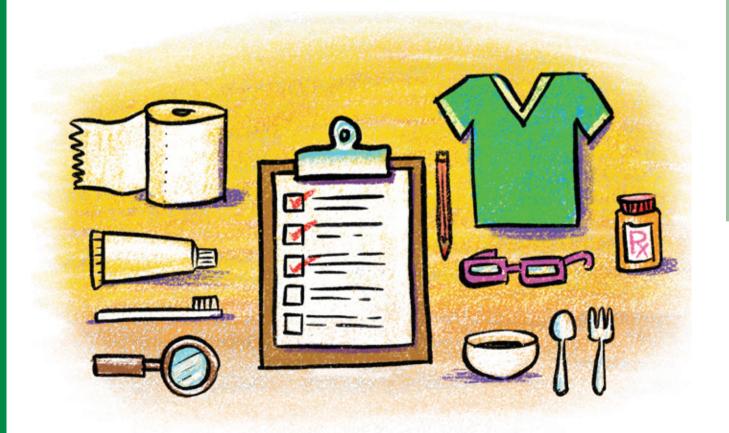
Plan in advance

- Ask the person with dementia about their care preferences, including by whom and where they would like care to be provided.
- Talk to people who would be willing to provide support if needed, for example if you can no longer provide care.
- Make a plan for costs of future care and discuss preferences in case of more advanced care needs and end-of-life decisions.



Gather information

- You will need information to make informed choices. Make decisions together and talk with your family, friends, doctor and any other people close to you and the person with dementia.
- Prepare instructions that reflect the wishes of the person with dementia in accordance with the law in your country.



For more information

iSupport Module 2 "Being a caregiver" Lesson 1 "The journey together" Lesson 3 "Supported decision-making"

Contact your local Alzheimer's
Association for information related to
caring for someone
with dementia.



