



## WHO and INDEPTH

### STUDY ON GLOBAL AGEING AND ADULT HEALTH 2007

#### INDEPTH Short Summary Module – Set D



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Household or Respondent Identification Code: \_\_\_\_\_

Rotation code:  
(Circle one only)

**A B C D**

Interviewer ID: \_\_\_\_\_

## Section 1000: Health State Descriptions

Time Begin   :

*NOTE TO INTERVIEWERS: Where a DON'T KNOW response category is listed as an option - do not read this category out to the respondent.*

I would like to ask you questions about your health and well-being. I know some of these questions may be sensitive or difficult to answer, but please try to provide an answer. I will ask about your overall health, including both your physical and your mental health. Some of the questions may sound similar or repetitive, but I need to ask all of the questions for the sake of completeness. This information is confidential and you will not be identified individually or without your consent.

Q1000	In general, how would you <u>rate your health today</u> ?	1 Very good 2 Good 3 Moderate 4 Bad 5 Very bad
Q1001	Overall in the last 30 days, how much difficulty did you have with <u>work or household activities</u> ?	1 None 2 Mild 3 Moderate 4 Severe 5 Extreme/cannot do

Now I would like to review the different functions of your body. When answering these questions, I would like you to think about the last 30 days, taking both good and bad days into account. When I ask about difficulty, I would like you to consider how much difficulty you have had, on average, in the last 30 days, while doing the activity in the way that you usually do it. By difficulty I mean requiring increased effort, discomfort or pain, slowness or changes in the way you do the activity. Please answer this question taking into account any assistance you have available.

*NOTE TO INTERVIEWER: Read and show scale to respondent*

### MOBILITY

	Overall in the last 30 days...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1002	...how much difficulty did you have with <u>moving around</u> ?	1	2	3	4	5
Q1003	...how much difficulty did you have in <u>vigorous activities</u> (such as cycling or working in the fields)? 'Vigorous activities' require hard physical effort and cause large increases in breathing or heart rate.	1	2	3	4	5

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**SELF-CARE**

	Overall in the last 30 days, how much difficulty ...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1004	... did you have with <u>self-care</u> , such as washing/bathing or dressing yourself?	1	2	3	4	5
Q1005	... did you have in <u>taking care of and maintaining your general appearance</u> (for example, grooming, looking neat and tidy).	1	2	3	4	5
Q1006	... did you have in <u>staying by yourself</u> for a few days (for example, 3 to 7 days)?	1	2	3	4	5

**PAIN AND DISCOMFORT**

	Overall in the last 30 days...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1007	...how much of <u>bodily aches or pains</u> did you have?	1	2	3	4	5
Q1008	...how much <u>bodily discomfort</u> did you have?	1	2	3	4	5
<i>If Q1007 and Q1008 are both = 1, "None"..... →</i>						Q1010
Q1009	... how much difficulty did you have in your <u>daily life</u> because of your <u>pain</u> ?	1	2	3	4	5

**COGNITION**

	Overall in the last 30 days, how much difficulty ...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1010	... did you have with <u>concentrating or remembering things</u> ?	1	2	3	4	5
Q1011	... did you have in <u>learning a new task</u> (for example, learning how to get to a new place, learning a new game, learning a new recipe)?	1	2	3	4	5

**INTERPERSONAL ACTIVITIES**

	Overall in the last 30 days, how much difficulty...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1012	... did you have with <u>personal relationships or participation in the community</u> ?	1	2	3	4	5
Q1013	...did you have in <u>dealing with conflicts and tensions</u> with others?	1	2	3	4	5
Q1014	... did you have with <u>making new friendships</u> or <u>maintaining current friendships</u> ?	1	2	3	4	5
Q1015	...did you have with <u>dealing with strangers</u> ?	1	2	3	4	5

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**SLEEP AND ENERGY**

	Overall in the last 30 days, how much of a problem ...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1016	... did you have with sleeping, such as <u>falling asleep</u> , waking up <u>frequently during the night</u> or waking up too early in the morning?	1	2	3	4	5
Q1017	... did you have due to not <u>feeling rested and refreshed</u> during the day (for example, feeling tired or not having energy)?	1	2	3	4	5

**AFFECT**

	Overall in the last 30 days, how much of a problem ...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1018	... did you have with <u>feeling sad, low or depressed</u> ?	1	2	3	4	5
Q1019	... did you have with <u>worry or anxiety</u> ?	1	2	3	4	5

**VISION (if respondent normally wears glasses or contact lenses, should answer the following Qs as when wearing glasses/contact lenses.)**

Q1020	When was the last time you had your eyes examined by a medical professional?  <i>INTERVIEWER: ENTER YEARS AGO. ENTER "00" IF LESS THAN 1 YEAR.</i>	<input type="text"/> <input type="text"/> years ago -8 Don't know 98 Never				
Q1021	Do you use eyeglasses or contact lenses to <u>see far away</u> (for example across the street)?	1 YES 2 NO				
Q1022	Do you use eyeglasses or contact lenses to <u>see up close</u> (for example at arms length, like when you are reading)?	1 YES 2 NO				

	Overall in the last 30 days, how much difficulty did you have ...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1023	... in <u>seeing and recognising a person or object you know across the road</u> (from a distance of about 20 meters)?	1	2	3	4	5
Q1024	... in seeing and recognising <u>an object at arm's length</u> (for example, reading)?	1	2	3	4	5

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**FUNCTIONING ASSESSMENT**

These next questions ask about difficulties due to health conditions. Health conditions include diseases or illnesses, other health problems that may be short or long lasting, injuries, mental or emotional problems, and problems with alcohol or drugs. Think back over the last 30 days and answer these questions thinking about how much difficulty you had doing the following activities.

*INTERVIEWER: For each question, please circle only one response.*

	<b>In the last 30 days, how much difficulty did you have ...</b>	None	Mild	Moderate	Severe	Extreme/ cannot do	N/A
Q1025	... in standing for long periods (such as 30 minutes)?	1	2	3	4	5	98
Q1026	... in taking care of your household responsibilities?	1	2	3	4	5	98
Q1027	... in joining in community activities [ <i>for example, festivities, religious or other activities</i> ] in the same way as anyone else can?	1	2	3	4	5	98
Q1028	... in concentrating on doing something for 10 minutes?	1	2	3	4	5	98
Q1029	... in walking a long distance such as a kilometer?	1	2	3	4	5	98
Q1030	... in washing (bathing) your whole body?	1	2	3	4	5	98
Q1031	... in getting dressed?	1	2	3	4	5	98
Q1032	... in your day to day work?	1	2	3	4	5	98
Q1033	In the last 30 days, how much have you been emotionally affected by your health condition(s)?	1	2	3	4	5	98
Q1034	Overall, how much did these difficulties interfere with your life?	1	2	3	4	5	98

Q1035	Besides any vision (eyeglasses, contact lenses) or hearing aids, do you use any other assistive devices (such as a cane, walker, or other) for any difficulties you experience?	1 YES 2 NO
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**VIGNETTES FOR HEALTH STATE DESCRIPTIONS**

This next section will require additional concentration. I will read to you some stories about people with varying levels of difficulties in different areas of health. I want you to think about these people's experiences as if they were your own. Once I have finished reading each story, I will ask you to rate what happened in the story.

I would like to know how you view each story and rate how much of a problem or difficulty the person described has in that area of health in the same way that you described your own health to me earlier. While giving the rating, think of the person in the story as someone who is of your age and background.

**Set D Cognition and Self-Care**

[Anne] takes twice as long as others to put on and take off clothes, but needs no help with this. Although it requires an effort, she is able to bathe and groom herself, though less frequently than before. She does not require help with feeding.

	Overall in the last 30 days, how much difficulty...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2101	...do you think [Anne] had with self-care, such as washing or dressing herself?	1	2	3	4	5
Q2102	...do you think [Anne] had in taking care of and maintaining her general appearance (e.g. grooming, looking neat and tidy)?	1	2	3	4	5

[Sue] can find her way around the neighborhood and know where her own belongings are kept, but struggles to remember how to get to a place she has only visited once or twice. She is keen to learn new recipes but finds that she often makes mistakes and has to reread several times before she is able to do them properly.

	Overall in the last 30 days, how much difficulty ...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2103	...do you think [Sue] had with concentrating or remembering things?	1	2	3	4	5
Q2104	... do you think [Sue] had in learning a new task (for example, learning how to get to a new place, learning a new game, learning a new recipe)?	1	2	3	4	5

[Theo] cannot concentrate for more than 15 minutes and has difficulty paying attention to what is being said to him. Whenever he starts a task, he never manages to finish it and often forgets what he was doing. He is able to learn the names of people he meets but cannot be trusted to follow directions to a store by himself.

	Overall in the last 30 days, how much difficulty...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2105	... did [Theo] have with concentrating or remembering things?	1	2	3	4	5
Q2106	...do you think [Theo] had in learning a new task (for example, learning how to get to a new place, learning a new game, learning a new recipe)?	1	2	3	4	5

[Sandra] lives on her own and has no relatives or friends nearby. Because of her arthritis, she is house-bound. She often stays all day in the same clothes that she has slept in, as changing clothes is too painful. A neighbour helps her wash herself.

	Overall in the last 30 days, how much difficulty...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2107	...did [Sandra] have with self-care, such as washing or dressing herself?	1	2	3	4	5
Q2108	...did [Sandra] have in taking care of and maintaining her general appearance (e.g. grooming, looking neat and tidy)?	1	2	3	4	5

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[Malcolm] can concentrate while watching TV, reading a magazine or playing a game of cards or chess. He can learn new variations in these games with small effort. Once a week he forgets where his keys or glasses are, but finds them within five minutes.						
	Overall in the last 30 days, how much difficulty...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2109	...did [Malcolm] have with concentrating or remembering things?	1	2	3	4	5
Q2110	...did [Malcolm] have in learning a new task (for example, learning how to get to a new place, learning a new game, learning a new recipe)?	1	2	3	4	5
[Victor] requires no assistance with cleanliness, dressing and eating. He occasionally suffers from back pain and when this happens he needs help with bathing and dressing. He always keeps himself tidy.						
	Overall in the last 30 days, how much difficulty...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2111	...did [Victor] have with self-care, such as washing or dressing himself?	1	2	3	4	5
Q2112	...did [Victor] have in taking care of and maintaining his general appearance (e.g. grooming, looking neat and tidy)?	1	2	3	4	5
[Helena] pays a lot of attention to the way she looks. She requires no assistance with cleanliness, dressing and eating.						
	Overall in the last 30 days, how much difficulty ...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2113	...did [Helena] have with self-care, such as washing or dressing herself?	1	2	3	4	5
Q2114	...did [Helena] have in taking care of and maintaining her general appearance (e.g. grooming, looking neat and tidy etc)?	1	2	3	4	5
[Lena] is quadriplegic and must be washed, groomed, dressed and fed by somebody else.						
	Overall in the last 30 days, how much of a problem...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2115	...did [Lena] have with self-care, such as washing or dressing herself?	1	2	3	4	5
Q2116	...did [Lena] have in taking care of and maintaining her general appearance (e.g. grooming, looking neat and tidy)?	1	2	3	4	5
[Rob] is very quick to learn new skills at his work. He can pay attention to the task at hand for long uninterrupted periods of time. He can remember names of people, addresses, phone numbers and such details that go back several years.						
	Overall in the last 30 days, how much difficulty...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2117	...did [Rob] have with concentrating or remembering things?	1	2	3	4	5
Q2118	...did [Rob] have in learning a new task (for example, learning how to get to a new place, learning a new game, learning a new recipe)?	1	2	3	4	5

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[Peter] does not recognize even close relatives and gets lost when he leaves the house unaccompanied. Even when prompted, he shows no recollection of events or recognition of relatives. It is impossible for him to acquire any new knowledge as even simple instructions leave him confused.						
	Overall in the last 30 days, how much difficulty...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q2119	...did [Peter] have with concentrating or remembering things?	1	2	3	4	5
Q2120	...did [Peter] have in learning a new task (for example, learning how to get to a new place, learning a new game, learning a new recipe)?	1	2	3	4	5

**Time End**     :



## Section 2000: Subjective Wellbeing and Quality of Life

Time Begin   :

Now, we'd like to ask for your thoughts about your life and life situation.

Q2001	Do you have enough energy for everyday life?	1 Completely 2 Mostly 3 Moderately 4 A little 5 None at all
Q2002	Do you have enough money to meet your needs?	1 Completely 2 Mostly 3 Moderately 4 A little 5 None at all

Please tell us how satisfied you are with the following issues.

		VERY SATISFIED	SATISFIED	NEITHER SATISFIED NOR DISSATISFIED	DISSATISFIED	VERY DISSATISFIED
Q2003	How satisfied are you with your health?	1	2	3	4	5
Q2004	How satisfied are you with yourself?	1	2	3	4	5
Q2005	How satisfied are you with your ability to perform your daily living activities?	1	2	3	4	5
Q2006	How satisfied are you with your personal relationships?	1	2	3	4	5
Q2007	How satisfied are you with the conditions of your living place?	1	2	3	4	5
Q2008	Taking all things together, how satisfied are you with your life as a whole these days?	1	2	3	4	5
Q2009	How would you rate your overall quality of life? <i>Read responses</i>	1 Very Good 2 Good 3 Moderate 4 Bad 5 Very Bad 8 DON'T KNOW				
Q2010	Taking all things together, how would you say you are these days? <i>Read responses</i>	1 Very happy 2 Happy 3 Neither happy nor unhappy 4 Unhappy 5 Very unhappy 8 DON'T KNOW				

Time End   :