



WHO and INDEPTH

STUDY ON GLOBAL AGEING AND ADULT HEALTH 2007

INDEPTH Short Summary Module – Set A



Insert Fieldsite Name Here

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Household or Respondent Identification Code: _____

Rotation code:
(Circle one only)

A B C D

Interviewer ID: _____

Section 1000: Health State Descriptions

Time Begin :

NOTE TO INTERVIEWERS: Where a DON'T KNOW response category is listed as an option - do not read this category out to the respondent.

I would like to ask you questions about your health and well-being. I know some of these questions may be sensitive or difficult to answer, but please try to provide an answer. I will ask about your overall health, including both your physical and your mental health. Some of the questions may sound similar or repetitive, but I need to ask all of the questions for the sake of completeness. This information is confidential and you will not be identified individually or without your consent.

Q1000	In general, how would you <u>rate your health today</u> ?	1 Very good 2 Good 3 Moderate 4 Bad 5 Very bad
Q1001	Overall in the last 30 days, how much difficulty did you have with <u>work or household activities</u> ?	1 None 2 Mild 3 Moderate 4 Severe 5 Extreme/cannot do

Now I would like to review the different functions of your body. When answering these questions, I would like you to think about the last 30 days, taking both good and bad days into account. When I ask about difficulty, I would like you to consider how much difficulty you have had, on average, in the last 30 days, while doing the activity in the way that you usually do it. By difficulty I mean requiring increased effort, discomfort or pain, slowness or changes in the way you do the activity. Please answer this question taking into account any assistance you have available.

NOTE TO INTERVIEWER: Read and show scale to respondent

MOBILITY

	Overall in the last 30 days...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1002	...how much difficulty did you have with <u>moving around</u> ?	1	2	3	4	5
Q1003	...how much difficulty did you have in <u>vigorous activities</u> (such as cycling or working in the fields)? 'Vigorous activities' require hard physical effort and cause large increases in breathing or heart rate.	1	2	3	4	5

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SELF-CARE

	Overall in the last 30 days, how much difficulty ...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1004	... did you have with <u>self-care</u> , such as washing/bathing or dressing yourself?	1	2	3	4	5
Q1005	... did you have in <u>taking care of and maintaining your general appearance</u> (for example, grooming, looking neat and tidy).	1	2	3	4	5
Q1006	... did you have in <u>staying by yourself</u> for a few days (for example, 3 to 7 days)?	1	2	3	4	5

PAIN AND DISCOMFORT

	Overall in the last 30 days...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1007	...how much of <u>bodily aches or pains</u> did you have?	1	2	3	4	5
Q1008	...how much <u>bodily discomfort</u> did you have?	1	2	3	4	5
<i>If Q1007 and Q1008 are both = 1, "None"..... →</i>						Q1010
Q1009	... how much difficulty did you have in your <u>daily life</u> because of your <u>pain</u> ?	1	2	3	4	5

COGNITION

	Overall in the last 30 days, how much difficulty ...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1010	... did you have with <u>concentrating or remembering things</u> ?	1	2	3	4	5
Q1011	... did you have in <u>learning a new task</u> (for example, learning how to get to a new place, learning a new game, learning a new recipe)?	1	2	3	4	5

INTERPERSONAL ACTIVITIES

	Overall in the last 30 days, how much difficulty...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1012	... did you have with <u>personal relationships or participation in the community</u> ?	1	2	3	4	5
Q1013	...did you have in <u>dealing with conflicts and tensions</u> with others?	1	2	3	4	5
Q1014	... did you have with <u>making new friendships</u> or <u>maintaining current friendships</u> ?	1	2	3	4	5
Q1015	...did you have with <u>dealing with strangers</u> ?	1	2	3	4	5

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SLEEP AND ENERGY

	Overall in the last 30 days, how much of a problem ...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1016	... did you have with sleeping, such as <u>falling asleep</u> , <u>waking up frequently during the night</u> or <u>waking up too early</u> in the morning?	1	2	3	4	5
Q1017	... did you have due to not <u>feeling rested and refreshed</u> during the day (for example, feeling tired or not having energy)?	1	2	3	4	5

AFFECT

	Overall in the last 30 days, how much of a problem ...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1018	... did you have with <u>feeling sad, low or depressed</u> ?	1	2	3	4	5
Q1019	... did you have with <u>worry or anxiety</u> ?	1	2	3	4	5

VISION (If respondent normally wears, should answer as when wearing glasses/contact lenses)

Q1020	When was the last time you had your eyes examined by a medical professional? <i>INTERVIEWER: ENTER YEARS AGO. ENTER "00" IF LESS THAN 1 YEAR.</i>	<input type="text"/> <input type="text"/> years ago -8 Don't know 98 Never				
Q1021	Do you use eyeglasses or contact lenses to <u>see far away</u> (for example across the street)?	1	2	YES NO		
Q1022	Do you use eyeglasses or contact lenses to <u>see up close</u> (for example at arms length, like when you are reading)?	1	2	YES NO		

	Overall in the last 30 days, how much difficulty did you have ...	NONE	MILD	MODERATE	SEVERE	EXTREME / CANNOT DO
Q1023	... have in <u>seeing and recognising a person or object you know across the road</u> (from a distance of about 20 meters)?	1	2	3	4	5
Q1024	... in seeing and recognising <u>an object at arm's length</u> (for example, reading)?	1	2	3	4	5

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FUNCTIONING ASSESSMENT

These next questions ask about difficulties due to health conditions. Health conditions include diseases or illnesses, other health problems that may be short or long lasting, injuries, mental or emotional problems, and problems with alcohol or drugs. Think back over the last 30 days and answer these questions thinking about how much difficulty you had doing the following activities.

INTERVIEWER: For each question, please circle only one response.

	In the last 30 days, how much difficulty did you have ...	None	Mild	Moderate	Severe	Extreme/ cannot do	N/A
Q1025	... in standing for long periods?	1	2	3	4	5	9
Q1026	... in taking care of your household responsibilities?	1	2	3	4	5	9
Q1027	... in joining in community activities [<i>for example, festivities, religious or other activities</i>] in the same way as anyone else can?	1	2	3	4	5	9
Q1028	... concentrating on doing something for 10 minutes?	1	2	3	4	5	9
Q1029	... in walking a long distance such as a kilometer?	1	2	3	4	5	9
Q1030	... in washing (bathing) your whole body?	1	2	3	4	5	9
Q1031	... in getting dressed?	1	2	3	4	5	9
Q1032	... in your day to day work?	1	2	3	4	5	9
Q1033	In the last 30 days, how much have you been emotionally affected by your health condition(s)?	1	2	3	4	5	9
Q1034	Overall, how much did these difficulties interfere with your life?	1	2	3	4	5	9

Q1035	Besides any vision (eyeglasses, contact lenses) or hearing aids, do you use any other assistive devices (such as a cane, walker, or other) for any difficulties you experience?	1 YES 2 NO
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VIGNETTES FOR HEALTH STATE DESCRIPTIONS

This next section will require additional concentration. I will read to you some stories about people with varying levels of difficulties in different areas of health. I want you to think about these people's experiences as if they were your own. Once I have finished reading each story, I will ask you to rate what happened in the story.

I would like to know how you view each story and rate how much of a problem or difficulty the person described has in that area of health in the same way that you described your own health to me earlier. While giving the rating, think of the person in the story as someone who is of your age and background.

Interviewer: 'vigorous activities' require hard physical effort and cause large increases in breathing or heart rate?

Set A Affect and Mobility

[Yusuf] is able to walk distances of up to 200 metres without any problems but feels tired after walking 1 kilometre or climbing up more than one flight of stairs. He has no problems with day-to-day physical activities, such as carrying food from the market.

	Overall in the last 30 days, how much difficulty did...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q1101	...[Yusuf] have with <u>moving around</u> ?	1	2	3	4	5
Q1102	...[Yusuf] have in <u>vigorous activities</u>	1	2	3	4	5

[Lucas] feels nervous and anxious. He worries and thinks negatively about the future, but feels better in the company of people or when doing something that really interests him. When he is alone he tends to feel useless and empty.

	Overall in the last 30 days, how much of a problem did...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q1103	...[Lucas] have with <u>feeling sad, low, or depressed</u> ?	1	2	3	4	5
Q1104	...[Lucas] have with <u>worry or anxiety</u> ?	1	2	3	4	5

[Gabriel] has a lot of swelling in his legs due to his health condition. He has to make an effort to walk around his home as his legs feel heavy.

	Overall in the last 30 days, how much difficulty did...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q1105	...[Gabriel] have with <u>moving around</u> ?	1	2	3	4	5
Q1106	...[Gabriel] have in <u>vigorous activities</u> ?	1	2	3	4	5

[Jane] enjoys her work and social activities and is generally satisfied with her life. She gets depressed every 3 weeks for a day or two and loses interest in what she usually enjoys but is able to carry on with her day to day activities.

	Overall in the last 30 days, how much of a problem did...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q1107	...[Jane] have with <u>feeling sad, low, or depressed</u> ?	1	2	3	4	5
Q1108	...[Jane] have with <u>worry or anxiety</u> ?	1	2	3	4	5

[Margaret] does not exercise. She cannot climb stairs or do other physical activities because she is obese. She is able to carry the groceries and do some light household work.

	Overall in the last 30 days, how much of a problem did...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q1109	...[Margaret] have with <u>moving around</u> ?	1	2	3	4	5
Q1110	...[Margaret] have in <u>vigorous activities</u> ?	1	2	3	4	5

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[Susan] feels depressed most of the time. She weeps frequently and feels hopeless about the future. She feels that she has become a burden on others and that she would be better dead.						
	Overall in the last 30 days, how much of a problem did...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q1111	...[Susan] have with <u>feeling sad, low, or depressed?</u>	1	2	3	4	5
Q1112	...[Susan] have with <u>worry or anxiety?</u>	1	2	3	4	5
[Mary] has no problems with walking, running or using her hands, arms and legs. She jogs 4 kilometres twice a week.						
	Overall in the last 30 days, how much difficulty did...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q1113	...[Mary] have with <u>moving around?</u>	1	2	3	4	5
Q1114	...[Mary] have in <u>vigorous activities?</u>	1	2	3	4	5
[Abdul] is paralyzed from the neck down. He is unable to move his arms and legs or to shift body position. He is confined to bed.						
	Overall in the last 30 days, how much difficulty did...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q1115	...[Abdul] have with <u>moving around?</u>	1	2	3	4	5
Q1116	...[Abdul] have in <u>vigorous activities?</u>	1	2	3	4	5
[Samson] loves life and is happy all the time. He never worries or gets upset about anything and deals with things as they come.						
	Overall in the last 30 days, how much of a problem did...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q1117	...[Samson] have with <u>feeling sad, low, or depressed?</u>	1	2	3	4	5
Q1118	...[Samson] have with <u>worry or anxiety?</u>	1	2	3	4	5
[Scholastica] has already had five admissions into the hospital because she has attempted suicide twice in the past year and has harmed herself on three other occasions. She is very distressed every day for the most part of the day, and sees no hope of things ever getting better. She is thinking of trying to end her life again.						
	Overall in the last 30 days, how much of a problem did...	None	Mild	Moderate	Severe	Extreme/ Cannot do
Q1119	...[Scholastica] have with <u>feeling sad, low, or depressed?</u>	1	2	3	4	5
Q1120	...[Scholastica] have with <u>worry or anxiety?</u>	1	2	3	4	5

Time End :

Section 2000: Subjective Wellbeing and Quality of Life

Time Begin :

Now, we'd like to ask for your thoughts about your life and life situation.

Q2001	Do you have enough energy for everyday life?	1 Completely 2 Mostly 3 Moderately 4 A little 5 None at all
Q2002	Do you have enough money to meet your needs?	1 Completely 2 Mostly 3 Moderately 4 A little 5 None at all

Please tell us how satisfied you are with the following issues.

		VERY SATISFIED	SATISFIED	NEITHER SATISFIED NOR DISSATISFIED	DISSATISFIED	VERY DISSATISFIED
Q2003	How satisfied are you with your health?	1	2	3	4	5
Q2004	How satisfied are you with yourself?	1	2	3	4	5
Q2005	How satisfied are you with your ability to perform your daily living activities?	1	2	3	4	5
Q2006	How satisfied are you with your personal relationships?	1	2	3	4	5
Q2007	How satisfied are you with the conditions of your living place?	1	2	3	4	5
Q2008	Taking all things together, how satisfied are you with your life as a whole these days?	1	2	3	4	5
Q2009	How would you rate your overall quality of life? <i>Read responses</i>	1 Very Good 2 Good 3 Moderate 4 Bad 5 Very Bad 8 DON'T KNOW				
Q2010	Taking all things together, how would you say you are these days? <i>Read responses</i>	1 Very happy 2 Happy 3 Neither happy nor unhappy 4 Unhappy 5 Very unhappy 8 DON'T KNOW				

Time End :