Building healthier futures: why comprehensive sexual and reproductive health matters.

- Comprehensive sexual and reproductive health and rights (SRHR) are essential to achieving the right to health and are a cornerstone for sustainable development, economic prosperity and peace.
- Amidst multiple, interlinked global crises, protecting and promoting comprehensive SRHR across the life course plays a crucial role in building population resilience at individual, community, sub-national and national levels.
- Even in the most challenging environments, governments can prioritize sexual and reproductive health (SRH) in ways that promote rights, progressing steadily towards realization.



Future-oriented approaches to SRHR include:

- Centering intersectionality, inclusivity and the universality of human rights in sexual and reproductive health programs and policies to address the needs of the most marginalized populations;
- Anticipating and preparing to respond to SRHR needs in humanitarian and health crisis settings;
- Strengthening health systems through primary health care and effectively integrating SRH services in ways that are informed by implementation research;
- Harnessing the potential of new technologies and commodities while mitigating the risks they pose; and
- Cultivating multisectoral collaboration, building new alliances and revitalizing existing partnerships for stronger, collective action.



SRHR needs are usually relational & evolve over the life course. Experiences and impact are cumulative over time.



Peri-menopause

Fertility and infertility, gynaecological disorders, reproductive choice, safe motherhood, sex positivity, protection form violence and abuse

Comprehensive sexuality education, protection from: sexual harassment, violence and abuse, STIs, HPV, unplanned & unwanted pregnancy

Menarche, menstrual hygiene, management of menstrual disorders, access to ongoing secondary education

Access to education, protection from child marriage

Safe from harmful traditional practices

