

CONSOLIDATED GUIDELINES ON
**PERSON-CENTRED
HIV PATIENT MONITORING
AND CASE SURVEILLANCE**

ANNEX 2.7.6
COUNTRY EXAMPLE OF PATIENT
MONITORING TOOLS: SOUTH AFRICA

JUNE 2017

Adult #:		Date: dd / mm / yyyy		Time:		Chr	MCH	Ac	EC	Date: dd / mm / yyyy		Time:		Chr	MCH	Ac	EC	Date: dd / mm / yyyy		Time:		Chr	MCH	Ac	EC	Additional notes:				
Observations and disease tracking / screening	Observations	Vitals	☐ BP	temp	☐ HR	RR	TC	☐ BP	temp	☐ HR	RR	TC	☐ BP	temp	☐ HR	RR	TC	☐ BP	temp	☐ HR	RR	TC								
		Anthropometry	☐ Weight	Waist	MUAC	☐ Height	BMI	A	☐ Weight	Waist	MUAC	☐ Height	BMI	A	☐ Weight	Waist	MUAC	☐ Height	BMI	A										
		Urine	☐ urinalysis / preg. test			glucose			MUS	☐ urinalysis / preg. test			glucose			MUS	☐ urinalysis / preg. test			glucose			MUS							
	Reproductive	STI's / FP / MMC					# condoms	STI					# condoms	STI					# condoms	STI					# condoms		STI			
		PAP / Breasts						PAP						PAP						PAP										
		Pregnancy	LMP		GA -Dates	SFH (cm)	GA- U/S	MMCA	LMP		GA -Dates	SFH (cm)	GA- U/S	MMCA	LMP		GA -Dates	SFH (cm)	GA- U/S	MMCA										
	Preg. Risks	FM's		psyc soc risks		danger signs		OC	FM's		psyc soc risks		danger signs		OC	FM's		psyc soc risks		danger signs		OC								
	HIV & TB	HIV	pos, neg, test due		ART FL / SL / other		total dur ART		Dep	pos, neg, test due		ART FL / SL / other		total dur ART		Dep	pos, neg, test due		ART FL / SL / other		total dur ART		Dep							
		Tuberculosis	IPT / DSTB / DRTB / workup / screen due				dur Rx or IPT		NE	IPT / DSTB / DRTB / workup / screen due				dur Rx or IPT		NE	IPT / DSTB / DRTB / workup / screen due				dur Rx or IPT		NE							
	Other	Eyes / Feet	eyes		feet			Imp	eyes		feet			Imp	eyes		feet			Imp										
Lifestyle		smoking, diet, exercise, drugs					IUD	smoking, diet, exercise, drugs					IUD	smoking, diet, exercise, drugs					IUD											
Mental health		mood			substance abuse			MC	mood			substance abuse			MC	mood			substance abuse			MC								
History and examination	201606	Adherence / control	incl. PEFR / seizures					FC	incl. PEFR / seizures					FC	incl. PEFR / seizures					FC										
		TBS Cough Y N Nightsweats Y N Low >1.5kg Y N Fever >=38° Y N TB Contact Y N Nodes >= 2cm Y N					See RHS	TBS Cough Y N Nightsweats Y N Low >1.5kg Y N Fever >=38° Y N TB Contact Y N Nodes >= 2cm Y N					See RHS	TBS Cough Y N Nightsweats Y N Low >1.5kg Y N Fever >=38° Y N TB Contact Y N Nodes >= 2cm Y N					See RHS											
		IPTE																												
		HPTs																												
		DMs																												
Assessment/problem list	1						AN14						AN14						AN14											
	2						AN20						AN20						AN20											
	3						AN>						AN>						AN>											
	4						PN6						PN6						PN6											
	5						B						B						B											
	6						C						C						C											
Management / Meds	1						HPT						HPT						HPT											
	2						DM						DM						DM											
	3						MH						MH						MH											
	4						HIV						HIV						HIV											
	5						TB						TB						TB											
	6						IPT						IPT						IPT											
Investigations	Disposal & referrals		Appt			Ref	Disch	Appt			Ref	Disch	Appt			Ref	Disch													
	TB MC&S / Gene Xpert	☐			Barcode(s) Put extra codes in the below area if more than one	☐			Barcode(s) Put extra codes in the below area if more than one	☐			Barcode(s) Put extra codes in the below area if more than one	☐																
		CD4 / Viral Load	☐ CD4	☐ VL		☐ CD4	☐ VL	☐ CD4		☐ VL																				
		Creatinine, eGFR/RPR	☐ creat, eGFR	☐ RPR		☐ creat, eGFR	☐ RPR	☐ creat, eGFR		☐ RPR																				
		HB / ALT	☐ HB	☐ ALT		☐ HB	☐ ALT	☐ HB		☐ ALT																				
		Cholesterol, Trig/HBA1c	☐ chol / TG	☐ HBA1c		☐ chol / TG	☐ HBA1c	☐ chol / TG		☐ HBA1c																				
		ECG / X-rays	☐			☐				☐																				
	Other investigation	☐ Test	Result	☐ Test	Result	☐ Test	Result	☐ Test	Result	☐ Test	Result	☐ Test	Result																	
		☐ Test	Result	☐ Test	Result	☐ Test	Result	☐ Test	Result	☐ Test	Result	☐ Test	Result																	
	Date of next visit					To be seen by					To be seen by					To be seen by					To be seen by									
Name & Signature		Nurse / Doctor			Data Capturer					Nurse / Doctor		Data Capturer					Nurse / Doctor		Data Capturer											