

Maisha e.V.

African Women in Germany
Afrikanische Frauen in Deutschland



WHO- Third Global School on Refugee and Migrant Health Capacity-building: human resources for refugee and migrant health

DAY 2

Programme: 29 November 2022, 16:00 – 17:30 Dhaka time

Virginia Wangare Greiner

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- The issue of **Refugee and Migrant's Health** is part of my Biography as from 6 months old my parents were forced move to Tanzania as Refugees for 13 years.
- I have been living & working as a Migrant Woman for 38 years in Germany



MAISHA e.V.

AFRICAN WOMEN IN GERMANY

Maisha is a Migrant women organisation and Our particular concerns over the years has been the health welfare of women and their children.

- Maisha was founded in Germany over 25yrs. ago by- African migrant women who felt that they needed to represent and participate in Health and Public life issues.
- In 2001 we proposed a health project which got accepted and Funded by the Frankfurt Health Department and other Departments of the City of Municipality.
- 2001 Maisha Organisation & Frankfurt Health Department started offering Health Services for Refugee & Migrant Women.

PROJECT DEVELOPMENT



2001

African Health
consulting hours
(Thursdays)



2007

2. Extended to
East Europeans
from Romania and
Bulgaria



2009

Changed to
International
Humanitarian Health
Consulting hours
(Mondays &
Thursdays)



WHY HEALTH?

THE BARRIERS TO HEALTH FOLLOWING ISSUES HAVE BEEN IDENTIFIED:

- Health is the foundation for all of us and our families. If we are healthy, then we can focus on other things to build our lives and contribute to our societies.
- However, because of our employment laws, economic benefits are difficult to come by for many Refugees and Migrant Women, so we decided to form a catering group which gives opportunities for our women to cater for different groups who needs African cooking.

HUMANITARIAN CONSULTATION WITH HEALTH DEPARTMENT FRANKFURT AM MAIN



Mondays 9:00 am - 1:00 pm
Thursdays 9:00 am - 12:30 pm

Make an appointment via Maisha e.V. on



069 904 34 905 / 0171 173 41 29



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Zeil 5, 2.OG, Frankfurt/ M



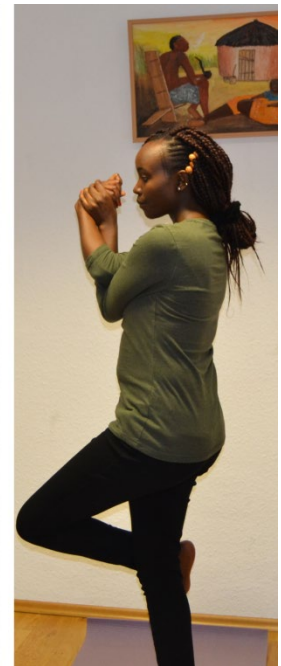
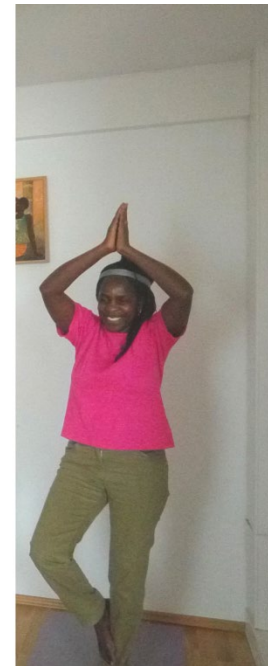
WORKSHOPS AND COURSES

- This is not enough to keep them out of a shadowy existence, so we are now launching an on-line shop where among other things, we can sell hand-made products from Refugee & Migrant women to help them financially.
- As a way of relieving their stress we offer workshops and courses in Handwork, Yoga, German Classes and Dance Singing classes for Refugees and Migrant Women.

FITNESS FOR WOMEN

NUR MIT ANMELDUNG
☎ 069 90434905 - 01711734129
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African Women in Germany
Afrikanische Frauen in Deutschland





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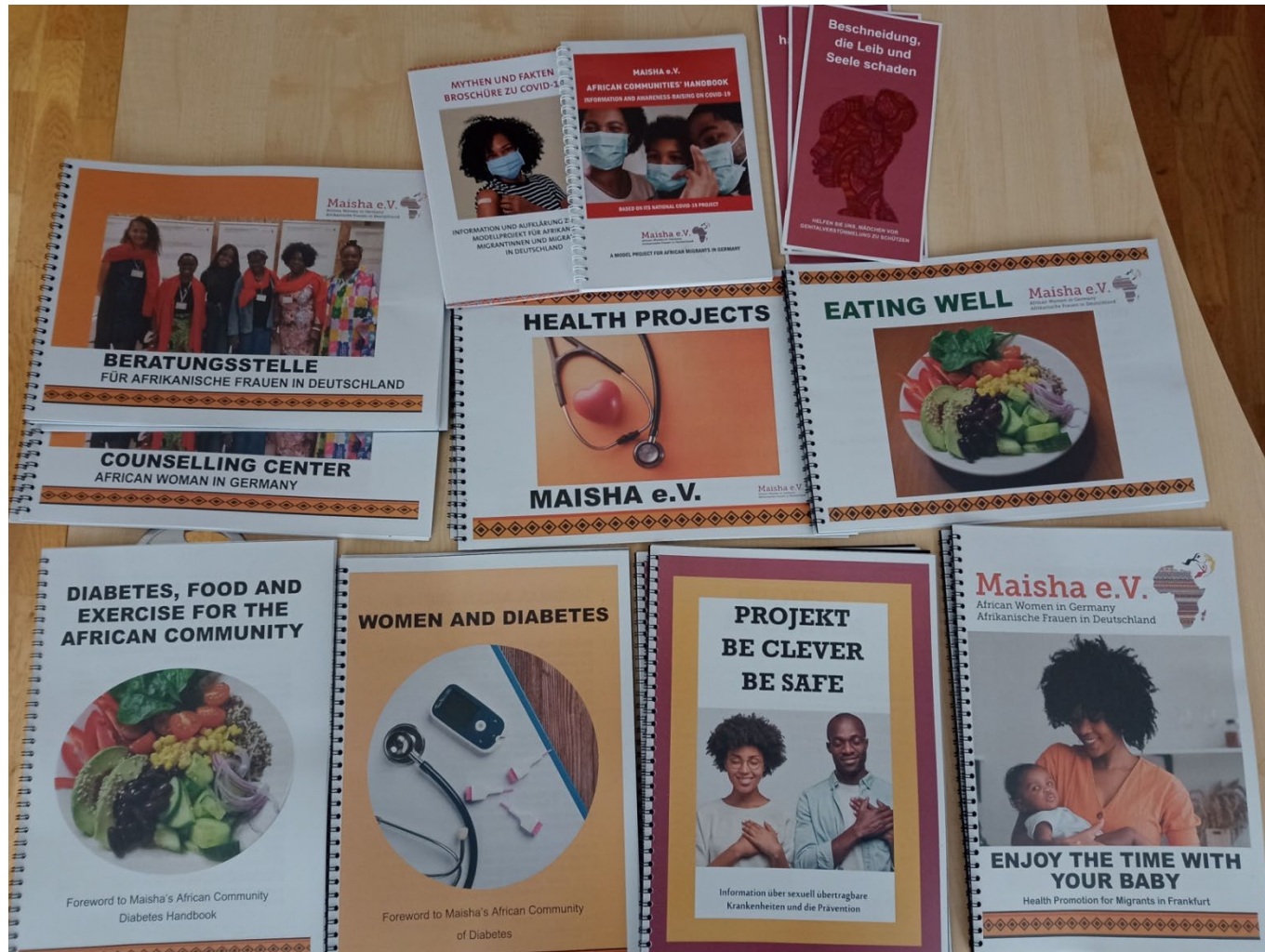


MAISHA HEALTH PROJECTS

- We have undertaken various health research projects with Robert Koch Institute and many others to provide health education to African Communities on Health issues and information on Sexually transmitted diseases and since 2020 on COVID-19.
- Currently we are seeking to get many more of our members of the Sub-Saharan African (SSA) communities tested for STIs.
- This is also supported by the Frankfurt Health Authority financially and medically.
- This is important for us because we do believe that good sexual health among SSA Communities, benefits the entire Frankfurt community, as sexual relationships know no bord.



MAISHA HEALTH PROJECTS





Goals

- Determine prevention needs of migrants from sub Saharan-Africa (MiSSA) with regard to HIV, Hepatitis and other sexually transmitted infections (STI)
- Develop practical recommendations, prevention messages and measures for culturally sensitive interventions at the local and national level
- Sensitize MiSSA for topics on HIV, Hepatitis and STI as well as other selected aspects of sexual health
- Assess the uptake of existing testing services for HIV, Hepatitis and STI
- Facilitate and strengthen local cooperation of partners and networks for a sustainable improvement of prevention services for MiSSA

Study Design

- Knowledge and Behavioural Survey on HIV, Hepatitis and STI in cooperation with local partners
- Provision of relevant health information through the study: provision of knowledge through presentation of true statements
- Outreach recruitment through trained peer researchers; collective interpretation of results with them
- Optional referral of anonymous and free HIV /STI testing services on the ground
- Questionnaire administration: self or interview, data entry and analysis at RKI

Study Coordination – locally

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Languages: german, english, french, kikuyu, kiswahili

Study Coordination – at RKI

Robert Koch-Institut
Seestraße 10
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Languages: german, english

www.rki.de/misssa

Funding

This study is funded from the 01.08.2014 to 31.12.2016 by the Federal Ministry of Health.

ROBERT KOCH INSTITUT



You find on our homepage

INFORMATION AND
AWARENESS-RAISING
ON COVID-19

**Model projekt for afrikan
Migrant in Germany**

Supported by:



on the basis of a decision
by the German Bundestag



www.maisha.org



www.facebook.com/Maisha.e.V.



[@maisha.ev](https://www.instagram.com/maisha.ev)



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MYTHS AND FACTS BOOKLET ABOUT COVID-19



INFORMATION AND AWARENESS-RAISING ON
COVID-19 MODEL PROJECT FOR AFRICAN
MIGRANTS IN GERMANY




ONLY WITH REGISTRATION

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MAISHA e.V.
Counselling Center for
African Women in Germany



**PREGNANCY
PROGRAM**

Our Services are free of
charge and confidential

Maisha e.V.
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MAISHA e.V.
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African Women in Germany




**ASYLUM & MIGRATION
MATTERS**

Our Services are free of
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MAISHA e.V.
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African Women in Germany



**GERMAN COURSES
FOR WOMEN**

Our Services are free of
charge and confidential

Maisha e.V.
African Women in Germany
Afrikanische Frauen in Deutschland




THE BARRIERS TO HEALTH FOLLOWING ISSUES HAVE BEEN IDENTIFIED:

- Dependence on husband or Employer for staying permit can cause Mental health problems, especially when the marriage is abusive, or the job conditions are Exploitive
- Pressure for not succeeding
- Living in Fear of deportation, being found out,
- Life threatening situation
- Orientation- and lack of Perspective in the new country
- Helplessness
- Identity and feeling uprooted from who you are
- Rejection



THE BARRIERS TO HEALTH FOLLOWING ISSUES HAVE BEEN IDENTIFIED:

- Fear
- Lack of health insurance
- Lack of information
- Lack of language and translator
- Misunderstanding due to medical professional language
- Lack of cultural understanding
- Lack of sexual, health and reproductive rights



THE BARRIERS TO HEALTH FOLLOWING ISSUES HAVE BEEN IDENTIFIED:

- Violence against migrant women has an impact on their health and are in many cases not reported, as well as not treated
- Lack of cultural sensitivity
- Social discrimination & Stereotypes



RECOMENDATIONS

- Political willingness in offering medical services for Refugee and Migrant Women.
- States should take appropriate measures to eliminate discrimination against women in the field of health care.
- Ensure equality of men and women in access to health care services-& issues related to family planning and Pregnancy.
- Grant free services where necessary, as well as adequate nutrition during pregnancy



RECOMMENDATIONS

- Ensure that there are an adequate number of functioning health care facilities, services and programmes related to maternal health care
- Well trained health providers throughout the country.
- Maternal health care services must be accessible to Refugee and Migrant Women without discrimination, both in law and in practice.
- Maternity health facilities, information, and services must respect principles of confidentiality and informed consent.



RECOMMENDATIONS

- Culturally appropriate, and take into account the interests and needs of Refugee and Migrant Women.
- Independent legal status
- Clear and simple procedure for acquiring of permanent status and legalization in the country of residence
- Full access to basic rights including Health
- Development of cultural sensitiveness when providing services to Refugee and Migrant Women





THANKS FOR YOUR ATTENTION!

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