# Health inequality monitoring: with a special focus on low- and middle-income countries

Lecture 2: Health indicators and equity stratifiers



# Health indicators within the Monitoring, Evaluation and Review framework

#### **OUTPUTS OUTCOMES INPUTS AND IMPACT PROCESSES** Health Service Coverage of Health status financing access and interventions Financial risk readiness Health Risk factors protection workforce Service and Responsiveness quality and behaviours Infrastructure safety Information Governance

Source: Adapted from *Monitoring, evaluation and review of national health strategies: a country-led platform for information and accountability.* Geneva, World Health Organization, 2011.



# Selecting a package of health indicators for monitoring

- The package should represent the entire continuum of health services and collection of health outcomes within a topic
- For expansive topics, the package should cover each component of the WHO's Monitoring, Evaluation and Review framework
- For narrowly-defined topics, inputs and processes indicators may be less relevant

# Indicators for reproductive, maternal and child health monitoring

### INPUTS AND PROCESSES

#### Health financing

- expenditure per target population (children, women, etc.)
- General government
- expenditure on health as a percentage of general government expenditure
- Health workforce
- •midwives, per 10 000 population
- Governance
- presence of key policies to promote maternal and child health
- Information
- •births registered
- deaths registered (with cause)

#### **OUTPUTS**

#### Service access and readiness

- •facilities that offer and meet tracer criteria for basic and comprehensive obstetric care, per 10 000 pregnant women
- caesarean section rate in rural populations
- facilities that offer and meet tracer criteria for child health services, per 1000 children

#### **OUTCOMES**

#### Coverage of interventions

- •antenatal care
- births attended by skilled health personnel
- •immunization coverage
- •family planning needs satisfied
- •children with diarrhoea receiving oral rehydration therapy
- •children with fever receiving antimalarials
- •insecticide-treated bednet use
- antiretroviral prophylaxis among HIVpositive pregnant women
- •vitamin A supplementation among children
- postnatal care

#### Risk factors and behaviours

- •contraceptive prevalence
- access to safe water
- •access to improved sanitation
- •low birth weight among newborns
- early initiation of breastfeeding
- children who are stunted or underweight

#### **IMPACT**

#### Health status

- •under-five mortality
- maternal mortality ratio
- child mortality by major cause of death, by sex and age

#### • Financial risk protection

 out-of-pocket payments as a percentage of total health expenditure

Source: Adapted from *Monitoring, evaluation and review of national health strategies: a country-led platform for information and accountability*. Geneva, World Health Organization, 2011.



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### Tracer and composite indicators

- Tracer indicator: a specified health indicator chosen to represent a broader health topic
  - For example: births attended by skilled health personnel
- Composite indicator: an index composed of several indicators within a health topic to represent that topic
  - For example: index of multiple indicators of maternal care, immunization, treatment of sick children and family planning



### **Equity stratifiers**

- Also called "dimensions of inequality"
- For example: PROGRESS

Place of residence (rural, urban, etc.)

Race or ethnicity

**O**ccupation

**G**ender

Religion

**E**ducation

Socioeconomic status

**S**ocial capital or resources



### Selecting and defining equity stratifiers

- Equity stratifiers should have relevance within the population
  - For example, consider the possible influence of certain religions on health behaviours
- Relevance may vary depending on the health measure
  - For example, consider which equity stratifiers would be relevant for traffic accidents versus contraceptive use
- Criteria to define subgroups depends on data collection, data availability and population characteristics



# Direct and proxy measures to define economic status

- Direct measure: income
  - Measures all money received during a specific time (employment, sales, government transfers, gifts, financial investments, etc.) OR only money earned from employment
  - May be calculated for an individual or per household member
  - What about non-monetary income? Transitory or irregular income? Sensitive topic in poor households?
- Direct measure: consumption and expenditure
  - Measures final use of goods and services, and money payments to obtain them
  - Information may be difficult to collect
- Proxy measure: asset index
  - Measures asset ownership, housing and/or access to services
  - Data are easy to collect
  - May construct asset indices using methods such as principal component analysis



CYPRATION

# Principal component analysis

- PCA is a data reduction method to calculate household wealth
- Key question: how can several household assets be aggregated into a single proxy variable of household wealth?
- Survey questions gather data about assets/service access → uncorrelated principal components → weights are assigned to each asset included in the index → aggregated score is calculated for each surveyed household
  - Based on this aggregate score, households may be ranked and grouped into quintiles

TRATION

# Age as an equity stratifier

- Demographic data, such as age, are routinely collected by data sources
- Age is a relevant equity stratifier only if health differences are due to unfair or unjust access to health services on the basis of age (i.e. age discrimination)
  - For example, age-disaggregated analyses of contraceptive prevalence may reveal differences between adolescent and adult women

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HANDBOOK ON

# Health Inequality Monitoring

with a special focus on low- and middle-income countries

Full text available online:

http://apps.who.int/iris/bitstrea m/10665/85345/1/97892415486 32 eng.pdf



