

COVID-19 vaccines: Examining the impact of evidence communication guidelines

John R. Kerr

Comment



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Five rules for evidence communication

Michael Blastland, Alexandra L. J. Freeman, Sander van der Linden, Theresa M. Marteau & David Spiegelhalter

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Such rhetorical devices often help to land the message, whether that message is designed to sell a product or win a grant. These are the traditional techniques of communications applied to science.

This approach often works, but it comes with danger.

There are myriad examples from the current pandemic of which we might ask: have experts always been explicit in acknowledging unknowns? Complexity? Conflicts of interest? Inconvenient data? And, importantly, their own values? Rather than re-examine those cases, we offer ideas to encourage reflection, based on our own research.

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“ Our aim is to design communications that do not lead people to a particular decision but help them to understand what is known about a topic and to make up their own minds on the basis of that evidence.”

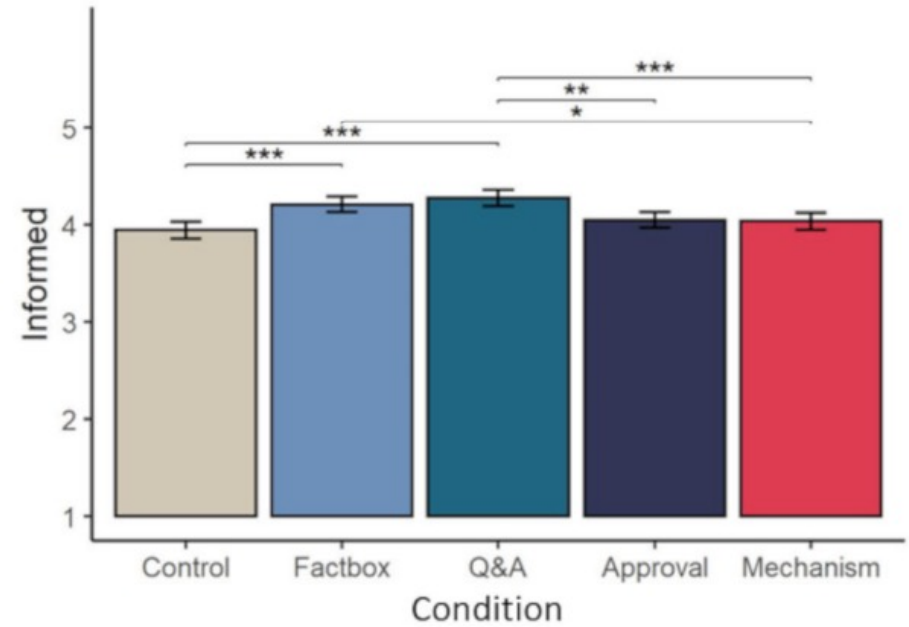
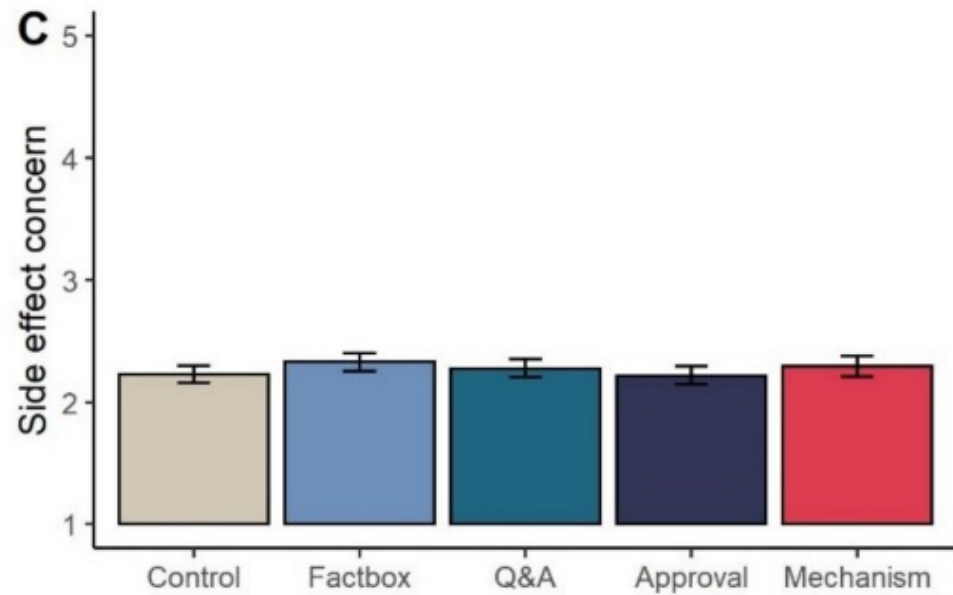
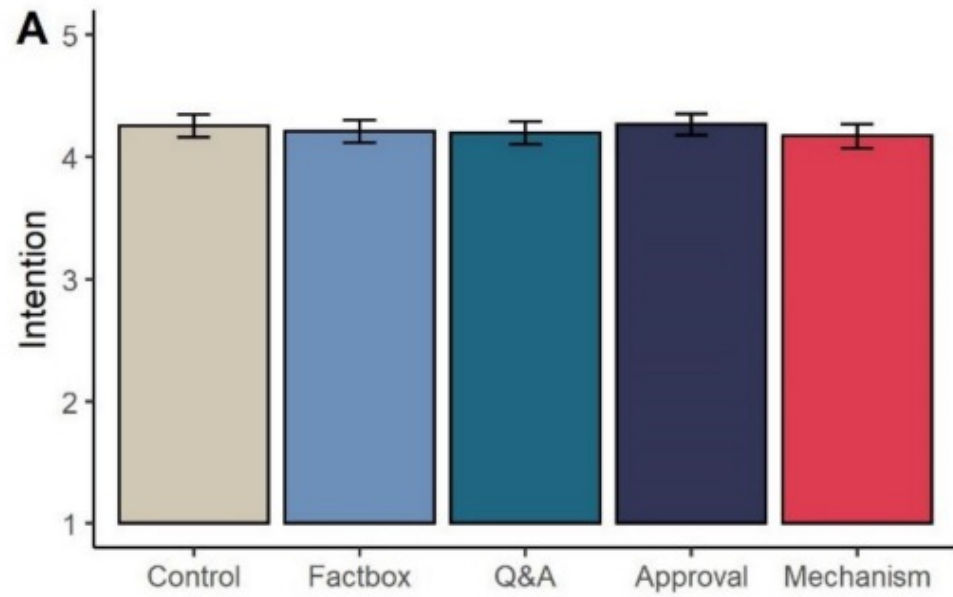
“We worry that the urge to persuade or to tell a simple story can damage credibility and trustworthiness.”

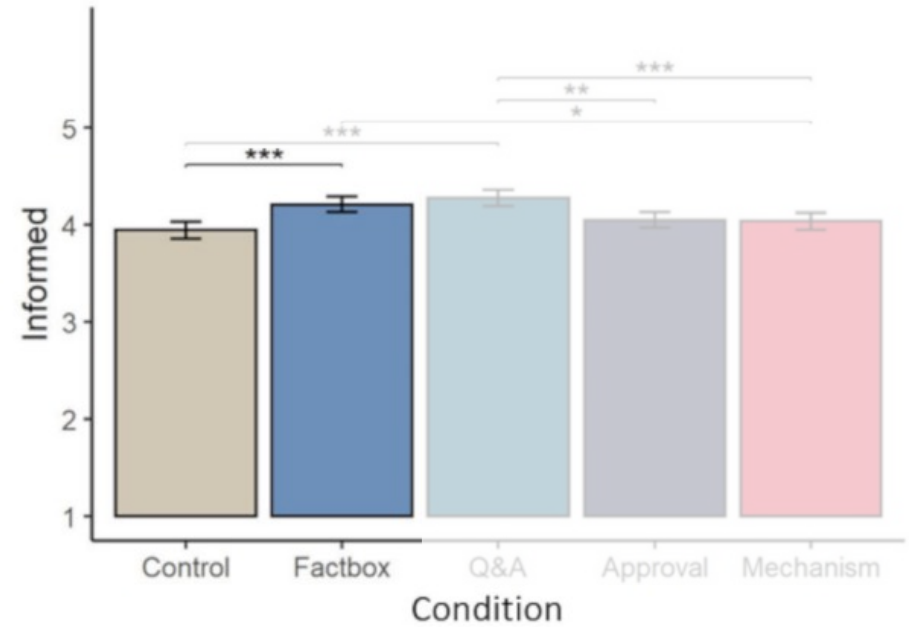
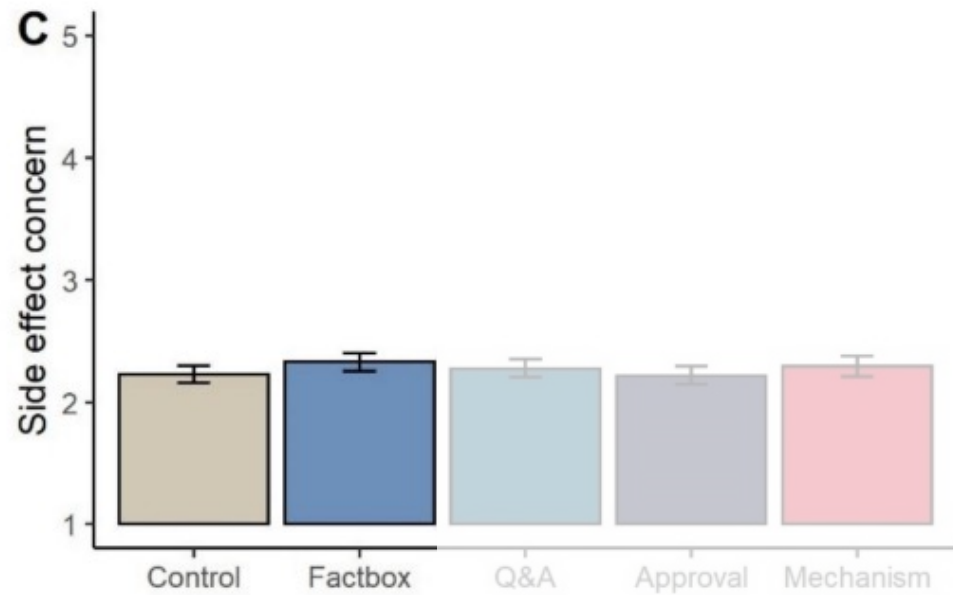
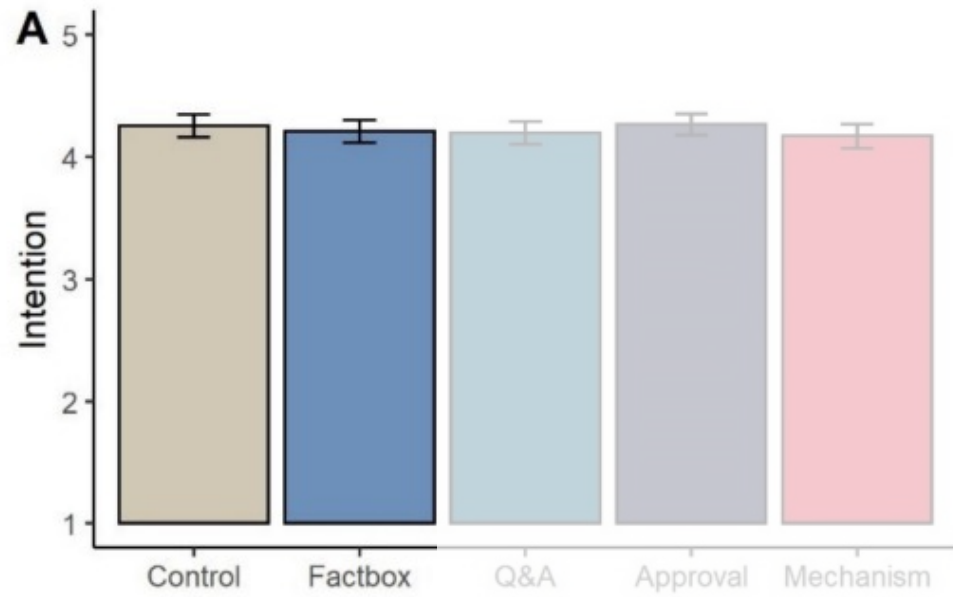
“In our view, it is important to be clear about motivations, present data fully and clearly, and share sources.”

For 18-64 year old:

POTENTIAL BENEFITS From 2 weeks after 2 nd dose			
	Dummy injection (10,521 people)	Vaccine injection (10,551 people)	What difference did the vaccine make?
Number who developed symptoms confirmed to be COVID-19	156 (1.5%)	7 (less than 0.1%)	149 fewer cases (95.5% reduction in COVID-19 cases)

POTENTIAL HARMS* (usually lasting 2-3 days)		
	Dummy injection (10,315 people)	Vaccine injection (10,357 people)
Number who reported:		
Pain at the injection site (some also reported redness and swelling)	1,942 (18.8%)	9,335 (90.1%)
Swollen/sore armpit glands	444 (4.3%)	1,654 (16%)
Fever	38 (0.4%)	1,806 (17.4%)
Headache (a similar number reported other 'flu-like symptoms such as fatigue, aching joints, chills)	2,617 (25.4%)	6,500 (62.8%)
Nausea/Vomiting	754 (7.3%)	2,209 (21.3%)





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'PROVE' Framework

- Pre-empt misinformation & misunderstandings
- Inform not persuade
- Offer balance, not false balance
- State evidence quality
- Disclose uncertainties

Pre-bunk

Reliably Inform

Offer balance

Verify quality

Explain uncertainty

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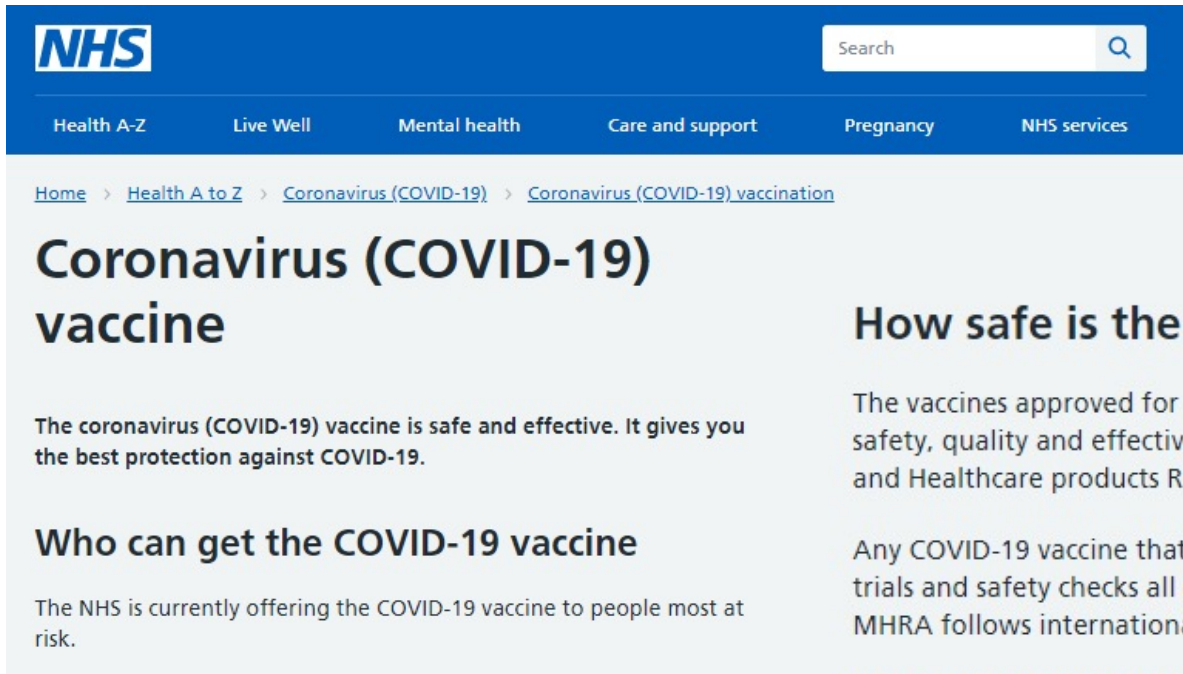
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COVID-19 Vaccines – a test case for applying PROVE guidelines



The screenshot shows the NHS website's navigation bar with the NHS logo and a search bar. Below the navigation bar, there are links for 'Health A-Z', 'Live Well', 'Mental health', 'Care and support', 'Pregnancy', and 'NHS services'. The breadcrumb trail indicates the path: Home > Health A to Z > Coronavirus (COVID-19) > Coronavirus (COVID-19) vaccination. The main heading is 'Coronavirus (COVID-19) vaccine'. Below this, there is a summary paragraph stating the vaccine is safe and effective. Further down, there is a section titled 'Who can get the COVID-19 vaccine' with a paragraph explaining that the NHS is offering the vaccine to people most at risk.

NHS

Search

Health A-Z Live Well Mental health Care and support Pregnancy NHS services

[Home](#) > [Health A to Z](#) > [Coronavirus \(COVID-19\)](#) > [Coronavirus \(COVID-19\) vaccination](#)

Coronavirus (COVID-19) vaccine

The coronavirus (COVID-19) vaccine is safe and effective. It gives you the best protection against COVID-19.

Who can get the COVID-19 vaccine

The NHS is currently offering the COVID-19 vaccine to people most at risk.

How safe is the COVID-19 vaccine?

The vaccines approved for use in the UK have met strict standards of safety, quality and effectiveness set out by the independent Medicines and Healthcare products Regulatory Agency (MHRA).

Any COVID-19 vaccine that is approved must go through all the clinical trials and safety checks all other licensed medicines go through. The MHRA follows international standards of effectiveness.

Other vaccines are being developed. They NHS once they have been thoroughly test safe and effective.

So far, millions of people have been given reports of serious side effects, such as allergic problems, have been very rare.

How effective is the COVID-19 vaccine?

The 1st dose of the COVID-19 vaccine should give you good protection from COVID-19 from 3 or 4 weeks after you've had it.

But you need to have the 2 doses of the vaccine to give you longer lasting protection.

There is a chance you might still get or spread COVID-19 even if you have the vaccine.

Comparison of COVID-19 information and version adapted using PROVE criteria (see *Nature* article: [Five rules for evidence communication](#))

CURRENT: Coronavirus (COVID-19) vaccine	PROVE: Coronavirus (COVID-19) vaccination: making your decision	PROVE Criteria notes
The coronavirus (COVID-19) vaccine is safe and effective. It gives you the best protection against coronavirus.	The coronavirus (COVID-19) vaccine is now being offered in the UK. This information is designed to help you make your own informed decision about vaccination, whether to accept the offer or not.	Inform not persuade
	All medical treatments have potential benefits and potential side effects. You should weigh these up when making your decision.	
<p>How safe is the COVID-19 vaccine?</p> <p>The vaccines approved for use in the UK have met strict standards of safety, quality and effectiveness set out by the independent Medicines and Healthcare products Regulatory Agency (MHRA).</p> <p>Any coronavirus vaccine that is approved must go through all the clinical trials and safety checks all other licensed medicines go through. The MHRA follows international standards of safety.</p> <p>Other vaccines are being developed. They will only be available on the NHS once they have been thoroughly tested to make sure they are safe and effective.</p> <p>So far, millions of people have been given a COVID-19 vaccine and reports of serious side effects, such as allergic reactions, have been very rare. No long-term complications have been reported.</p>	<p>How safe is the COVID-19 vaccine?</p> <p>Rapid approvals process</p> <p>The vaccines approved for use in the UK have met strict standards of safety, quality and effectiveness set out by the independent Medicines and Healthcare products Regulatory Agency (MHRA).</p> <p>Any coronavirus vaccine that is approved must go through all the clinical trials and safety checks all other licensed medicines go through. However, the medicines regulators have provided 'rolling review' which means that they have been able to assess the data as it has come in and speed up the authorisation application assessment. The MHRA follows international standards of safety.</p> <p>Other vaccines are being developed. They will only be available on the NHS once they have been thoroughly tested to make sure they are safe and effective.</p> <p>So far, millions of people have been given a COVID-19 vaccine and reports of serious side effects, such as allergic reactions, have been very rare. No long-term complications have been reported.</p>	<p>Prebunking. "Prebunking requires anticipating potential misunderstandings or disinformation attacks"</p>
<p>How effective is the COVID-19 vaccine?</p> <p>The 1st dose of the COVID-19 vaccine should give you good protection from coronavirus. But you need to have the 2 doses of the vaccine to give you longer lasting protection.</p>	<p>Potential benefits of the COVID-19 vaccine</p> <p>The vaccines are designed to protect you against becoming ill with COVID-19.</p> <p>The vaccine available in the UK at the moment has been tested in over 10,500 volunteers aged 18-64 and over 3,500 over 65s, including many ethnicities and people with underlying health conditions. These volunteers were compared with the same number of people who got a</p>	<p>State evidence quality – use numbers</p> <p>"Audiences also judge the credibility of information based on the quality of the underlying evidence, more than its clarity, the usual priority for a communications department."</p>

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Dr. S.L. van der... Inform not persuade

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Alexandra Free... Since the safety information

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Dr. S.L. van der... or is this simply a factual

Theresa Marteau Formatted

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Theresa Marteau ~~XXXXXXXXXX~~ side-effects vs

Dr. S.L. van der... benefits and risk with numeric

John Kerr Punctuation added for

Dr. S.L. van der... Quality of evidence

Current

The COVID-19 vaccine is safe and effective. It gives you the best protection against COVID-19.

PROVE

The COVID-19 vaccine is now being offered in the UK. This information is designed to help you make an informed decision about vaccination.

Current

Most side effects of the COVID-19 vaccine are mild and should not last longer than a week, such as:

- a sore arm where the needle went in,
- feeling tired,
- a headache,
- feeling achy,
- feeling or being sick

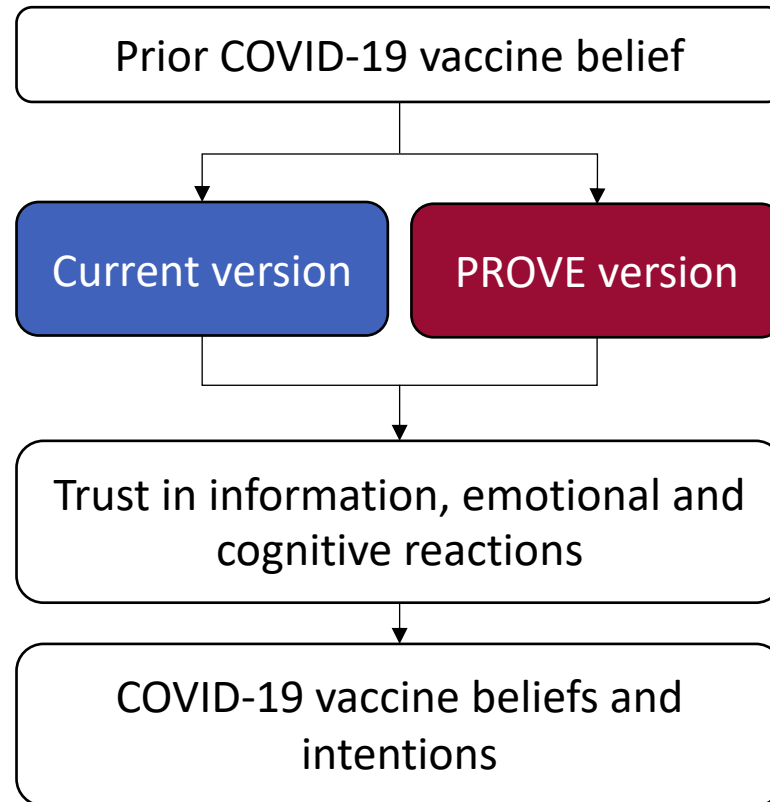
PROVE

Most side effects of the COVID-19 vaccine are mild and should not last longer than a week. In clinical trials, certain side effects were more common for people who received the vaccine compared to those who received a dummy (placebo) injection:

Side effect	Percent of people reporting side effect in clinical trial	
	Received a vaccine	Received a dummy injection
a sore arm where the needle went in	90%	19%
feeling tired	68%	36%
a headache	63%	36%
feeling achy	60%	20%
feeling or being sick	21%	7%

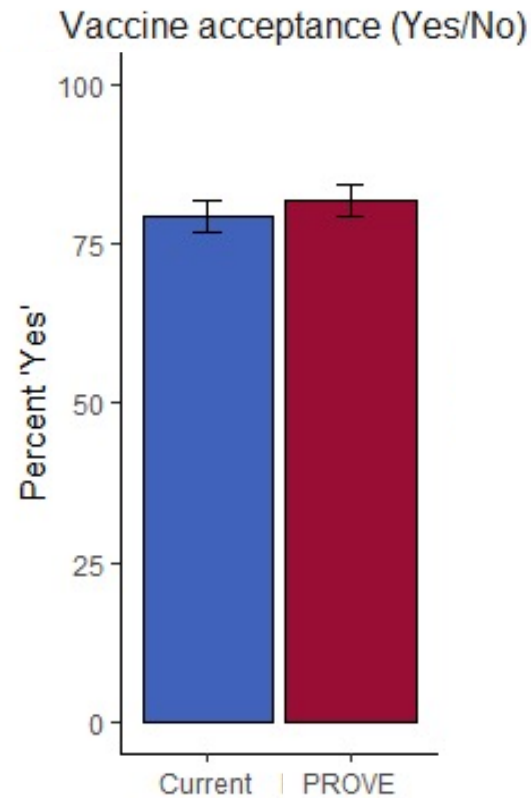
Online experiment

- ~2,000 unvaccinated UK residents aged 18-50 (pre-registered)



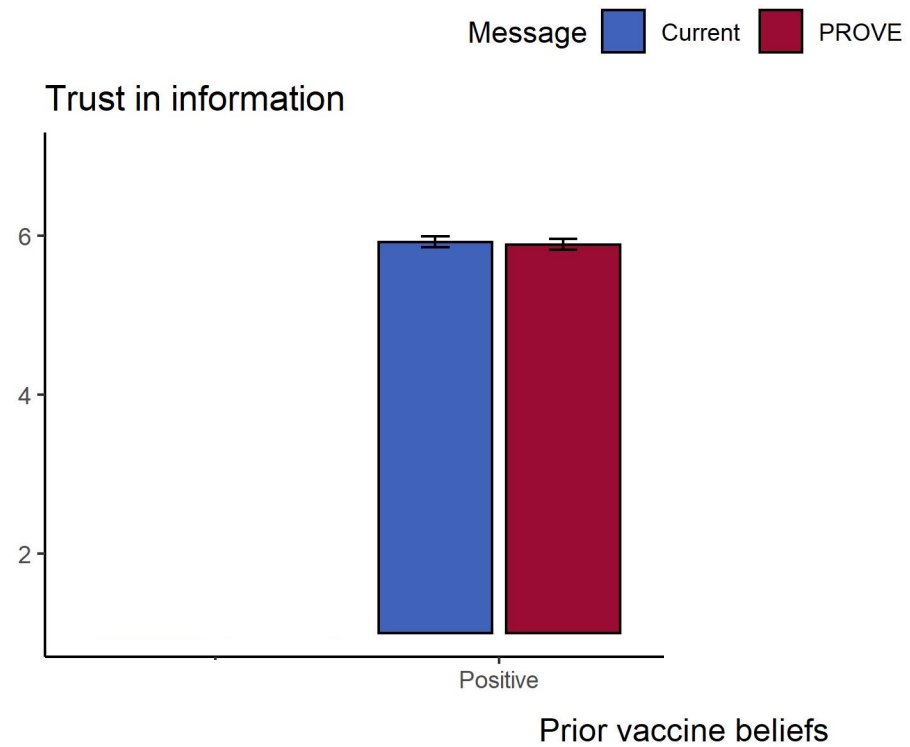
Key results

- No overall effect on vaccine decision (consistent with prior research)



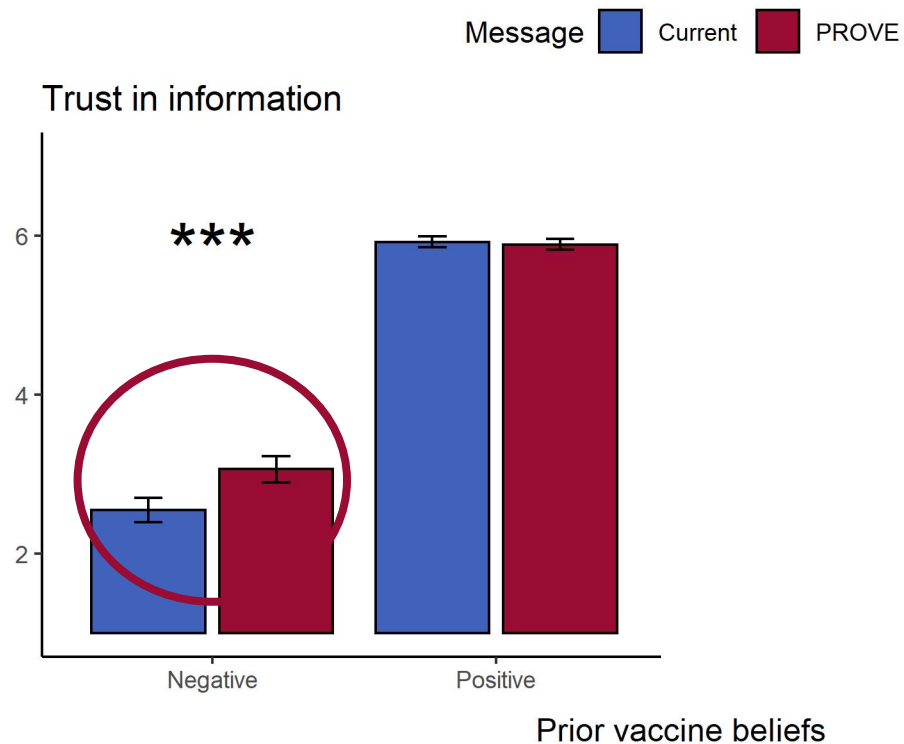


Key results



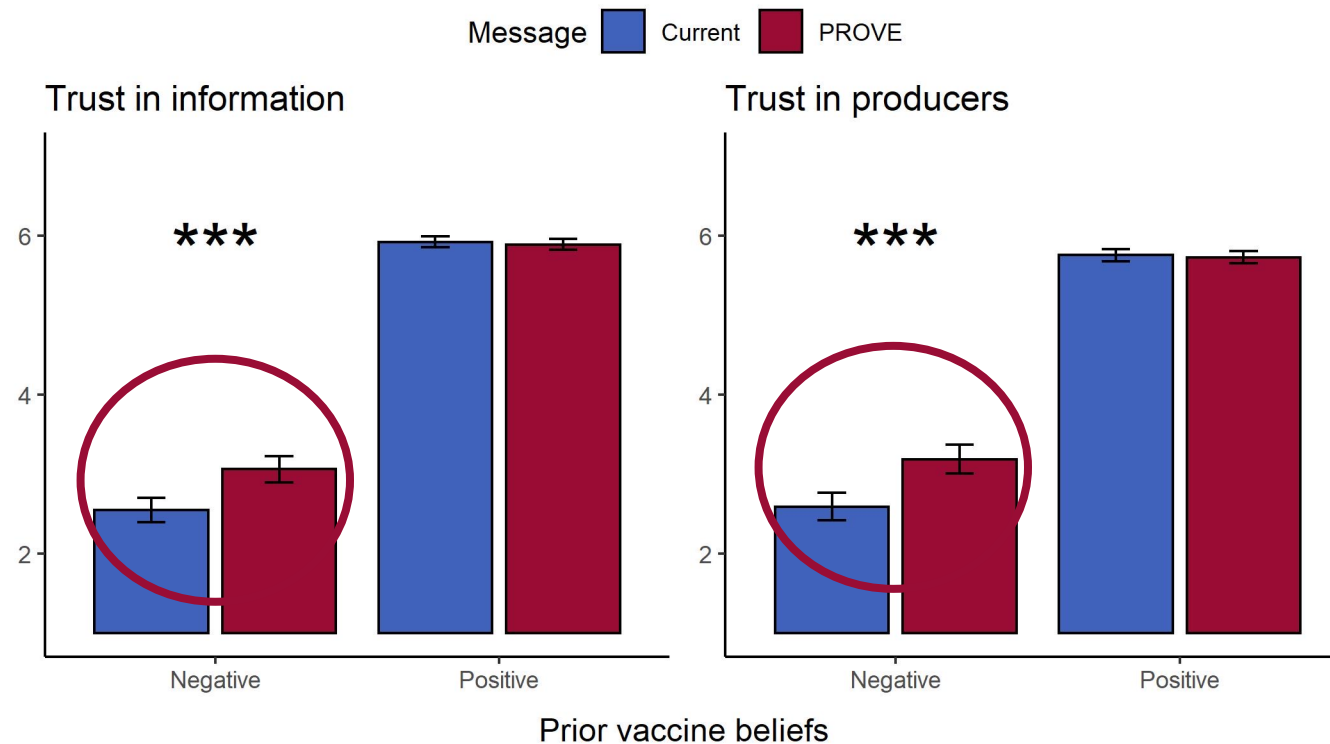
Key results

- PROVE message (compared to Current) was considered more trustworthy by those with a negative view of COVID-19 vaccines.



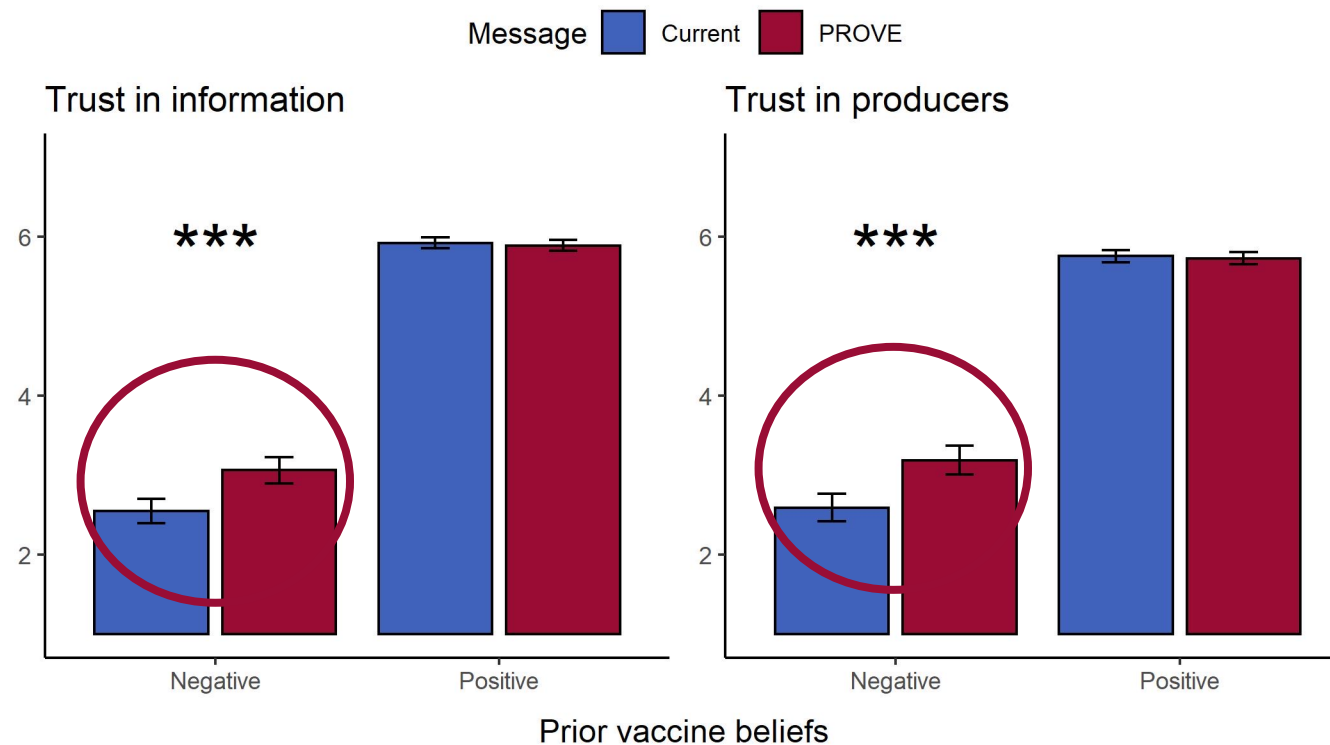
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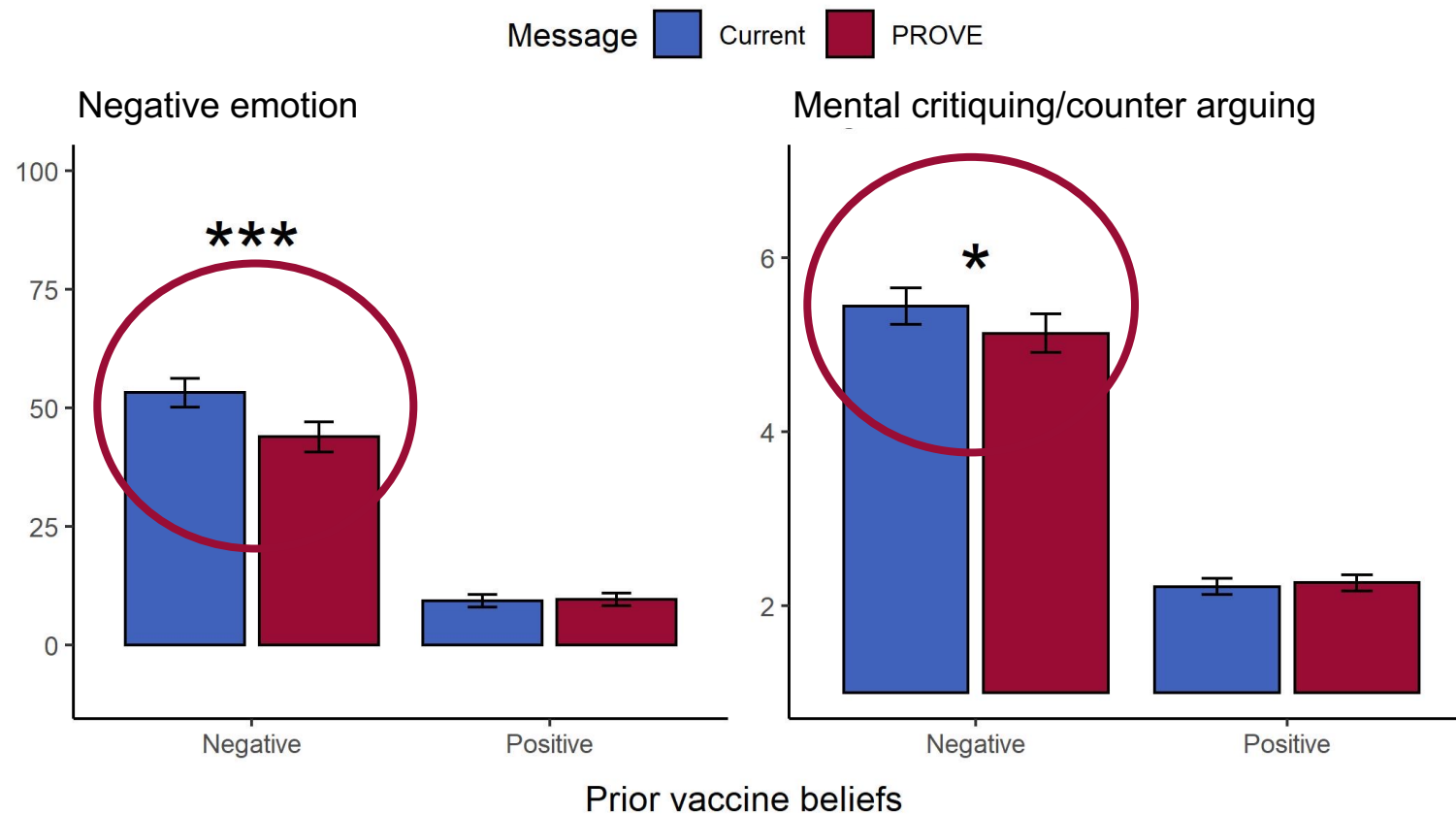
Key results

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Key results

- PROVE messages elicited less negative cognitive and emotional responses among those with a negative view of COVID-19 vaccines.



Conclusions

Transparent and balanced communication of COVID-19 vaccine evidence:

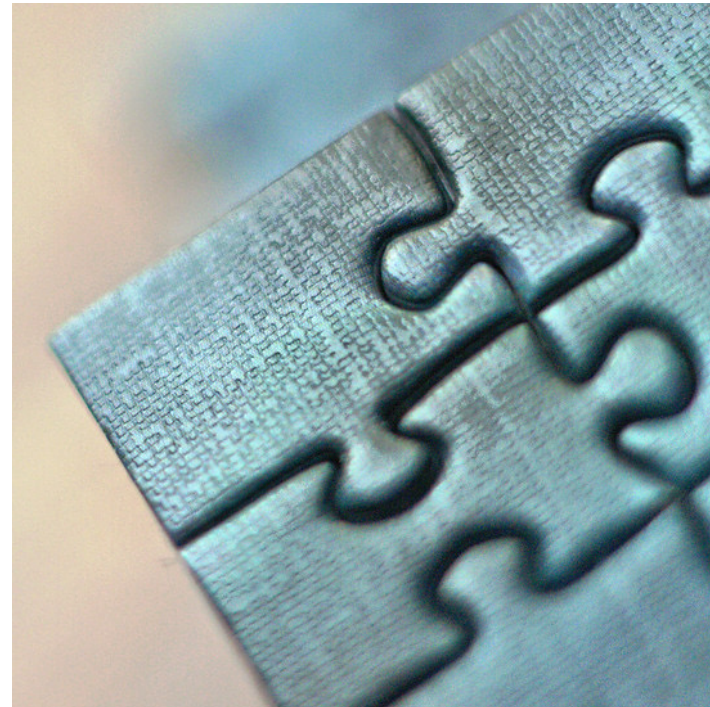
- Does not negatively impact vaccine attitudes and intentions.
- Is considered more trustworthy and elicits less negative reactions among those with negative prior vaccine beliefs.

Future research

Do these findings generalize to other domains?



Which PROVE elements have greatest impact?



Thank you
Merci

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Blastland, M., Freeman, A. L., van der Linden, S., Marteau, T. M., & Spiegelhalter, D. (2020). Five rules for evidence communication. *Nature*, 587, pp. 362-364. <https://doi.org/10.1038/d41586-020-03189-1>

Extra slides

Linear model interactions

